NO GLUTEN CONTAINING INGREDIENTS MENU

Dishes on this menu are made with ingredients that do not intentionally contain gluten. However, due to the risk of cross-contamination from a range of ingredients within our kitchens, traces of gluten may be present. Please ensure a member of the team is aware that you are ordering from our No Gluten Containing Ingredients Menu.

BREKKIE CLASSICS

Full English Breakfast

4.99

2.49

2 rashers of back bacon, 2 hash browns, free-range fried egg, baked beans and mushrooms. (839 kcal)

Baked beans on seeded toast. (413 kcal)

Beans on Toast

Eggs on Toast V

Bacon Sandwich

2.99

2.49

3 rashers of back bacon in seeded bread. (620 kcal)

Seeded toast (284 kcal) with a choice of free-range scrambled eggs (313 kcal) or fried eggs. (272 kcal)

Children's Full English Breakfast

2.99

2 rashers of back bacon, baked beans, free-range fried egg and a hash brown. (579 kcal / 3.5g Sugar / 3.62g Salt)

FANCY SOMETHING EXTRA?

Bacon (224 kcal)

99p

3 Hash Browns V (530 kcal)

99p

Seeded Toast & Butter V (342 kcal)

99p

Free-range Fried Egg V (136 kcal)

79p

HOT DRINKS

Regular Tea (0 kcal)

Espresso (2 kcal)

Regular Americano (2 kcal)

Upgrade to a Regular Latte (66 kcal),

Cappuccino (54 kcal), **Mocha** (180 kcal)

or Hot Chocolate (210 kcal) for 50p extra

JUICE

MMM

Orange (116 kcal), **Apple** (128 kcal)

or Cranberry (57 kcal)

Upgrade to a large juice for 30p extra

WATER

Still or sparkling spring water (0 kcal)





Adults need around 2000 kcal per day

You can review our allergen information if you download the Greene King App, or visit our website at www.hungryhorse.co.uk

V Suitable for Vegetarians **S** Suitable for Vegans

Full allergen information on the ingredients in the food we serve is available on request.

Full allergen and nutritional information can be found at www.hungryhorse.co.uk or on the Greene King app. Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross-contamination. We do not include 'may contain' information. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. Our menu descriptions do not list all ingredients. Please ask your server before ordering if you are concerned about the presence of allergens in your food. * All stated weights are approximate before cooking. Calorie counts are correct at the time of print. Reference intakes (RIs) of an average adult 8,400 KJ / 2000 kcal. Children between 5-10 years old need around 1,800 calories a day, but this will vary by age and level of activity and some children will need less, and some will need more. *Prices shown are during breakfast hours only, our Full English or Scottish Breakfast is available on our main menu all day, charged at full price. All deal drinks are subject to change, availability and may vary from pub to pub. If your advertised choice is unavailable a suitable alternative of an equivalent price may be offered at the manager's discretion. Photography is for illustrative purposes only. Breakfast and deal drink must be ordered in one transaction. All items are subject to availability during food service hours.

Service hours vary, ask a member of the team for details or select your pub on our website at www.hungryhorse.co.uk.

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