

# KIDS Menu

🍌 Lots of our dishes contain 1 or 2 of your 5 a day! Look out for this symbol

## STARTERS ONLY £1.29

### MINI CORN ON THE COB

Served with a tomato dip  
(109 kcal | 4.3g Sugar | 0.25g Salt)

### GARLIC BREAD

Garlic bread fingers  
(219 kcal | 1.4g Sugar | 0.60g Salt)

### CRUNCHY VEGGIE

#### DIP STICKS

Cucumber and carrot  
with a tomato dip  
(43 kcal | 5.2g Sugar | 0.29g Salt)



## MAINS

### OUR SIGNATURE CHAR-GRILLED CHICKEN SKEWER £6.99

Char-grilled chicken thigh on a skewer with char-grilled peppers, served with corn on the cob, flatbread, chips, tomato dip and sour cream  
(689 kcal | 12.1g Sugar | 1.80g Salt)

All the below mains are served with your choice of 2 veggies or 1 veggie and 1 side

#### MEAT-FREE SAUSAGES £5.49

2 meat-free sausages with vegan gravy  
(247 kcal | 2.0g Sugar | 2.73g Salt)

#### CHICKEN-NUGGETS† £5.49

4 chicken nuggets  
(214 kcal | 0.0g Sugar | 1.07g Salt)

#### Upgrade to 6 nuggets for 99p

(321 kcal | 0.0g Sugar | 1.61g Salt)

#### OMEGA-3 FISH FINGERS† £5.49

3 breaded fish fingers  
(216 kcal | 1.2g Sugar | 0.65g Salt)

#### MAC 'N' CHEESE £5.49

(358 kcal | 2.3g Sugar | 2.29g Salt)

#### PORK SAUSAGES £5.49

2 pork sausages with gravy  
(246 kcal | 5.4g Sugar | 2.84g Salt)

#### CHEESE AND TOMATO FLATBREAD PIZZA £4.49

(296 kcal | 2.3g Sugar | 1.38g Salt)

#### TOMATO PASTA £4.49

Pasta tubes in a tomato sauce  
with cheese on the side  
(327 kcal | 3.3g Sugar | 1.01g Salt)  
Vegan option available 

(229 kcal | 3.3g Sugar | 0.53g Salt)

## KID'S GRILL

#### 2oz\* CHAR-GRILLED BEEF BURGER £5.99

Served with lettuce in a bun  
(325 kcal | 2.7g Sugar | 0.83g Salt)

#### Extra cheese portion 25p

(37 kcal | 0.0g Sugar | 0.19g Salt)

#### CHAR-GRILLED CHICKEN BREAST £5.99

Sliced chicken fillet  
(102 kcal | 0.4g Sugar | 0.24g Salt)

#### CHAR-GRILLED RUMP STEAK £6.49

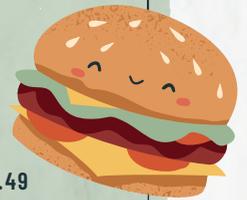
(177 kcal | 0.8g Sugar | 1.42g Salt)

#### KID'S BEYOND BURGER £5.99

Served with tomato and lettuce in a bun  
(326 kcal | 3.8g Sugar | 1.17g Salt)

#### Extra Violife portion 25p

(29 kcal | 0.0g Sugar | 0.23g Salt)



## PEELING *veggie*

GARDEN PEAS   (71 kcal | 6.0g Sugar | 0g Salt)

VEG STICKS   (25 kcal | 3.7g Sugar | 0.05g Salt)

BAKED BEANS  (77 kcal | 5.4g Sugar | 0.72g Salt)

CORN ON THE COB   (91 kcal | 2.8g Sugar | 0.01g Salt)

## CHOOSE A *side*

MINI JACKET  (93 kcal | 3.3g Sugar | 0.15g Salt)

CHIPS  (204 kcal | 0.4g Sugar | 0.1g Salt)

GARLIC BREAD FINGERS  (110 kcal | 0.7g Sugar | 0.3g Salt)

MASHED POTATO  (136 kcal | 1.1g Sugar | 0.81g Salt)





# DESSERT

## GOOEY CHOCOLATE BROWNIE VE £1.99

Warm chocolate brownie with a scoop of vanilla flavour ice cream and chocolate sauce (382 kcal | 42.7g Sugar | 0.25g Salt)

## FRUIT SALAD VE £1.29

Peaches, pear and strawberry pieces (78 kcal | 17.2g Sugar | 0g Salt)

### BUILD YOUR OWN FUN-DAY SUNDAE £1.99

1 scoop of vanilla flavour ice cream and 1 scoop of chocolate flavour ice cream (210 kcal | 26.5g Sugar | 0.23g Salt) with your choice of topping:

#### Fruity Sundae VE

Strawberry flavour sauce, peach, pear and strawberry pieces (109 kcal | 24.7g Sugar | 0g Salt)

#### Chocolate Sundae VE

Chocolate coated malt balls, multi coloured chocolate pieces, a caramel biscuit finger, fluffy cream and chocolate sauce (315 kcal | 31.1g Sugar | 0.35g Salt)

## DRINKS

### GLASS OF MILK

Semi-skimmed (134 kcal)

### CAPRI-SUN

Blackcurrant (16 kcal) or Orange (14 kcal)

**No added Sugar, 200ml**

### FRUIT SHOOT

Blackcurrant & Apple (11 kcal) or Orange (17 kcal) **No added Sugar**

### FRUIT JUICE

Apple (128 kcal), Orange (116 kcal) or Cranberry (57 kcal)

### TAP WATER

Our tap water is free!



## ICE CREAM, FROZEN YOGHURT and SORBET

(kcal per scoop)

### Choose from:

Vanilla flavour ice cream VE  
(97 kcal | 12.2g Sugar | 0.15g Salt)

Chocolate flavour ice cream VE  
(113 kcal | 14.3g Sugar | 0.08g Salt)

Lemon sorbet VE  
(85 kcal | 16.8g Sugar | 0g Salt)

Vegan vanilla flavoured ice cream VE  
(113 kcal | 9.1g Sugar | 0.02g Salt)

Frozen strawberry flavoured yoghurt VE  
(88 kcal | 15.2g Sugar | 0.05g Salt)

### Topped with:

Strawberry flavour sauce VE  
(32 kcal | 7.5g Sugar | 0g Salt)  
or Chocolate sauce VE  
(28 kcal | 4.7g Sugar | 0g Salt)

**ONE SCOOP £1.29**  
**TWO SCOOPS £1.79**

### LOOK OUT FOR THESE SYMBOLS:

VE Suitable for vegans VE Suitable for vegetarians 🐟 1 of your 5 a day 🍌 2 of your 5 a day

† Fish, poultry and shellfish dishes may contain bones and/or shell \*All stated weights are approximate before cooking

You can view our allergen information if you download the Greene King app, or visit our website at [www.greeneking.co.uk](http://www.greeneking.co.uk) Full allergen information on all of the ingredients in the food we serve is available upon request - please speak to a member of our team. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. Please advise the team of any dietary requirements before ordering. Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. We do not include 'may contain' information. Calorie counts are correct at time of print. This information has been provided to allow you to make an informed choice when dining with us. Kids between 5-10 years old need around 1,800 calories a day, this will vary by age and level of activity, some children will need less, and some will need more. Full nutrition information is available on our website. 1 of your 5 a day = 40-60g of fruit or vegetables, or 150ml pure juice. Our menu descriptions do not list all ingredients. All items are subject to availability.