YE OLDE MITRE

Ye Olde Mitre is the oldest coaching house to remain in Barnet and sits on the Great North Road, which was the main route from London to the North of England.

It prides itself on serving expertly kept cask ale and has won CAMRA pub of the year several years in a row.

The pub is steeped in history and has hosted many famous faces including Charles Dickens and Samuel Pepys.

ADULTS NEED AROUND 2000 KCAL A DAY

You can view our allergen information if you download the Greene King app, or visit our website at www.greeneking.co.uk

(V) Suitable for Vegetarians. (VE) Suitable for Vegans. Please note that we do not operate a dedicated vegetarian/vegan kitchen area

(N) Dish contains Nuts. † Fish, poultry and shellfish dishes may contain bones and/or shell.

Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. We do not include 'may contain' information. Our pear frangipane with pistachio contains a number of nut derivatives. Our menu descriptions do not list all ingredients. Please advise the team of any dietary requirements before ordering. Dishes may contain alcohol.

Calorie counts are correct at time of print GK9385/65716

SCAN TO DOWNLOAD OR VIEW THE GK APP TO SEE OUR MENUS, ALLERGENS AND TO ORDER & PAY



→ STARTERS ⊢

PEA & MINT SOUP (V) 5.25

A vibrant pea & mint soup, served with warm ciabatta and butter 428kcal Available as a vegan option (VE) 370kcal

POTTED DEVON CRAB † 7.95

Potted Devon crab, horseradish, topped with a dill butter, served with crisp sourdough bloomer 406kcal

6 CHICKEN WINGS 7.50

Succulent chicken wings 1006kcal tossed in your choice of sauce: Korean BBQ 102kcal, peri-peri 26kcal, BBQ sauce 77kcal

BATTERED HALLOUMI (V) 6.50

Battered halloumi bites topped with a red chilli and spring onion garnish, dressed with peri-peri mayo 578kcal

SALT & PEPPER SQUID † 6.25

Salt & pepper seasoned crispy squid served with a Korean BBQ sauce 381kcal

CLASSICS

STEAK & ALE PIE 14.95

Steak & Ruddles Ale pie served with a charred Hispi cabbage wedge, Merlot beef dripping gravy 1142kcal and your choice of buttered mash 347kcal or triple-cooked chips 501kcal

FISH & CHIPS + 17.45

Hand-battered Atlantic cod with crushed peas, chunky tartare sauce, triple-cooked chips and charred lemon 1290kcal

INVISIBLE MAC(MILLAN) & CHEESE 1.00

You'll not receive a dish of any sort, but you can enjoy making a £1 donation to Macmillan Cancer Support

HAKE & ROMESCO RAGOUT † (N) 18.50

Grilled hake fillet with a romesco white bean ragout, served with salsa verde and carrot crisps 533kcal

PULLED MUSHROOM CHILLI (VE) 14.25

Pulled smoky mushroom chilli served with parsley basmati rice, guacamole and pickled red onion 766kcal

BURGERS

BEYOND MEAT® BURGER (VE) 13.75

Glazed linseed bun, Beyond Meat® burger, melting vegan slice and BBQ roasted red onions. Served with house seasoned fries and a peri-peri mayo dip 1222kcal

VINTAGE CHEDDAR & BACON BURGER 14.25

Glazed linseed bun, aged beef burger, Beechwood smoked bacon and a melting slice of 1833 Barber's Vintage Cheddar. Served with house seasoned fries and BBQ sauce 1289kcal

KOREAN CHICKEN BURGER 14.75

Glazed linseed bun, crispy chicken fillet, Korean BBQ sauce, spring onion and red chilli. Served with house seasoned fries and BBQ sauce 1140kcal

⊢ SHARERS ⊢

LOADED NACHOS (V) 11.25

Home fried nachos topped with nacho cheese sauce & 1833 Barber's Vintage Cheddar, guacamole, sour cream, pickled red onions and sliced red chillies 1177kcal, serves 2

LIGHTER OPTIONS +

CHICKEN & BACON SANDWICH 8.45

Beechwood smoked bacon, chicken breast, mayo and lettuce, served warm with a rocket & pickled red onion side salad, on your choice of white bloomer 760kcal or ciabatta 719kcal

HOUSE SALAD (N) 14.75

Sour cream base with rocket, baby gem, blistered vine tomatoes, roasted peppers, red onion, white chicory, grilled chicken and a smoky tomato relish 537kcal Swap your chicken for grilled halloumi (V) 778kcal

ADD A SIDE – SEE BELOW



TRIPLE-COOKED CHIPS (V) 3.25 744kcal
HOUSE SEASONED FRIES (V) 3.25 537kcal
ONION RINGS (V) 3.25 469kcal

GARLIC BREAD (V) 3.50 590kcal
DRESSED GARDEN SALAD (V) 2.50 134kcal
SEASONED HISPI CABBAGE WEDGE (V) 2.50 173kcal

DESSERTS

$\begin{array}{c} \textbf{PEAR FRANGIPANE} \\ \textbf{WITH PISTACHIO} \ (\mathrm{V}) \ (\mathrm{N}) \ \textbf{5.95} \end{array}$

Encased in a flaky pastry, served with fresh double cream 576kcal Available as a vegan option (VE) (N) 464kcal

BLACKBERRY & ELDERFLOWER ETON MESS (V) 5.95

Freshly whipped double cream mixed with meringue shards, elderflower and a sharp blackberry curd, finished with lime zest 625kcal

STICKY TOFFEE PUDDING (V) 5.95

Indulgent and rich classic 480kcal served with Jersey clotted cream ice cream 126kcal or custard 104kcal

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