No Gluten Containing Menu

SINCE 1719
BELHAVEN

Order at the bar or download our app for all menus, allergens and payment.

Adults need around 2,000 kcal a day

You can view our allergen information if you download the Greene King app, scan the Allergens QR code or visit our website at www.belhaven.co.uk/allergens

Please be aware our No Gluten Containing Menu items are not suitable for people with coeliac disease .

(V) Suitable for Vegetarians. (VE) Suitable for Vegans. Please note that we do not operate a dedicated vegetarian/vegan kitchen area.

(N) Dish contains Nuts.† Fish, poultry and shellfish dishes may contain bones and/or shell. * All stated weights are approximate before cooking.

Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. We do not include 'may contain' information. Our menu descriptions do not list all ingredients. Please advise the team of any dietary requirements before ordering. Dishes may contain alcohol. Calorie counts are correct at time of print. Please be aware the allergen information for our dishes may change between the date of booking and the date of your visit. We would advise all of our guests contact a member of the team on the date of their visit to confirm the allergen information of their selected meals.

GK12589/83259

No-Gluten Containing Menu

Dishes on this menu are made with ingredients that do not intentionally contain gluten. However, due to the risk of cross-contamination from a range of ingredients within our kitchens, traces of gluten may be present. Please ensure a member of the team is aware you are ordering from our No-Gluten Containing Menu

Starters

Maple Glazed Pigs in Blankets 6.45
Tossed in a maple orange glaze (731kcal)

Soup of the Day (V) 5.45
Served with a rustic seeded roll and butter (347-370kcal)
Vegan option available (VE) (136-163kcal)

Burrata & Heritage Tomato Salad (V) 7.75
Topped with basil pesto (327kcal)

Smoked Salmon † 7.45
Served on a rustic seeded roll with creamy horseradish and cucumber garnish (575kcal)

Mushroom Bruschetta (V) 6.25
Seeded roll topped with basil pesto, pan-fried mushrooms and Italian hard cheese (306kcal)

Classics

Traditional Turkey Dinner 16.45
Hand-carved turkey, with a pig in blanket, duck fat roasties, seasonal vegetables and rich gravy (1461kcal)

Sirloin Steak 18.75
Served with heritage tomato salad garnish (454kcal), and your choice of: crispy smashed potatoes (209kcal), a buttered jacket potato (295kcal) or side salad (72kcal)
Add a sauce for 1.75: Peppercorn (42kcal), Béarnaise (184kcal), Merlot beef dripping gravy (66kcal) or Whiskey sauce (50kcal)

Sausage & Mash 13.95
Cumberland sausages served with creamy chive mash, caramelised red onion chutney and Merlot beef dripping gravy (1095kcal)

Seabream, Mussels & Chorizo† 17.95
In a creamy white wine & garlic sauce, served with a seeded roll (573kcal)

Festive Burger 15.95
6oz* beef burger served in a seeded roll topped with merlot beef dripping gravy, maple glazed pigs in blankets, lettuce, red onion, melted camembert and a skewered gherkin (1085kcal) with your choice of crispy smashed potatoes (209kcal), a buttered jacket potato (295kcal), or side salad (72kcal)

Cheese & Bacon Burger 14.95
6oz* beef burger topped with West Country mature cheddar, smoked streaky bacon a skewered gherkin, served in a seeded roll with lettuce and red onion (1026kcal) with your choice of crispy smashed potatoes (209kcal), a buttered jacket potato (295kcal) or side salad (72kcal)

Mediterranean-style Salad (VE) 10.45
Lentils, grains, roasted vegetables, heritage tomatoes, cucumber, rocket and corn salsa, served with a creamy lemon parsley dressing (416kcal)
Add a Topper for 3.00: Feta (V) (275kcal) or Chicken (206kcal)

Sides

Seasonal Veg (V) (113kcal) **2.45**

Seeded Roll & Butter (V) (320kcal) **1.95**

Side Salad (VE) (72kcal) **2.50**

Crispy Smashed Potatoes (VE) (278kcal) **2.50**

Puddings

Baked Vanilla Cheesecake (V) (N) 6.25
Topped with pistachio sauce and chocolate flavour sauce (611kcal)

Maple Pecan Tart (V) (N)
Served warm with Jersey clotted cream ice cream and maple syrup (666kcal)
Vegan option available (VE) (N) (728kcal)

Clotted Cream Ice Cream (V) 4.95
Three scoops of Jersey clotted cream ice cream (378kcal)
Vegan option available (VE) (446kcal)

Scan here to view our allergen information

Adults need around 2000kcal a day
See reverse for information about our app (info on menus, allergens and to order & pay).