YOUNG GUESTS

2 COURSES 7.99 | 3 COURSES 8.99

We care about all of our guests, especially our youngest ones! The calorie, salt and sugar content of all our meals is labelled for you, and all of our main meals can be served with 2 of your 5 a day – look out for the symbols! **0 2**

TO START 1.50

Crunchy Veg Dip Sticks (re) **0** with flatbread and edamame houmous (158kcal, 4.1g sugar, 0.48g salt)

Garlic Bread (v) with tomato dip (237kcal, 3g sugar, 0.65g salt)

MAINS 6.99

Macaroni Cheese (v) **b** mixed with broccoli and served with garlic bread and cucumber (335kcal, 4.2g sugar, 2g salt)

Napolitana Pasta (*) 🖉 served with plant-based meatballs and peas (410kcal, 7.5g sugar, 0.56g salt)

Hand-Battered Fish Goujons[†] (338kcal, 1.6g sugar, 0.62g salt) served with your choice of two sides

28-Day-Aged Rump Steak **•** with a grilled half tomato (226kcal, 2.5g sugar, 0.16g salt) served with your choice of two sides

Hand-Pressed Beef Burger in a brioche bun with shredded lettuce, tomato (321kcal, 3.0g sugar, 0.66g salt) and your choice of two sides

Sausage and Cheesy Beans Mash O served with broccoli (467kcal, 9.3g sugar, 2.24g salt) and your choice of one side. Please ask us if you'd like to add gravy (28kcal, 1.1g sugar, 0.77g salt)

Crispy Chicken Strips (294kcal, 0.0g sugar, 1.50g salt) served with your choice of two sides

Chicken Burger crispy chicken strips in a brioche bun with shredded lettuce, tomato (316kcal, 3.0g sugar, 1.21g salt) and your choice of two sides

Cheesy Pizza (v) **0** cheese & tomato pizza topped with cucumber (459kcal, 3.8g sugar, 1.41g salt) and served with your choice of two sides

Gammon Steak 0 with grilled pineapple, half tomato (220kcal, 13.2g sugar, 1.43g salt) and your choice of two sides

PUDDINGS 1.75

Build Your Own Cheesecake Sundae Vanilla cheesecake, whipped cream, raspberry coulis, strawberries, frozen strawberry yoghurt, crushed shortbread and mint (360kcal, 30.6g sugar, 0.17g salt)

Build Your Own Fruit Sundae () (*) with strawberries, pears & peach, vegan vanilla flavour ice cream, raspberry coulis and mint (210kcal, 30.6g sugar, 0.02g salt)

Gooey Chocolate Brownie (v) with vanilla flavour ice cream and chocolate flavour sauce (383kcal, 43.5g sugar, 0.25g salt)

Fruit Salad 🐨 🛈 strawberries, pears & peach (78kcal, 17.2g sugar, 0g salt)

Ice Cream Selection - 2 scoop (2) served with a chocolate pencil (22 kcal, 2.3g sugar, 0.01g salt), your choice of strawberry flavour (32 kcal, 7.5g sugar, 0g salt) or chocolate flavour (28 kcal, 5.5g sugar, 0g salt) sauce, and two scoops of the following flavours: vanilla flavour (97 kcal, 12.2g sugar, 0.15g salt)

vegan vanilla flavour (113 kcal, 9.1g sugar, 0.02g salt)

chocolate (113 kcal, 14.3g sugar, 0.08g salt)

lemon sorbet (85 kcal, 16.8g sugar, 0g salt)

strawberry frozen yoghurt (88 kcal, 15.2g sugar, 0.05g salt) Vegan option available (1257kcal, 25.7g sugar, 0.04g salt)

CHOOSE FROM THE FOLLOWING SIDES:

Carrots ♥ 0 (41kcal, 6g sugar, 0.09g salt) Crunchy Veg Sticks ♥ 0 (24kcal, 3.6g sugar, 0.05g salt) Peas ♥ 0 (60kcal, 6g sugar, 0g salt) Baked Beans ♥ (77kcal, 5.4g sugar, 0.72g salt) Broccoli ♥ 0 (21kcal, 1.2g sugar, 0g salt) Mini Jacket ♥ (93kcal, 3.3g sugar, 0.15g salt) Seasonal Veg ♥ 0 (47kcal, 6.8g sugar, 0.15g salt) Sunshine Rice ♥ 0 (128kcal, 1.4g sugar, 0.34g salt) Chips ♥ (245kcal, 0g sugar, 0.12g salt) Mash ♥ (176kcal, 1.5g sugar, 0.75g salt) Garlic Bread ♥ (23kcal, 1.5g sugar, 0.61g salt)

ROASTS 6.99 (EVERY SUNDAY)

Choose from: Sirloin of Beef (652kcal, 12.8g sugar, 2.38g salt)

Turkey Breast (580kcal, 13.7g sugar, 3.06g salt)

Pork Loin (702kcal, 12.8g sugar, 2.22g salt)

served with roast potatoes, sage & onion stuffing, maple-roast carrot and parsnip, broccoli, peas, gravy, and Yorkshire pudding

Woodland Mushroom Bourguignon Wellington[^] (VE) **@** served with roast potatoes, sage & onion stuffing, maple-roast carrot and parsnip, broccoli, and peas (796kcal, 17.9g sugar, 2.46g sall)

DRINKS

All of our drink options contain no added sugar



Made with a simple blend of pressed juice and water, with no added sugar or artificial sweeteners.

Choose from: Apple & Summer Berries (50kcal), Apple & Mango (54kcal) 1.95

Fruit Shoot No Added Sugar Blackcurrant & Apple (11kcal), Orange (17kcal) 1.95

Milk (134kcal) 50p

Fruit Juice Orange (122kcal), Apple (133kcal) or Cranberry (133kcal)

Free tap water is also available (Okcal). Ask a member of our team for juice pricing.

Full allergen information is available on request - please speak to a team member or visit www.chefandbrewer.com

(v) suitable for vegetarians. (ve) suitable for vegans. ^ADish contains alcohol. [†]Fish, poultry and shellfish dishes may contain bones and/or shell. All of our dishes are prepared in kitchens where nuts and gluten are present as well as other allergen; therefore we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross-contamination. We do not include 'may contain' information. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. Please advise the team of any dietary requirements before ordering. Please be aware the allergen information for our dishes may change between the date of booking and the date of your visit. We would advise all of our guests contact a member of the team on the date of their visit to confirm the allergen information of their selected meals. Our menu descriptions do not list all ingredients.

For I of your 5 a day, look out for the symbol **0**. Calorie, sugar and salt figures are correct at time of print. This information has been provided to allow you to make an informed choice when dining with us. Children between 5-10 years old need around 1,800 calories a day, this will vary by age and level of activity, some children will need less, and some will need more. Full nutrition information is available on our website. I of your 5 a day = 40-60g of fruit or vegetables, or IS0ml pure juice. Beyond Meat® is a registered trademark. All service charges and tips are paid in full to our team members and all tips can be processed via credit/ debit card. Chef & Brewer is a trading name of Greene King Brewing and Retailing Limited, Sunrise House, Ninth Avenue, Burton upon Trent, Staffordshire, DEI4 3]Z/