

Hungry Horse Main Menu - Autumn Winter 2025 Nutrition Information



Key & Interpreting the data

The figures below highlight the nutrition values for each complete dish as listed on the menu.

The RI columns indicates the % of recommended Reference Intakes (RI) for an average adult (8400 KJ/ 2000 kcal per day) for each nutrient. They are based on official recommendations for an average adult, doing an average amount of physical activity. These are intended as a guide, not a target.

Figures are typical for that dish and may vary slightly as a result of manufacturing tolerances and cooking assembly.

Where there are options available, these will appear underneath the corresponding dish, please add the nutrition for the choice to the total dish.

| Reference Intakes (RIs) of an average adult | |
|---|-------------------------|
| <i>Nutrient</i> | <i>Reference Intake</i> |
| Energy (kj/kcal) | 8400kj / 2000kcal |
| Fat (g) | 70g |
| Saturates (g) | 20g |
| Carbohydrates (g) | 260g |
| Sugars (g) | 90g |
| Protein (g) | 50g |
| Salt (g) | 6g |

| Menu | Menu Cat. | Dish Name | Energy (Kj) | | Energy (kcal) | | Fat (g) | | Saturated Fat (g) | | Carbohydrates (g) | | Sugars (g) | | Protein (g) | | Salt (g) | |
|---|-----------------|---|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
| | | | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| Hungry Horse Main Menu - Autumn Winter 2025 | Starters | Crispy King Prawns | 2274 | 27% | 544 | 27% | 34.9 | 50% | 13.3 | 67% | 39.6 | 15% | 17.0 | 19% | 17.3 | 35% | 1.5 | 24% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Starters | Halloumi Strips | 1883 | 22% | 452 | 23% | 27.8 | 40% | 19.6 | 98% | 22.5 | 9% | 17.5 | 19% | 28.8 | 58% | 4.1 | 68% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Starters | Garlic Breaded Mushrooms | 2965 | 35% | 709 | 35% | 55.6 | 79% | 4.3 | 22% | 42.3 | 16% | 7.3 | 8% | 12.6 | 25% | 2.8 | 46% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Starters | Onion Bhajis | 2677 | 32% | 640 | 32% | 31.7 | 45% | 2.3 | 12% | 66.7 | 26% | 20.1 | 22% | 24.3 | 49% | 0.5 | 8% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Starters | Cheesy Garlic Bread | 1720 | 20% | 411 | 21% | 20.2 | 29% | 10.1 | 51% | 39.3 | 15% | 0.4 | 0% | 17.2 | 34% | 1.7 | 29% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Starters | Garlic Bread | 1163 | 14% | 278 | 14% | 10.2 | 15% | 3.7 | 19% | 38.9 | 15% | 0.4 | 0% | 6.8 | 14% | 1.1 | 18% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Sharers | Ultimate Big Combo (Serves 2) | 8052 | 96% | 1925 | 96% | 95.9 | 137% | 20.1 | 100% | 156.7 | 60% | 28.8 | 32% | 102.5 | 205% | 7.5 | 124% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Sharers | Nachos (Serves 2) | 4469 | 53% | 1068 | 53% | 54.2 | 77% | 18.0 | 90% | 119.0 | 46% | 17.2 | 19% | 18.8 | 38% | 4.5 | 74% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Sharers | Nachos with Crispy Chicken Strips Tossed in Tingly Ted's Sauce (Serves 2) | 5638 | 67% | 1348 | 67% | 68.8 | 98% | 21.4 | 107% | 129.3 | 50% | 20.2 | 22% | 46.6 | 93% | 6.8 | 114% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Sharers | Nachos with BBQ Beef Burnt Ends (Serves 2) | 5214 | 62% | 1246 | 62% | 60.2 | 86% | 19.0 | 95% | 132.0 | 51% | 28.2 | 31% | 33.8 | 68% | 5.5 | 91% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Sharers | Onion Ring Horseshoe Stacker (Serves 2) | 5926 | 71% | 1416 | 71% | 74.6 | 107% | 11.3 | 57% | 134.7 | 52% | 38.5 | 43% | 52.2 | 104% | 1.4 | 24% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Wings n' Things | Chicken Wings - Please select your choice from the following: | 2386 | 28% | 569 | 28% | 24.2 | 35% | 7.8 | 39% | 8.6 | 3% | 0.3 | 0% | 79.1 | 158% | 3.4 | 57% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Wings n' Things | Texan BBQ Sauce | 377 | 4% | 90 | 5% | 0.0 | 0% | 0.0 | 0% | 17.0 | 7% | 15.0 | 17% | 1.0 | 2% | 0.5 | 8% |

| Menu | Menu Cat. | Dish Name | Energy (Kj) | | Energy (kcal) | | Fat (g) | | Saturated Fat (g) | | Carbohydrates (g) | | Sugars (g) | | Protein (g) | | Salt (g) | |
|---|-----------------|---|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
| | | | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| Hungry Horse Main Menu - Autumn Winter 2025 | Wings n' Things | Peri Peri Sauce | 109 | 1% | 26 | 1% | 1.0 | 1% | 0.0 | 0% | 3.5 | 1% | 1.0 | 1% | 0.5 | 1% | 3.0 | 49% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Wings n' Things | Salt & Pepper Seasoning | 204 | 2% | 49 | 2% | 0.3 | 0% | 0.0 | 0% | 10.8 | 4% | 3.0 | 3% | 0.5 | 1% | 2.5 | 41% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Wings n' Things | Tingly Ted's Sauce | 96 | 1% | 23 | 1% | 0.5 | 1% | 0.0 | 0% | 5.0 | 2% | 3.0 | 3% | 0.5 | 1% | 1.1 | 18% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Wings n' Things | Garlic & Herb Ranch Sauce | 1161 | 14% | 278 | 14% | 29.0 | 41% | 2.5 | 13% | 3.5 | 1% | 3.0 | 3% | 1.0 | 2% | 0.8 | 13% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Wings n' Things | Sweet Chilli Sauce | 343 | 4% | 82 | 4% | 0.0 | 0% | 0.0 | 0% | 20.5 | 8% | 15.5 | 17% | 0.5 | 1% | 0.5 | 8% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Wings n' Things | Korean BBQ Sauce | 469 | 6% | 112 | 6% | 7.0 | 10% | 1.0 | 5% | 11.0 | 4% | 10.5 | 12% | 1.0 | 2% | 2.1 | 34% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Wings n' Things | Crispy Chicken Strips - Please select your choice from the following: | 2146 | 26% | 514 | 26% | 28.2 | 40% | 6.8 | 34% | 10.6 | 4% | 0.0 | 0% | 54.7 | 109% | 2.6 | 44% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Wings n' Things | Texan BBQ Sauce | 377 | 4% | 90 | 5% | 0.0 | 0% | 0.0 | 0% | 17.0 | 7% | 15.0 | 17% | 1.0 | 2% | 0.5 | 8% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Wings n' Things | Peri Peri Sauce | 109 | 1% | 26 | 1% | 1.0 | 1% | 0.0 | 0% | 3.5 | 1% | 1.0 | 1% | 0.5 | 1% | 3.0 | 49% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Wings n' Things | Salt & Pepper Seasoning | 204 | 2% | 49 | 2% | 0.3 | 0% | 0.0 | 0% | 10.8 | 4% | 3.0 | 3% | 0.5 | 1% | 2.5 | 41% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Wings n' Things | Tingly Ted's Sauce | 96 | 1% | 23 | 1% | 0.5 | 1% | 0.0 | 0% | 5.0 | 2% | 3.0 | 3% | 0.5 | 1% | 1.1 | 18% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Wings n' Things | Garlic & Herb Ranch Sauce | 1161 | 14% | 278 | 14% | 29.0 | 41% | 2.5 | 13% | 3.5 | 1% | 3.0 | 3% | 1.0 | 2% | 0.8 | 13% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Wings n' Things | Sweet Chilli Sauce | 343 | 4% | 82 | 4% | 0.0 | 0% | 0.0 | 0% | 20.5 | 8% | 15.5 | 17% | 0.5 | 1% | 0.5 | 8% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Wings n' Things | Korean BBQ Sauce | 469 | 6% | 112 | 6% | 7.0 | 10% | 1.0 | 5% | 11.0 | 4% | 10.5 | 12% | 1.0 | 2% | 2.1 | 34% |

| Menu | Menu Cat. | Dish Name | Energy (Kj) | | Energy (kcal) | | Fat (g) | | Saturated Fat (g) | | Carbohydrates (g) | | Sugars (g) | | Protein (g) | | Salt (g) | |
|---|-----------------|--|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
| | | | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| Hungry Horse Main Menu - Autumn Winter 2025 | Wings n' Things | Impossible Nuggets - Please select your choice from the following: | 1966 | 23% | 470 | 24% | 25.8 | 37% | 6.2 | 31% | 31.7 | 12% | 1.6 | 2% | 25.3 | 51% | 1.8 | 30% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Wings n' Things | Texan BBQ Sauce | 377 | 4% | 90 | 5% | 0.0 | 0% | 0.0 | 0% | 17.0 | 7% | 15.0 | 17% | 1.0 | 2% | 0.5 | 8% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Wings n' Things | Peri Peri Sauce | 109 | 1% | 26 | 1% | 1.0 | 1% | 0.0 | 0% | 3.5 | 1% | 1.0 | 1% | 0.5 | 1% | 3.0 | 49% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Wings n' Things | Salt & Pepper Seasoning | 204 | 2% | 49 | 2% | 0.3 | 0% | 0.0 | 0% | 10.8 | 4% | 3.0 | 3% | 0.5 | 1% | 2.5 | 41% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Wings n' Things | Tingly Ted's Sauce | 96 | 1% | 23 | 1% | 0.5 | 1% | 0.0 | 0% | 5.0 | 2% | 3.0 | 3% | 0.5 | 1% | 1.1 | 18% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Wings n' Things | Garlic & Herb Ranch Sauce | 1161 | 14% | 278 | 14% | 29.0 | 41% | 2.5 | 13% | 3.5 | 1% | 3.0 | 3% | 1.0 | 2% | 0.8 | 13% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Wings n' Things | Sweet Chilli Sauce | 343 | 4% | 82 | 4% | 0.0 | 0% | 0.0 | 0% | 20.5 | 8% | 15.5 | 17% | 0.5 | 1% | 0.5 | 8% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Wings n' Things | Korean BBQ Sauce | 469 | 6% | 112 | 6% | 7.0 | 10% | 1.0 | 5% | 11.0 | 4% | 10.5 | 12% | 1.0 | 2% | 2.1 | 34% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Classic Subs | Chicken & Bacon Sub | 4332 | 52% | 1035 | 52% | 39.9 | 57% | 9.3 | 46% | 108.4 | 42% | 7.7 | 9% | 57.3 | 115% | 3.0 | 50% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Classic Subs | Southern-Fried Chicken Sub | 4342 | 52% | 1038 | 52% | 46.0 | 66% | 8.3 | 41% | 121.3 | 47% | 7.0 | 8% | 32.6 | 65% | 3.0 | 49% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Classic Subs | Impossible BBQ Sub | 4442 | 53% | 1062 | 53% | 41.7 | 60% | 8.9 | 44% | 136.3 | 52% | 24.0 | 27% | 26.0 | 52% | 2.8 | 46% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Classic Subs | Turkey Sub | 3320 | 40% | 793 | 40% | 27.8 | 40% | 6.0 | 30% | 103.9 | 40% | 6.2 | 7% | 28.6 | 57% | 3.1 | 52% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Classic Subs | Beef Sub | 3366 | 40% | 805 | 40% | 28.5 | 41% | 6.0 | 30% | 104.6 | 40% | 6.2 | 7% | 29.3 | 59% | 3.1 | 52% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Signature Subs | Philly Steak Sub | 5478 | 65% | 1308 | 65% | 59.8 | 85% | 19.4 | 97% | 135.2 | 52% | 22.2 | 25% | 52.0 | 104% | 3.9 | 66% |

| Menu | Menu Cat. | Dish Name | Energy (Kj) | | Energy (kcal) | | Fat (g) | | Saturated Fat (g) | | Carbohydrates (g) | | Sugars (g) | | Protein (g) | | Salt (g) | |
|---|----------------|--|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
| | | | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| Hungry Horse Main Menu - Autumn Winter 2025 | Signature Subs | Nacho Cheese Chicken Sub | 7384 | 88% | 1764 | 88% | 87.8 | 125% | 18.5 | 93% | 165.6 | 64% | 10.3 | 11% | 77.9 | 156% | 6.7 | 112% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Classics | Steak & Ale Pie - Please select your choice from the following: | 4266 | 51% | 1018 | 51% | 51.0 | 73% | 22.9 | 114% | 104.9 | 40% | 13.8 | 15% | 33.2 | 66% | 4.6 | 77% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Classics | Mashed Potato | 1054 | 13% | 252 | 13% | 8.4 | 12% | 5.6 | 28% | 39.2 | 15% | 0.0 | 0% | 5.6 | 11% | 1.7 | 28% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Classics | Chips | 1858 | 22% | 444 | 22% | 20.0 | 29% | 4.0 | 20% | 58.0 | 22% | 0.0 | 0% | 6.0 | 12% | 0.6 | 10% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Classics | Classic Fish & Chips - Please select your choice from the following: | 4174 | 50% | 1001 | 50% | 56.8 | 81% | 14.1 | 71% | 75.2 | 29% | 0.2 | 0% | 43.9 | 88% | 1.4 | 23% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Classics | Mushy Peas | 465 | 6% | 111 | 6% | 0.0 | 0% | 0.0 | 0% | 17.5 | 7% | 1.3 | 1% | 7.5 | 15% | 0.6 | 10% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Classics | Peas | 258 | 3% | 60 | 3% | 0.9 | 1% | 0.0 | 0% | 9.4 | 4% | 6.0 | 7% | 5.1 | 10% | 0.0 | 0% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Classics | Greek Salad - Please select your choice from the following: | 2099 | 25% | 502 | 25% | 38.0 | 54% | 5.5 | 28% | 28.9 | 11% | 4.4 | 5% | 8.9 | 18% | 2.1 | 34% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Classics | Roast Chicken Breast | 747 | 9% | 179 | 9% | 1.2 | 2% | 0.5 | 2% | 5.9 | 2% | 0.0 | 0% | 36.0 | 72% | 0.5 | 9% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Classics | Halloumi Fries | 1540 | 18% | 370 | 18% | 27.8 | 40% | 19.6 | 98% | 2.0 | 1% | 2.0 | 2% | 28.3 | 57% | 3.5 | 59% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Classics | Lamb Koftas | 1374 | 16% | 329 | 16% | 17.1 | 24% | 8.1 | 41% | 8.9 | 3% | 0.9 | 1% | 34.2 | 68% | 1.5 | 25% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Classics | Grilled Salmon Fillet | 1501 | 18% | 359 | 18% | 24.2 | 35% | 3.6 | 18% | 2.1 | 1% | 0.8 | 1% | 33.3 | 67% | 1.7 | 28% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Classics | Classic Chicken New Yorker | 4483 | 53% | 1070 | 54% | 41.9 | 60% | 11.3 | 56% | 101.3 | 39% | 22.5 | 25% | 67.4 | 135% | 3.0 | 49% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Classics | Roast Veggie Lasagne | 1598 | 19% | 382 | 19% | 8.0 | 11% | 3.0 | 15% | 62.5 | 24% | 14.3 | 16% | 12.6 | 25% | 3.3 | 54% |

| Menu | Menu Cat. | Dish Name | Energy (Kj) | | Energy (kcal) | | Fat (g) | | Saturated Fat (g) | | Carbohydrates (g) | | Sugars (g) | | Protein (g) | | Salt (g) | |
|---|-------------|--|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
| | | | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| Hungry Horse Main Menu - Autumn Winter 2025 | Classics | Chicken Tikka Masala | 2651 | 32% | 634 | 32% | 20.1 | 29% | 5.6 | 28% | 73.8 | 28% | 25.2 | 28% | 35.7 | 71% | 3.4 | 57% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Classics | Classic Beef Lasagne | 2229 | 27% | 533 | 27% | 20.8 | 30% | 10.0 | 50% | 32.7 | 13% | 10.8 | 12% | 26.1 | 52% | 3.8 | 63% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Classics | Classic Scampi and Chips - Please select your choice from the following: | 4041 | 48% | 966 | 48% | 48.1 | 69% | 12.5 | 62% | 105.0 | 40% | 1.9 | 2% | 25.1 | 50% | 1.8 | 29% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Classics | Mushy Peas | 465 | 6% | 111 | 6% | 0.0 | 0% | 0.0 | 0% | 17.5 | 7% | 1.3 | 1% | 7.5 | 15% | 0.6 | 10% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Classics | Peas | 258 | 3% | 60 | 3% | 0.9 | 1% | 0.0 | 0% | 9.4 | 4% | 6.0 | 7% | 5.1 | 10% | 0.0 | 0% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Classics | Sausage & Mash | 3278 | 39% | 782 | 39% | 36.1 | 52% | 14.9 | 75% | 82.8 | 32% | 11.0 | 12% | 32.6 | 65% | 4.7 | 79% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Classics | Vegetarian Sausage & Mash | 3281 | 39% | 783 | 39% | 27.5 | 39% | 11.5 | 57% | 89.6 | 34% | 9.9 | 11% | 41.4 | 83% | 5.5 | 91% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Classics | All Day Breakfast | 4419 | 53% | 1059 | 53% | 69.6 | 99% | 17.3 | 86% | 52.7 | 20% | 7.5 | 8% | 54.8 | 110% | 5.6 | 93% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Classics | Mac 'n' Cheese (V) | 2382 | 28% | 569 | 28% | 21.6 | 31% | 11.3 | 57% | 69.9 | 27% | 8.3 | 9% | 26.6 | 53% | 4.0 | 67% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Our Burgers | The Gravy One - Single | 5950 | 71% | 1422 | 71% | 68.5 | 98% | 13.1 | 65% | 153.9 | 59% | 10.7 | 12% | 47.2 | 94% | 5.3 | 89% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Our Burgers | The Gravy One - Double | 7437 | 89% | 1777 | 89% | 87.3 | 125% | 16.2 | 81% | 177.4 | 68% | 10.7 | 12% | 71.8 | 144% | 7.1 | 119% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Our Burgers | Southern-Fried Chicken Burger - Single | 4923 | 59% | 1176 | 59% | 53.1 | 76% | 8.9 | 45% | 132.4 | 51% | 8.5 | 9% | 41.1 | 82% | 3.3 | 55% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Our Burgers | Southern-Fried Chicken Burger - Double | 6410 | 76% | 1531 | 77% | 71.8 | 103% | 12.0 | 60% | 155.8 | 60% | 8.5 | 9% | 65.7 | 131% | 5.1 | 85% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Our Burgers | Bacon Cheeseburger - Single | 4818 | 57% | 1151 | 58% | 56.6 | 81% | 16.6 | 83% | 111.6 | 43% | 9.2 | 10% | 45.8 | 92% | 3.5 | 58% |

| Menu | Menu Cat. | Dish Name | Energy (Kj) | | Energy (kcal) | | Fat (g) | | Saturated Fat (g) | | Carbohydrates (g) | | Sugars (g) | | Protein (g) | | Salt (g) | |
|---|-------------------|-----------------------------|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
| | | | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| Hungry Horse Main Menu - Autumn Winter 2025 | Our Burgers | Bacon Cheeseburger - Double | 5567 | 66% | 1330 | 67% | 67.4 | 96% | 22.1 | 110% | 113.7 | 44% | 9.5 | 11% | 63.7 | 127% | 4.0 | 67% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Our Burgers | Cheeseburger - Single | 4350 | 52% | 1039 | 52% | 48.2 | 69% | 13.4 | 67% | 111.5 | 43% | 9.2 | 10% | 36.7 | 73% | 2.5 | 41% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Our Burgers | Cheeseburger - Double | 5099 | 61% | 1218 | 61% | 59.0 | 84% | 18.9 | 95% | 113.7 | 44% | 9.5 | 11% | 54.5 | 109% | 3.0 | 50% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Our Burgers | The K-BBQ Burger - Single | 5615 | 67% | 1342 | 67% | 70.7 | 101% | 23.8 | 119% | 127.4 | 49% | 17.2 | 19% | 43.5 | 87% | 4.6 | 76% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Our Burgers | The K-BBQ Burger - Double | 6509 | 77% | 1556 | 78% | 83.1 | 119% | 29.7 | 148% | 132.0 | 51% | 18.3 | 20% | 61.6 | 123% | 5.4 | 90% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Our Burgers | Impossible Burger - Single | 3833 | 46% | 916 | 46% | 40.3 | 58% | 11.2 | 56% | 102.8 | 40% | 8.1 | 9% | 29.7 | 59% | 2.4 | 40% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Our Burgers | Impossible Burger - Double | 4726 | 56% | 1129 | 56% | 52.7 | 75% | 17.1 | 86% | 107.4 | 41% | 9.3 | 10% | 47.7 | 95% | 3.2 | 54% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Signature Burgers | Triple Stack | 7241 | 86% | 1731 | 87% | 91.0 | 130% | 30.8 | 154% | 126.1 | 48% | 11.7 | 13% | 98.4 | 197% | 6.5 | 108% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Signature Burgers | The Smoky Rancher | 7509 | 89% | 1796 | 90% | 96.8 | 138% | 19.6 | 98% | 143.8 | 55% | 27.3 | 30% | 81.0 | 162% | 6.0 | 99% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Signature Burgers | The Tingler Tedster | 7840 | 93% | 1876 | 94% | 108.5 | 155% | 25.5 | 128% | 131.8 | 51% | 17.0 | 19% | 92.0 | 184% | 8.0 | 134% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Signature Burgers | The Big Melt | 6699 | 80% | 1601 | 80% | 81.6 | 117% | 29.4 | 147% | 134.2 | 52% | 21.9 | 24% | 75.5 | 151% | 4.5 | 76% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Signature Burgers | Korean BBQ Chicken | 6316 | 75% | 1511 | 76% | 67.4 | 96% | 13.8 | 69% | 145.5 | 56% | 25.0 | 28% | 77.8 | 156% | 8.8 | 147% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Great Grills | Full Monty Mixed Grill | 6589 | 78% | 1574 | 79% | 72.8 | 104% | 19.2 | 96% | 107.6 | 41% | 24.4 | 27% | 120.8 | 242% | 6.8 | 114% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Great Grills | Mini Mixed Grill | 5341 | 64% | 1277 | 64% | 58.8 | 84% | 16.5 | 82% | 94.6 | 36% | 22.1 | 25% | 90.4 | 181% | 5.3 | 89% |

| Menu | Menu Cat. | Dish Name | Energy (Kj) | | Energy (kcal) | | Fat (g) | | Saturated Fat (g) | | Carbohydrates (g) | | Sugars (g) | | Protein (g) | | Salt (g) | |
|---|------------------------|--|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
| | | | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| Hungry Horse Main Menu - Autumn Winter 2025 | Great Grills | 16oz Rump Steak | 6063 | 72% | 1448 | 72% | 75.9 | 108% | 24.2 | 121% | 80.3 | 31% | 8.3 | 9% | 110.3 | 221% | 2.6 | 43% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Great Grills | 8oz Rump Steak | 4411 | 53% | 1053 | 53% | 53.0 | 76% | 14.4 | 72% | 80.3 | 31% | 8.3 | 9% | 63.3 | 127% | 2.3 | 38% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Great Grills | 8oz Grilled Gammon | 4382 | 52% | 1048 | 52% | 51.9 | 74% | 13.7 | 69% | 80.7 | 31% | 19.3 | 21% | 63.1 | 126% | 6.7 | 111% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Great Grills | Fajitas - 8oz Seasoned Rump Steak | 5633 | 67% | 1346 | 67% | 67.0 | 96% | 28.7 | 144% | 106.6 | 41% | 19.2 | 21% | 73.1 | 146% | 3.5 | 58% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Great Grills | Fajitas - Seasoned Chicken | 5074 | 60% | 1213 | 61% | 50.0 | 71% | 21.0 | 105% | 114.2 | 44% | 23.0 | 26% | 72.0 | 144% | 4.3 | 72% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Great Grills | Fajitas - Seasoned Halloumi Fries | 6034 | 72% | 1445 | 72% | 81.1 | 116% | 45.1 | 226% | 109.2 | 42% | 21.8 | 24% | 63.8 | 128% | 7.9 | 131% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Great Grills | Burger Sizzler Combo | 7157 | 85% | 1709 | 85% | 74.2 | 106% | 23.2 | 116% | 133.7 | 51% | 29.3 | 33% | 118.3 | 237% | 7.5 | 125% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Great Grills | 8oz Smothered Steak Sizzler | 5295 | 63% | 1264 | 63% | 64.5 | 92% | 19.2 | 96% | 96.2 | 37% | 17.2 | 19% | 73.4 | 147% | 3.6 | 60% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Great Grills | Salmon Sizzler - Please select your choice from the following: | 2519 | 30% | 602 | 30% | 27.2 | 39% | 3.9 | 19% | 49.9 | 19% | 29.0 | 32% | 38.9 | 78% | 2.2 | 37% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Great Grills | Basmati Rice | 790 | 9% | 189 | 9% | 0.8 | 1% | 0.2 | 1% | 41.3 | 16% | 0.2 | 0% | 3.5 | 7% | 0.0 | 1% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Great Grills | Sweet Potato Fries | 2290 | 27% | 546 | 27% | 28.0 | 40% | 2.0 | 10% | 72.0 | 28% | 2.0 | 2% | 8.0 | 16% | 0.2 | 3% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Great Grills | Onion Ring Horseshoe Stacker (Serves 2) | 5926 | 71% | 1416 | 71% | 74.6 | 107% | 11.3 | 57% | 134.7 | 52% | 38.5 | 43% | 52.2 | 104% | 1.4 | 24% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Steak Sauces & Toppers | Cheddar & Emmental Melt | 766 | 9% | 183 | 9% | 15.1 | 22% | 9.2 | 46% | 4.0 | 2% | 0.8 | 1% | 7.8 | 16% | 0.8 | 14% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Steak Sauces & Toppers | Peppercorn Sauce | 176 | 2% | 42 | 2% | 0.8 | 1% | 0.3 | 2% | 6.8 | 3% | 3.1 | 3% | 1.5 | 3% | 1.0 | 17% |

| Menu | Menu Cat. | Dish Name | Energy (Kj) | | Energy (kcal) | | Fat (g) | | Saturated Fat (g) | | Carbohydrates (g) | | Sugars (g) | | Protein (g) | | Salt (g) | |
|---|------------------------|--|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
| | | | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| Hungry Horse Main Menu - Autumn Winter 2025 | Steak Sauces & Toppers | Beef Dripping Gravy | 220 | 3% | 53 | 3% | 2.1 | 3% | 1.1 | 6% | 4.1 | 2% | 1.8 | 2% | 1.1 | 2% | 0.8 | 14% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Steak Sauces & Toppers | Add Fried Eggs | 1130 | 13% | 272 | 14% | 21.4 | 31% | 4.6 | 23% | 0.0 | 0% | 0.0 | 0% | 20.0 | 40% | 0.6 | 10% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Steak Sauces & Toppers | Crispy King Prawns | 1148 | 14% | 274 | 14% | 20.9 | 30% | 8.0 | 40% | 11.2 | 4% | 0.7 | 1% | 9.9 | 20% | 0.6 | 10% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Steak Sauces & Toppers | Add Scampi | 966 | 12% | 231 | 12% | 12.5 | 18% | 3.8 | 19% | 20.8 | 8% | 0.8 | 1% | 8.4 | 17% | 0.5 | 9% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Mix It Up | MIX IT UP - Please select your choices from the following: | | | | | | | | | | | | | | | | |
| Hungry Horse Main Menu - Autumn Winter 2025 | Mix It Up | Southern-Fried Chicken Skewers | 3166 | 38% | 753 | 38% | 31.1 | 44% | 8.7 | 44% | 59.4 | 23% | 0.8 | 1% | 59.2 | 118% | 3.8 | 64% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Mix It Up | Chicken Skewers | 1382 | 16% | 330 | 17% | 7.3 | 10% | 1.4 | 7% | 10.4 | 4% | 5.9 | 7% | 56.0 | 112% | 3.4 | 56% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Mix It Up | Southern-Fried Chicken Skewer and Chicken Skewer | 2274 | 27% | 542 | 27% | 19.2 | 27% | 5.0 | 25% | 34.9 | 13% | 3.4 | 4% | 57.6 | 115% | 3.6 | 60% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Mix It Up | Crispy Cornflake Chicken Strips | 2146 | 26% | 514 | 26% | 28.2 | 40% | 6.8 | 34% | 10.6 | 4% | 0.0 | 0% | 54.7 | 109% | 2.6 | 44% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Mix It Up | Impossible Nuggets | 1966 | 23% | 470 | 24% | 25.8 | 37% | 6.2 | 31% | 31.7 | 12% | 1.6 | 2% | 25.3 | 51% | 1.8 | 30% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Mix It Up | 8oz Rump Steak | 1798 | 21% | 430 | 21% | 25.7 | 37% | 10.0 | 50% | 2.1 | 1% | 0.8 | 1% | 47.3 | 95% | 1.6 | 27% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Mix It Up | Halloumi Fries | 2054 | 24% | 493 | 25% | 37.0 | 53% | 26.2 | 131% | 2.6 | 1% | 2.6 | 3% | 37.7 | 75% | 4.7 | 79% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Mix It Up | Grilled Salmon Fillet | 1501 | 18% | 359 | 18% | 24.2 | 35% | 3.6 | 18% | 2.1 | 1% | 0.8 | 1% | 33.3 | 67% | 1.7 | 28% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Mix It Up | Buttered Jacket Potato | 1054 | 13% | 252 | 13% | 7.4 | 11% | 4.4 | 22% | 39.0 | 15% | 4.0 | 4% | 4.2 | 8% | 0.2 | 3% |

| Menu | Menu Cat. | Dish Name | Energy (Kj) | | Energy (kcal) | | Fat (g) | | Saturated Fat (g) | | Carbohydrates (g) | | Sugars (g) | | Protein (g) | | Salt (g) | |
|---|-----------|--------------------------------------|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
| | | | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| Hungry Horse Main Menu - Autumn Winter 2025 | Mix It Up | Chips | 1858 | 22% | 444 | 22% | 20.0 | 29% | 4.0 | 20% | 58.0 | 22% | 0.0 | 0% | 6.0 | 12% | 0.6 | 10% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Mix It Up | Sweet Potato Fries | 2290 | 27% | 546 | 27% | 28.0 | 40% | 2.0 | 10% | 72.0 | 28% | 2.0 | 2% | 8.0 | 16% | 0.2 | 3% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Mix It Up | Onion Rings | 994 | 12% | 238 | 12% | 12.9 | 18% | 1.0 | 5% | 21.6 | 8% | 3.0 | 3% | 9.8 | 20% | 0.0 | 1% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Mix It Up | Coleslaw | 413 | 5% | 99 | 5% | 7.0 | 10% | 1.0 | 5% | 7.0 | 3% | 4.0 | 4% | 1.0 | 2% | 0.3 | 5% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Mix It Up | Corn on the Cob | 459 | 5% | 110 | 5% | 1.6 | 2% | 0.3 | 1% | 18.9 | 7% | 7.1 | 8% | 3.7 | 7% | 0.0 | 0% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Mix It Up | Basmati Rice | 790 | 9% | 189 | 9% | 0.8 | 1% | 0.2 | 1% | 41.3 | 16% | 0.2 | 0% | 3.5 | 7% | 0.0 | 1% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Mix It Up | Fresh Dressed Garden Salad | 162 | 2% | 39 | 2% | 0.6 | 1% | 0.1 | 1% | 5.7 | 2% | 4.3 | 5% | 1.4 | 3% | 0.1 | 2% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Mix It Up | Texan BBQ Sauce | 377 | 4% | 90 | 5% | 0.0 | 0% | 0.0 | 0% | 17.0 | 7% | 15.0 | 17% | 1.0 | 2% | 0.5 | 8% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Mix It Up | Peri Peri Sauce | 109 | 1% | 26 | 1% | 1.0 | 1% | 0.0 | 0% | 3.5 | 1% | 1.0 | 1% | 0.5 | 1% | 3.0 | 49% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Mix It Up | Salt & Pepper Seasoning | 204 | 2% | 49 | 2% | 0.3 | 0% | 0.0 | 0% | 10.8 | 4% | 3.0 | 3% | 0.5 | 1% | 2.5 | 41% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Mix It Up | Tingly Ted's Sauce | 96 | 1% | 23 | 1% | 0.5 | 1% | 0.0 | 0% | 5.0 | 2% | 3.0 | 3% | 0.5 | 1% | 1.1 | 18% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Mix It Up | Garlic & Herb Ranch Sauce | 1161 | 14% | 278 | 14% | 29.0 | 41% | 2.5 | 13% | 3.5 | 1% | 3.0 | 3% | 1.0 | 2% | 0.8 | 13% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Mix It Up | Sweet Chilli Sauce | 343 | 4% | 82 | 4% | 0.0 | 0% | 0.0 | 0% | 20.5 | 8% | 15.5 | 17% | 0.5 | 1% | 0.5 | 8% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Mix It Up | Korean BBQ Sauce | 469 | 6% | 112 | 6% | 7.0 | 10% | 1.0 | 5% | 11.0 | 4% | 10.5 | 12% | 1.0 | 2% | 2.1 | 34% |

| Menu | Menu Cat. | Dish Name | Energy (Kj) | | Energy (kcal) | | Fat (g) | | Saturated Fat (g) | | Carbohydrates (g) | | Sugars (g) | | Protein (g) | | Salt (g) | |
|---|--------------------|--|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
| | | | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| Hungry Horse Main Menu - Autumn Winter 2025 | Big Plate Specials | Lamb Kofta Flatbread | 7183 | 86% | 1715 | 86% | 88.0 | 126% | 17.1 | 86% | 166.1 | 64% | 7.6 | 8% | 68.0 | 136% | 4.3 | 72% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Big Plate Specials | Impossible Flatbread | 6825 | 81% | 1630 | 82% | 84.5 | 121% | 11.0 | 55% | 178.1 | 68% | 7.6 | 8% | 41.4 | 83% | 3.6 | 61% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Big Plate Specials | Chicken Tikka Masala Platter | 6195 | 74% | 1480 | 74% | 59.7 | 85% | 9.0 | 45% | 175.8 | 68% | 31.9 | 35% | 56.5 | 113% | 5.2 | 87% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Big Plate Specials | Katsu Curry Feast | 6774 | 81% | 1619 | 81% | 78.1 | 112% | 15.2 | 76% | 174.7 | 67% | 9.2 | 10% | 51.3 | 103% | 9.1 | 152% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Big Plate Specials | Chicken Parmigiana - Please select your choice from the following: | 4025 | 48% | 962 | 48% | 53.8 | 77% | 19.1 | 96% | 65.2 | 25% | 12.3 | 14% | 50.0 | 100% | 3.9 | 65% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Big Plate Specials | Chips | 1858 | 22% | 444 | 22% | 20.0 | 29% | 4.0 | 20% | 58.0 | 22% | 0.0 | 0% | 6.0 | 12% | 0.6 | 10% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Big Plate Specials | Buttered Jacket Potato | 1054 | 13% | 252 | 13% | 7.4 | 11% | 4.4 | 22% | 39.0 | 15% | 4.0 | 4% | 4.2 | 8% | 0.2 | 3% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Big Plate Specials | The Loaded New Yorker | 6560 | 78% | 1567 | 78% | 59.9 | 86% | 18.6 | 93% | 127.9 | 49% | 39.6 | 44% | 119.2 | 238% | 5.4 | 90% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Sides | Salt and Pepper Chips | 1926 | 23% | 460 | 23% | 20.1 | 29% | 4.0 | 20% | 61.6 | 24% | 1.0 | 1% | 6.2 | 12% | 1.4 | 24% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Sides | Cheesy Chips | 2415 | 29% | 577 | 29% | 30.0 | 43% | 10.4 | 52% | 58.4 | 22% | 0.0 | 0% | 16.4 | 33% | 1.2 | 21% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Sides | Sweet Potato Fries | 2290 | 27% | 546 | 27% | 28.0 | 40% | 2.0 | 10% | 72.0 | 28% | 2.0 | 2% | 8.0 | 16% | 0.2 | 3% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Sides | Chips | 1858 | 22% | 444 | 22% | 20.0 | 29% | 4.0 | 20% | 58.0 | 22% | 0.0 | 0% | 6.0 | 12% | 0.6 | 10% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Sides | Buttered Jacket Potato | 1054 | 13% | 252 | 13% | 7.4 | 11% | 4.4 | 22% | 39.0 | 15% | 4.0 | 4% | 4.2 | 8% | 0.2 | 3% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Sides | Mac 'n' Cheese | 1249 | 15% | 299 | 15% | 13.0 | 19% | 7.2 | 36% | 32.2 | 12% | 2.0 | 2% | 15.2 | 30% | 2.1 | 35% |

| Menu | Menu Cat. | Dish Name | Energy (Kj) | | Energy (kcal) | | Fat (g) | | Saturated Fat (g) | | Carbohydrates (g) | | Sugars (g) | | Protein (g) | | Salt (g) | |
|---|--------------------|---|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
| | | | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| Hungry Horse Main Menu - Autumn Winter 2025 | Sides | Fresh Dressed Garden Salad | 138 | 2% | 33 | 2% | 0.6 | 1% | 0.1 | 1% | 4.7 | 2% | 3.6 | 4% | 1.2 | 2% | 0.1 | 2% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Sides | Onion Rings | 1243 | 15% | 297 | 15% | 16.2 | 23% | 1.2 | 6% | 27.1 | 10% | 3.8 | 4% | 12.3 | 25% | 0.1 | 1% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Sides | Coleslaw | 207 | 2% | 49 | 2% | 3.5 | 5% | 0.5 | 3% | 3.5 | 1% | 2.0 | 2% | 0.5 | 1% | 0.2 | 3% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Sides | Bread and Butter (V)- Please select your choice from the following: | 242 | 3% | 58 | 3% | 6.4 | 9% | 4.2 | 21% | 0.0 | 0% | 0.0 | 0% | 0.0 | 0% | 0.2 | 3% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Sides | Malted Bloomer | 1090 | 13% | 261 | 13% | 1.8 | 3% | 0.6 | 3% | 49.3 | 19% | 2.2 | 2% | 9.9 | 20% | 0.9 | 15% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Sides | White Bloomer | 1322 | 16% | 316 | 16% | 3.1 | 4% | 1.0 | 5% | 59.3 | 23% | 0.5 | 1% | 10.9 | 22% | 1.2 | 20% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Classic Roasts | Duo of Meats | 3631 | 43% | 864 | 43% | 22.9 | 33% | 4.4 | 22% | 110.2 | 42% | 17.2 | 19% | 56.3 | 113% | 2.8 | 47% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Classic Roasts | Hand-Carved Roast Beef | 3677 | 44% | 875 | 44% | 23.6 | 34% | 4.4 | 22% | 110.9 | 43% | 17.2 | 19% | 57.0 | 114% | 2.8 | 47% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Classic Roasts | Hand-Carved Roast Turkey | 3584 | 43% | 853 | 43% | 22.2 | 32% | 4.4 | 22% | 109.5 | 42% | 17.2 | 19% | 55.6 | 111% | 2.8 | 47% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Classic Roasts | Vegetable Tart | 4609 | 55% | 1098 | 55% | 41.2 | 59% | 9.6 | 48% | 150.3 | 58% | 23.5 | 26% | 31.8 | 64% | 3.2 | 54% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Kids Sunday Roasts | Kids Hand-Carved Roast Beef | 2150 | 26% | 512 | 26% | 13.2 | 19% | 2.5 | 13% | 68.4 | 26% | 8.9 | 10% | 30.7 | 61% | 1.6 | 26% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Kids Sunday Roasts | Kids Roasted Hand-Carved Roast Turkey | 2103 | 25% | 501 | 25% | 12.5 | 18% | 2.5 | 13% | 67.7 | 26% | 8.9 | 10% | 30.0 | 60% | 1.6 | 26% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Kids Sunday Roasts | Kids Vegetable Tart | 2616 | 31% | 623 | 31% | 22.0 | 31% | 5.1 | 26% | 88.1 | 34% | 12.0 | 13% | 18.1 | 36% | 1.8 | 30% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Sunday sides | Cauliflower Cheese | 642 | 8% | 154 | 8% | 7.8 | 11% | 3.3 | 17% | 12.2 | 5% | 4.0 | 4% | 9.0 | 18% | 0.7 | 11% |

| Menu | Menu Cat. | Dish Name | Energy (Kj) | | Energy (kcal) | | Fat (g) | | Saturated Fat (g) | | Carbohydrates (g) | | Sugars (g) | | Protein (g) | | Salt (g) | |
|---|--------------|--|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
| | | | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| Hungry Horse Main Menu - Autumn Winter 2025 | Sunday sides | Pigs in Blankets, Yorkie & Roasties Trio | 2132 | 25% | 508 | 25% | 29.4 | 42% | 8.8 | 44% | 48.6 | 19% | 2.2 | 2% | 14.2 | 28% | 1.3 | 21% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Sunday sides | Pigs in Blankets | 1376 | 16% | 329 | 16% | 30.6 | 44% | 11.0 | 55% | 2.6 | 1% | 0.2 | 0% | 10.6 | 21% | 1.4 | 24% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Sunday sides | Roast Potatoes | 1526 | 18% | 362 | 18% | 13.5 | 19% | 2.3 | 11% | 58.5 | 23% | 2.3 | 3% | 6.8 | 14% | 0.0 | 0% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Sunday sides | Yorkshire Puddings | 937 | 11% | 224 | 11% | 4.8 | 7% | 0.6 | 3% | 36.5 | 14% | 1.9 | 2% | 7.7 | 15% | 0.6 | 10% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Black Pudding | 269 | 3% | 64 | 3% | 1.3 | 2% | 0.5 | 2% | 9.3 | 4% | 0.4 | 0% | 3.8 | 8% | 0.7 | 12% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Roast Potatoes | 1526 | 18% | 362 | 18% | 13.5 | 19% | 2.3 | 11% | 58.5 | 23% | 2.3 | 3% | 6.8 | 14% | 0.0 | 0% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Yorkshire Pudding | 469 | 6% | 112 | 6% | 2.4 | 3% | 0.3 | 2% | 18.3 | 7% | 1.0 | 1% | 3.9 | 8% | 0.3 | 5% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Beef Burger | 749 | 9% | 179 | 9% | 10.8 | 15% | 5.5 | 28% | 2.2 | 1% | 0.3 | 0% | 17.8 | 36% | 0.5 | 9% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Impossible Burger | 894 | 11% | 214 | 11% | 12.4 | 18% | 5.9 | 29% | 4.6 | 2% | 1.1 | 1% | 18.1 | 36% | 0.9 | 14% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Buttermilk Chicken Burger | 1509 | 18% | 360 | 18% | 19.0 | 27% | 3.1 | 16% | 23.8 | 9% | 0.0 | 0% | 25.0 | 50% | 1.8 | 30% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra 8oz Rump Steak | 1653 | 20% | 395 | 20% | 22.9 | 33% | 9.8 | 49% | 0.0 | 0% | 0.0 | 0% | 47.0 | 94% | 0.3 | 5% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Chicken Breast | 747 | 9% | 179 | 9% | 1.2 | 2% | 0.5 | 2% | 5.9 | 2% | 0.0 | 0% | 36.0 | 72% | 0.5 | 9% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Chicken Skewer | 691 | 8% | 165 | 8% | 3.6 | 5% | 0.7 | 4% | 5.2 | 2% | 2.9 | 3% | 28.0 | 56% | 1.7 | 28% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Southern-Fried Chicken Skewer | 1583 | 19% | 377 | 19% | 15.6 | 22% | 4.4 | 22% | 29.7 | 11% | 0.4 | 0% | 29.6 | 59% | 1.9 | 32% |

| Menu | Menu Cat. | Dish Name | Energy (Kj) | | Energy (kcal) | | Fat (g) | | Saturated Fat (g) | | Carbohydrates (g) | | Sugars (g) | | Protein (g) | | Salt (g) | |
|---|-----------|--|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
| | | | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Pork Sausages | 931 | 11% | 223 | 11% | 15.6 | 22% | 6.0 | 30% | 8.0 | 3% | 2.7 | 3% | 12.0 | 24% | 1.0 | 17% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Back Bacon | 468 | 6% | 112 | 6% | 8.4 | 12% | 3.2 | 16% | 0.1 | 0% | 0.1 | 0% | 9.1 | 18% | 1.0 | 17% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Parmigiana Sauce | 147 | 2% | 35 | 2% | 1.3 | 2% | 0.2 | 1% | 3.6 | 1% | 3.0 | 3% | 1.4 | 3% | 0.5 | 8% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Sweet Chilli Sauce | 343 | 4% | 82 | 4% | 0.0 | 0% | 0.0 | 0% | 20.5 | 8% | 15.5 | 17% | 0.5 | 1% | 0.5 | 8% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Piri Piri Sauce | 109 | 1% | 26 | 1% | 1.0 | 1% | 0.0 | 0% | 3.5 | 1% | 1.0 | 1% | 0.5 | 1% | 3.0 | 49% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Sour Cream | 431 | 5% | 103 | 5% | 10.0 | 14% | 6.5 | 33% | 2.0 | 1% | 2.0 | 2% | 1.5 | 3% | 0.1 | 1% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Texan BBQ Sauce | 377 | 4% | 90 | 5% | 0.0 | 0% | 0.0 | 0% | 17.0 | 7% | 15.0 | 17% | 1.0 | 2% | 0.5 | 8% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Beans | 306 | 4% | 73 | 4% | 0.0 | 0% | 0.0 | 0% | 12.8 | 5% | 5.1 | 6% | 3.4 | 7% | 0.7 | 11% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Butter | 121 | 1% | 29 | 1% | 3.2 | 5% | 2.1 | 11% | 0.0 | 0% | 0.0 | 0% | 0.0 | 0% | 0.1 | 1% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Toast & Butter - Please select your choice from the following: | 242 | 3% | 58 | 3% | 6.4 | 9% | 4.2 | 21% | 0.0 | 0% | 0.0 | 0% | 0.0 | 0% | 0.2 | 3% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Malted Bloomer | 545 | 6% | 130 | 7% | 0.9 | 1% | 0.3 | 1% | 24.6 | 9% | 1.1 | 1% | 5.0 | 10% | 0.5 | 8% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | White Bloomer | 661 | 8% | 158 | 8% | 1.5 | 2% | 0.5 | 3% | 29.7 | 11% | 0.3 | 0% | 5.5 | 11% | 0.6 | 10% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Fried Egg | 565 | 7% | 136 | 7% | 10.7 | 15% | 2.3 | 11% | 0.0 | 0% | 0.0 | 0% | 10.0 | 20% | 0.3 | 5% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Grated Cheese | 557 | 7% | 133 | 7% | 10.0 | 14% | 6.4 | 32% | 0.4 | 0% | 0.0 | 0% | 10.4 | 21% | 0.6 | 11% |

| Menu | Menu Cat. | Dish Name | Energy (Kj) | | Energy (kcal) | | Fat (g) | | Saturated Fat (g) | | Carbohydrates (g) | | Sugars (g) | | Protein (g) | | Salt (g) | |
|---|-----------|---------------------------|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
| | | | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Gravy | 101 | 1% | 24 | 1% | 1.0 | 1% | 0.0 | 0% | 4.0 | 2% | 0.0 | 0% | 0.0 | 0% | 1.2 | 20% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Mashed Potato | 1054 | 13% | 252 | 13% | 8.4 | 12% | 5.6 | 28% | 39.2 | 15% | 0.0 | 0% | 5.6 | 11% | 1.7 | 28% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Mushrooms | 214 | 3% | 51 | 3% | 4.2 | 6% | 1.2 | 6% | 0.4 | 0% | 0.2 | 0% | 2.0 | 4% | 0.0 | 0% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Mushy Peas | 465 | 6% | 111 | 6% | 0.0 | 0% | 0.0 | 0% | 17.5 | 7% | 1.3 | 1% | 7.5 | 15% | 0.6 | 11% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Naan | 1607 | 19% | 384 | 19% | 8.2 | 12% | 0.8 | 4% | 66.6 | 26% | 1.2 | 1% | 9.7 | 19% | 0.8 | 13% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Peas | 258 | 3% | 60 | 3% | 0.9 | 1% | 0.0 | 0% | 9.4 | 4% | 6.0 | 7% | 5.1 | 10% | 0.0 | 0% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Poppadom & Chutney | 683 | 8% | 163 | 8% | 0.2 | 0% | 0.1 | 0% | 34.7 | 13% | 21.3 | 24% | 5.0 | 10% | 2.2 | 37% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Tomato | 33 | 0% | 8 | 0% | 0.1 | 0% | 0.0 | 0% | 1.2 | 0% | 1.2 | 1% | 0.3 | 1% | 0.0 | 0% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Custard | 653 | 8% | 156 | 8% | 4.5 | 6% | 3.0 | 15% | 24.0 | 9% | 16.5 | 18% | 4.5 | 9% | 0.2 | 3% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Chocolate Ice Cream | 472 | 6% | 113 | 6% | 5.1 | 7% | 2.5 | 13% | 14.5 | 6% | 14.3 | 16% | 2.2 | 4% | 0.1 | 1% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Vanilla Ice Cream | 407 | 5% | 97 | 5% | 3.6 | 5% | 1.9 | 9% | 13.6 | 5% | 13.6 | 15% | 2.6 | 5% | 0.0 | 0% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Tartare Sauce | 356 | 4% | 85 | 4% | 7.5 | 11% | 0.5 | 3% | 4.0 | 2% | 1.5 | 2% | 0.0 | 0% | 0.3 | 4% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Sunday Beef | 779 | 9% | 186 | 9% | 4.2 | 6% | 1.4 | 7% | 1.4 | 1% | 0.0 | 0% | 35.0 | 70% | 1.3 | 21% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Roast Turkey | 685 | 8% | 164 | 8% | 2.8 | 4% | 1.4 | 7% | 0.0 | 0% | 0.0 | 0% | 33.6 | 67% | 1.3 | 21% |

| Menu | Menu Cat. | Dish Name | Energy (Kj) | | Energy (kcal) | | Fat (g) | | Saturated Fat (g) | | Carbohydrates (g) | | Sugars (g) | | Protein (g) | | Salt (g) | |
|---|-----------|---|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
| | | | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Lamb Kofta | 916 | 11% | 219 | 11% | 11.4 | 16% | 5.4 | 27% | 5.9 | 2% | 0.6 | 1% | 22.8 | 46% | 1.0 | 17% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Horseradish Sauce | 190 | 2% | 46 | 2% | 4.0 | 6% | 0.3 | 1% | 2.3 | 1% | 0.5 | 1% | 0.3 | 1% | 0.4 | 7% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Tortilla Wrap | 348 | 4% | 83 | 4% | 2.2 | 3% | 0.9 | 4% | 13.2 | 5% | 0.7 | 1% | 2.1 | 4% | 0.2 | 4% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Extras | Extra Southern-Fried Chicken Burger | 1487 | 18% | 355 | 18% | 18.8 | 27% | 3.1 | 15% | 23.4 | 9% | 0.0 | 0% | 24.6 | 49% | 1.8 | 30% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Upsells | Add Salt & Pepper Seasoning | 68 | 1% | 16 | 1% | 0.1 | 0% | 0.0 | 0% | 3.6 | 1% | 1.0 | 1% | 0.2 | 0% | 0.8 | 14% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Upsells | Add Mac 'n' Cheese - Burger Upsell | 1249 | 15% | 299 | 15% | 13.0 | 19% | 7.2 | 36% | 32.2 | 12% | 2.0 | 2% | 15.2 | 30% | 2.1 | 35% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Upsells | Add Chicken Wings - Burger Upsell | 1193 | 14% | 284 | 14% | 12.1 | 17% | 3.9 | 20% | 4.3 | 2% | 0.2 | 0% | 39.6 | 79% | 1.7 | 28% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Upsells | Add Garlic Ciabatta | 582 | 7% | 139 | 7% | 5.1 | 7% | 1.9 | 9% | 19.5 | 7% | 0.2 | 0% | 3.4 | 7% | 0.5 | 9% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Upsells | Add Curry Sauce | 590 | 7% | 141 | 7% | 11.8 | 17% | 0.9 | 5% | 8.2 | 3% | 2.0 | 2% | 1.2 | 2% | 1.8 | 31% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Upsells | Add Vegetable Samosa & Onion Bhajis | 1776 | 21% | 424 | 21% | 27.5 | 39% | 2.3 | 11% | 35.0 | 13% | 5.1 | 6% | 11.0 | 22% | 0.9 | 16% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Upsells | Add Onion Rings - Burger Upsell | 1243 | 15% | 297 | 15% | 16.2 | 23% | 1.2 | 6% | 27.1 | 10% | 3.8 | 4% | 12.3 | 25% | 0.1 | 1% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Upsells | Double Up Chips | 1858 | 22% | 444 | 22% | 20.0 | 29% | 4.0 | 20% | 58.0 | 22% | 0.0 | 0% | 6.0 | 12% | 0.6 | 10% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Upsells | Mix It Up - Extra Chicken Skewer | 691 | 8% | 165 | 8% | 3.6 | 5% | 0.7 | 4% | 5.2 | 2% | 2.9 | 3% | 28.0 | 56% | 1.7 | 28% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Upsells | Mix It Up - Extra Southern-Fried Chicken Skewer | 1583 | 19% | 377 | 19% | 15.6 | 22% | 4.4 | 22% | 29.7 | 11% | 0.4 | 0% | 29.6 | 59% | 1.9 | 32% |

| Menu | Menu Cat. | Dish Name | Energy (Kj) | | Energy (kcal) | | Fat (g) | | Saturated Fat (g) | | Carbohydrates (g) | | Sugars (g) | | Protein (g) | | Salt (g) | |
|---|--------------|---|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
| | | | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| Hungry Horse Main Menu - Autumn Winter 2025 | Upsells | Mix It Up - Extra Impossible Nuggets | 983 | 12% | 235 | 12% | 12.9 | 18% | 3.1 | 15% | 15.8 | 6% | 0.8 | 1% | 12.6 | 25% | 0.9 | 15% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Upsells | Mix It Up - Halloumi Fries | 1027 | 12% | 247 | 12% | 18.5 | 26% | 13.1 | 65% | 1.3 | 1% | 1.3 | 1% | 18.8 | 38% | 2.4 | 39% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Upsells | Extra 4oz Gammon | 719 | 9% | 173 | 9% | 9.9 | 14% | 3.7 | 19% | 0.0 | 0% | 0.0 | 0% | 20.7 | 41% | 2.9 | 48% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Perfect Puds | Baileys Caramel Profiterole Sharer (Serves 2) | 5409 | 64% | 1293 | 65% | 63.7 | 91% | 38.4 | 192% | 158.7 | 61% | 136.3 | 151% | 20.7 | 41% | 0.9 | 15% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Perfect Puds | The Ultimate Big Candymania (Serves 2) | 7020 | 84% | 1678 | 84% | 83.0 | 119% | 47.8 | 239% | 201.8 | 78% | 177.1 | 197% | 26.6 | 53% | 0.7 | 11% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Perfect Puds | Trifle Baked Alaska | 1320 | 16% | 315 | 16% | 12.3 | 18% | 6.1 | 31% | 48.1 | 19% | 39.5 | 44% | 3.1 | 6% | 0.2 | 3% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Perfect Puds | Lemon Meringue Pie | 2044 | 24% | 488 | 24% | 15.3 | 22% | 7.0 | 35% | 81.1 | 31% | 64.8 | 72% | 6.6 | 13% | 0.2 | 4% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Perfect Puds | Millionaire's Cheesecake | 2473 | 29% | 591 | 30% | 29.9 | 43% | 19.0 | 95% | 71.1 | 27% | 50.3 | 56% | 7.6 | 15% | 0.4 | 7% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Perfect Puds | Indulgent Chocolate Torte | 1561 | 19% | 373 | 19% | 22.1 | 32% | 12.7 | 64% | 37.7 | 14% | 22.6 | 25% | 4.3 | 9% | 0.1 | 2% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Perfect Puds | Vegan Indulgent Chocolate Torte | 1446 | 17% | 346 | 17% | 22.0 | 31% | 12.6 | 63% | 31.4 | 12% | 17.9 | 20% | 4.0 | 8% | 0.1 | 2% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Perfect Puds | Chocolate Fudge Cake | 2853 | 34% | 682 | 34% | 31.3 | 45% | 7.2 | 36% | 89.7 | 35% | 65.0 | 72% | 8.9 | 18% | 0.8 | 13% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Perfect Puds | Sticky Toffee Pudding | 4009 | 48% | 958 | 48% | 44.6 | 64% | 20.2 | 101% | 128.6 | 49% | 66.1 | 73% | 11.4 | 23% | 0.6 | 11% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Perfect Puds | Apple Crumble | 2054 | 24% | 491 | 25% | 11.5 | 16% | 5.5 | 28% | 85.6 | 33% | 47.1 | 52% | 8.1 | 16% | 0.3 | 6% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Perfect Puds | Vegan Apple Crumble | 2022 | 24% | 483 | 24% | 16.7 | 24% | 11.4 | 57% | 76.1 | 29% | 45.1 | 50% | 4.5 | 9% | 0.2 | 4% |

| Menu | Menu Cat. | Dish Name | Energy (Kj) | | Energy (kcal) | | Fat (g) | | Saturated Fat (g) | | Carbohydrates (g) | | Sugars (g) | | Protein (g) | | Salt (g) | |
|---|--------------|--|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
| | | | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| Hungry Horse Main Menu - Autumn Winter 2025 | Perfect Puds | Mini Millionaire Brownie | 1287 | 15% | 308 | 15% | 13.2 | 19% | 7.6 | 38% | 41.7 | 16% | 35.3 | 39% | 4.9 | 10% | 0.1 | 1% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Perfect Puds | Mini Profiteroles | 1343 | 16% | 321 | 16% | 15.3 | 22% | 9.4 | 47% | 41.0 | 16% | 32.1 | 36% | 4.9 | 10% | 0.3 | 5% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Perfect Puds | Ice Cream - Please select your choices from the following: | | | | | | | | | | | | | | | | |
| Hungry Horse Main Menu - Autumn Winter 2025 | Perfect Puds | Vanilla Ice Cream (Info per scoop) | 407 | 5% | 97 | 5% | 3.6 | 5% | 1.9 | 9% | 13.6 | 5% | 13.6 | 15% | 2.6 | 5% | 0.0 | 0% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Perfect Puds | Chocolate Ice Cream (Info per scoop) | 472 | 6% | 113 | 6% | 5.1 | 7% | 2.5 | 13% | 14.5 | 6% | 14.3 | 16% | 2.2 | 4% | 0.1 | 1% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Perfect Puds | Strawberry Frozen Yoghurt (Info per scoop) | 370 | 4% | 88 | 4% | 1.3 | 2% | 0.8 | 4% | 17.3 | 7% | 15.2 | 17% | 1.7 | 3% | 0.1 | 1% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Perfect Puds | Vanilla Ice Cream | 407 | 5% | 97 | 5% | 3.6 | 5% | 1.9 | 9% | 13.6 | 5% | 13.6 | 15% | 2.6 | 5% | 0.0 | 0% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Perfect Puds | Chocolate Ice Cream | 472 | 6% | 113 | 6% | 5.1 | 7% | 2.5 | 13% | 14.5 | 6% | 14.3 | 16% | 2.2 | 4% | 0.1 | 1% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Perfect Puds | Yoghurt Strawberry Frozen | 370 | 4% | 88 | 4% | 1.3 | 2% | 0.8 | 4% | 17.3 | 7% | 15.2 | 17% | 1.7 | 3% | 0.1 | 1% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Perfect Puds | Vanilla Ice Cream | 407 | 5% | 97 | 5% | 3.6 | 5% | 1.9 | 9% | 13.6 | 5% | 13.6 | 15% | 2.6 | 5% | 0.0 | 0% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Perfect Puds | Chocolate Ice Cream | 472 | 6% | 113 | 6% | 5.1 | 7% | 2.5 | 13% | 14.5 | 6% | 14.3 | 16% | 2.2 | 4% | 0.1 | 1% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Perfect Puds | Yoghurt Strawberry Frozen | 370 | 4% | 88 | 4% | 1.3 | 2% | 0.8 | 4% | 17.3 | 7% | 15.2 | 17% | 1.7 | 3% | 0.1 | 1% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Perfect Puds | Chocolate Sauce | 230 | 3% | 55 | 3% | 0.2 | 0% | 0.2 | 1% | 12.6 | 5% | 9.4 | 10% | 0.6 | 1% | 0.0 | 0% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Perfect Puds | Strawberry Sauce | 264 | 3% | 63 | 3% | 0.0 | 0% | 0.0 | 0% | 15.8 | 6% | 15.0 | 17% | 0.0 | 0% | 0.0 | 0% |

| Menu | Menu Cat. | Dish Name | Energy (Kj) | | Energy (kcal) | | Fat (g) | | Saturated Fat (g) | | Carbohydrates (g) | | Sugars (g) | | Protein (g) | | Salt (g) | |
|---|--------------|-----------------------|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
| | | | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| Hungry Horse Main Menu - Autumn Winter 2025 | Perfect Puds | Raspberry Coulis | 134 | 2% | 32 | 2% | 0.2 | 0% | 0.0 | 0% | 7.8 | 3% | 6.8 | 8% | 0.0 | 0% | 0.0 | 0% |
| Hungry Horse Main Menu - Autumn Winter 2025 | Perfect Puds | Baileys Caramel Sauce | 259 | 3% | 62 | 3% | 0.2 | 0% | 0.0 | 0% | 15.2 | 6% | 11.2 | 12% | 0.0 | 0% | 0.2 | 3% |