

GRAFTING IN THE KITCHEN

THE FESTIVE MENU

VS

AVAILABLE FROM 12TH NOVEMBER

NO-GLUTEN-CONTAINING INGREDIENTS MENU

Dishes on this menu are made with ingredients that do not intentionally contain gluten. However, due to the risk of cross-contamination from a range of ingredients within our kitchens, traces of gluten may be present. Please ensure a member of the team is aware that you are ordering from our No-Gluten-Containing Ingredients Menu. Please be aware our No-Gluten-Containing Menu items are not suitable for people with coeliac disease.

STARTERS

PRAWN COCKTAIL†

Prawns topped with Marie Rose sauce on a bed of lettuce. Served with seeded bread & butter and a lemon wedge (370 kcal)

TOMATO SOUP **V**

Tomato soup with seeded bread & butter (322 kcal)

VEGAN OPTION AVAILABLE **VE** (235 kcal)

MAINS

TURKEY WITH ALL THE TRIMMINGS

Hand-carved traditional turkey with mashed potato, seasonal veg, pig-in-blanket and gravy (796 kcal)

+ ADD EXTRA TURKEY (82 kcal) **£3.00**

+ ADD 3 EXTRA PIGS-IN-BLANKETS (316 kcal) **£3.49**

+ ADD 9 EXTRA PIGS-IN-BLANKETS (947 kcal) **£6.99**

STICKY CRANBERRY NUT ROAST **V N**

Filled with shredded root veg, cranberries, apricots and sweet potato, topped with a sticky cranberry glaze. Served with mashed potato, seasonal veg and gravy (725 kcal)

VEGAN OPTION AVAILABLE **VE N** (648 kcal)

8oz* RUMP STEAK +£2.00

Flame-grilled 28-day-matured steak, seasoned and cooked to your liking. Served on our sizzling skillet, with fried onions, a buttered jacket potato, peas, grilled tomato and a jug of peppercorn sauce (984 kcal)

If you'd prefer a plate, please ask when ordering†

+ UPGRADE TO AN 8oz* SIRLOIN STEAK (917 kcal) **+£4.00**

+ UPGRADE TO AN 11oz* TOMA-PORK (1184 kcal) **+£5.00**

SALMON WITH HOLLANDAISE†

Grilled salmon fillet with mashed potato, seasonal veg and a jug of hollandaise sauce (954 kcal)

DESSERTS

FESTIVE FRUIT CRUMBLE **V**

A warm, fruity crumble packed with apple and black cherry (428 kcal), served with your choice of vanilla flavour ice cream (97 kcal) or custard (87 kcal)

VEGAN OPTION AVAILABLE **VE** (637 kcal)

WHITE CHOCOLATE & RASPBERRY CHEESECAKE **V**

Vanilla cheesecake drizzled with raspberry coulis and white chocolate flavour sauce. Served with vanilla flavour ice cream, crushed meringue and berries (694 kcal)

Adults need around 2000 kcal a day

GRAFTING IN THE KITCHEN

THE
FESTIVE
KIDS' MENU



AVAILABLE FROM 12TH NOVEMBER

NO-GLUTEN-CONTAINING INGREDIENTS MENU

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STARTERS

TOMATO SOUP **V**

Tomato soup with seeded bread & butter
(322 kcal/11.2g sugar/1.97g salt)

VEGAN OPTION AVAILABLE **VE**
(235 kcal/11.2g sugar/1.75g salt)

CORN ON THE COB **VE** (65 kcal/4.2g sugar/0.01g salt)

CUCUMBER STICKS **VE**

Served with an Italian-style tomato sauce
(36 kcal/4.1g sugar/0.13g salt)

MAINS

TURKEY WITH ALL THE TRIMMINGS

Hand-carved traditional turkey with mashed potato, seasonal veg, pig-in-blanket and gravy
(418 kcal/5.1g sugar/2.73g salt)

STICKY CRANBERRY NUT ROAST **V N**

Filled with shredded root veg, cranberries, apricots and sweet potato, topped with a sticky cranberry glaze. Served with mashed potato, seasonal veg and gravy
(363 kcal/11.2g sugar/2.51g salt)

TOMATO PASTA **VE**

Rigatoni pasta in an Italian-style tomato sauce. Served with a mini jacket potato and salad
(340 kcal/10.4g sugar/0.33g salt)

DESSERTS

VEGAN ICE CREAM **VE**

Vegan ice cream, berries and strawberry flavour sauce (253 kcal/27.8g sugar/0.11g salt)

FRUITY MANIA SUNDAE **V**

One scoop of vanilla flavour ice cream and one scoop of strawberry frozen yoghurt. Topped with peach, pear and berries and served with strawberry flavour sauce
(307 kcal/55.6g sugar/0.07g salt)

DRINKS

GLASS OF MILK (134 kcal/14.0g sugar/0.56g salt)

INNOCENT JUICY WATER APPLE & MANGO (56 kcal)

INNOCENT JUICY WATER APPLE & STRAWBERRY (64kcal)

UNLIMITED TAP WATER (0kcal)

8oz Rump Steak available in promotion with £2 supplement

Terms & Conditions:

You can view our allergen information if you download our app, or visit our website at <https://www.greeneking.co.uk/allergens>
Adults need around 2000 kcal a day. Dishes on this menu are made with ingredients that do not intentionally contain gluten. However, due to the risk of cross-contamination from a range of ingredients within our kitchens, traces of gluten may be present. Please ensure a member of the team is aware that you are ordering from our No-Gluten-Containing Menu. Please advise the team of any dietary requirements before ordering. **N** Dish contains nuts. **V** Suitable for vegetarians. **VE** Suitable for vegans. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross-contamination. We do not include 'may contain' information. Our menu descriptors do not list all ingredients. Some dishes may contain alcohol which is not listed on the menu. *All stated weights are approximate before cooking. 'Sizzling skillet dishes come without fried onions when served on a plate. 'Fish, poultry and shellfish dishes may contain bones and/or shell. Please be aware the allergen information for our dishes may change between the date of booking and the date of your visit. We would advise all of our guests to contact a member of the team on the date of their visit to confirm the allergen information of their selected meals. If any products are not available on the day, a suitable alternative will be offered. Calorie counts are correct at time of print. Children between 5-10 years old need around 1800 calories a day, this will vary by age and level of activity, some children will need less, and some will need more. Please be aware our No-Gluten-Containing Menu items are not suitable for people with coeliac disease. This information has been provided to allow you to make an informed choice when dining with us. Photography is for guidance only. Products are subject to availability at the price point advertised. We reserve the right to withdraw/change the offer (without notice) at any time. Festive Feast menu available from 12th November 2026 - 3rd January 2027. All prices are in GBP and are inclusive of VAT. Should the VAT rate change, menu pricing will be adjusted accordingly. Manager's decision is final. Promoter: Greene King Brewing and Retailing Ltd, Sunrise House, Ninth Avenue, Burton upon Trent, Staffordshire, DE14 3JZ. Please refer to <https://www.greeneking.co.uk/pubs-restaurants-hotels/flaming-grill/terms-and-conditions> for full terms & conditions and details on refunds & cancellations. Bookings are subject to change – please see our website for up-to-date guidance and policies at the time of your booking. **All tips are paid in full to our team members.**

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FULL ALLERGEN
INFORMATION



CHRISTMAS AT
FLAMING
GRILL

★ NO CONTEST ★