

# KIDS



## PICK & MIX

MAIN + 2 VEGGIES, OR MAIN + VEGGIE + SIDE FOR £4.45

### PORK SAUSAGES & GRAVY

Two Cumberland pork sausages and gravy (362 kcal/0.6g Sugar/3.14g Salt)

Add an extra

**Cumberland Pork Sausage** 1.00  
(169 kcal/0.3g Sugar/0.97g Salt)

### VEGAN SAUSAGES & GRAVY **VE**

Two meat-free sausages and gravy (247 kcal/2.0g Sugar/2.73g Salt)

Add an extra

**Meat-Free Sausage **VE**** 1.00  
(112 kcal/1.0g Sugar/0.76g Salt)

### SOUTHERN FRIED CHICKEN TENDERS†

Three southern fried chicken tenders (329 kcal/0.5g Sugar/1.30g Salt)

### TOMATO PASTA **VE**

Rigatoni tossed in a tomato sauce (229 kcal/3.3g Sugar/0.53g Salt)

Add **Grated Cheese **V**** 50P  
(167 kcal/0.0g Sugar/0.80g Salt)

Add **Sliced Cumberland Pork Sausage** 1.00  
(169 kcal/0.3g Sugar/0.97g Salt)

Add **Sliced Meat-Free Sausage **VE**** 1.00  
(112 kcal/1.0g Sugar/0.76g Salt)

### BEEF BURGER

3oz\* beef burger with lettuce in a bun (325 kcal/4.9g Sugar/1.17g Salt)

Add a **Burger Cheese Slice** 50P  
(40 kcal/0.4g Sugar/0.40g Salt)

## VEGGIES

**GARDEN PEAS **VE** **I****  
(60 kcal/6.0g Sugar/0.0g Salt)

**BAKED BEANS **VE****  
(74 kcal/3.6g Sugar/0.36g Salt)

**CUCUMBER STICKS **VE** **I****  
(9 kcal/0.8g Sugar/0.0g Salt)

## SIDES

**CHIPS **V****  
(266 kcal/0.0g Sugar/0.36g Salt)

**MASHED POTATO **VE****  
(164 kcal/1.5g Sugar/1.05g Salt)

**JACKET POTATO **VE****  
(194 kcal/4.0g Sugar/0.03g Salt)

**GARLIC BREAD **V****  
(217 kcal/1.1g Sugar/0.52g Salt)

## MAINS

**FISH & CHIPS† **Z**** 5.45

Hand-battered haddock served with chips, garden peas and cucumber sticks (575 kcal/7.0g Sugar/0.95g Salt)

**SWAP Chips**  
(226 kcal/0.0g Sugar/0.36g Salt)

**for a Jacket Potato**  
(194 kcal/4.0g Sugar/0.03g Salt)

**MAC & CHEESE **V** **Z**** 5.45

Served with garden peas and cucumber sticks (384 kcal/8.8g Sugar/2.17g Salt)

**ITALIAN CHICKEN **Z**** 5.45

Grilled chicken topped with melted cheese and tomato sauce, with chips, garden peas and cucumber sticks (569 kcal/9.9g Sugar/1.94g Salt)

**SWAP Chips**  
(226 kcal/0.0g Sugar/0.36g Salt)

**for a Jacket Potato**  
(194 kcal/4.0g Sugar/0.03g Salt)

**ADD A DESSERT & DRINK FOR £1.50**

# DESSERTS



## CHOCOLATE BROWNIE **V**

1.95

Served warm with Jersey clotted cream ice cream and a drizzle of chocolate flavour sauce  
(347 kcal/38.6g Sugar/0.07g Salt)

## ICE CREAM **V**

ONE SCOOP 95p TWO SCOOPS 1.45

### CHOOSE YOUR FLAVOUR:

(Calories are shown per scoop)

**Jersey Clotted Cream** (126 kcal/12.4g Sugar/0.11g Salt)

**Chocolate Flavour** (113 kcal/14.3g Sugar/0.08g Salt)

**Frozen Strawberry Flavour Yoghurt**

(88 kcal/15.2g Sugar/0.05g Salt)

### CHOOSE YOUR SAUCE:

**Chocolate Flavour** (28 kcal/4.7g Sugar/0.0g Salt)

**Strawberry Flavour** (32 kcal/7.5g Sugar/0.0g Salt)

**Vegan option available **VE**** (180 kcal/22.0g Sugar/0.07g Salt)

# DRINKS

## FRUIT SHOOT

Orange (17 kcal)

Apple & Blackcurrant (11 kcal)

**ORANGE JUICE** (103 kcal)

**APPLE JUICE** (108 kcal)

**MILK** (134 kcal)



## ORDER, PAY & EARN REWARDS ON OUR APP

**V** Vegetarian **VE** Vegan † May contain bones and/or shell

**1** Contains 1 of your 5 a day **2** Contains 2 of your 5 a day

1 of your 5 a day = 40-60g fruit or vegetables

**ALL TIPS ARE PAID IN FULL TO OUR TEAM MEMBERS**



### SCAN FOR ALLERGEN INFORMATION

**YOU CAN VIEW OUR ALLERGEN INFORMATION IF YOU DOWNLOAD OUR APP, SCAN THE ALLERGENS QR CODE OR VISIT OUR WEBSITE AT BELHAVEN.CO.UK/ALLERGENS**

**Terms & Conditions:** Please advise the team of any dietary requirements before ordering. Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. We do not include 'may contain' information. **V** Suitable for vegetarians. **VE** Suitable for vegans. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. **f** Fish, poultry and shellfish dishes may contain bones and/or shell. \*All weights are approximate prior to cooking. Our menu descriptors do not include all ingredients. Calorie counts are correct at time of print. Please be aware the allergen information for our dishes may change between the date of booking and the date of your visit. We would advise all of our guests contact a member of the team on the date of their visit to confirm the allergen information of their selected meals. Children between 5-10 years old need around 1800 calories a day, this will vary by age and level of activity, some children will need less, and some will need more. This information has been provided to allow you to make an informed choice when dining with us. Menu available for children under 12 years only. Products & offers are subject to availability at the price point advertised. Deals and offers are only available on the days and times advertised on the menu and cannot be used in conjunction with any other offer. We reserve the right to remove any of our food deals on all UK Bank Holidays, Christmas Eve & New Year's Eve. Please ask a member of the team before placing your order on these days if you have any queries. All prices are in GBP and are inclusive of VAT. Should the VAT rate change, menu pricing will be adjusted accordingly. Manager's decision is final. Promoter: Greene King Brewing and Retailing Ltd, Sunrise House, Ninth Avenue, Burton upon Trent, Staffordshire, DE14 3JZ.