

# BREAKFAST

## CONTINENTAL

A selection of pastries, breads, cereals, fruit, yoghurt & preserves with hot and cold drinks.

## COOKED

### OUR EGGS BENEDICT

Toasted bloomer with bacon, two poached eggs, spinach, grilled mushroom & smoked hollandaise 668kcal (N)

### SMASHED AVOCADO ON TOAST

Toasted bloomer topped with smashed avocado & seeds. Served with grilled tomato 524kcal (V) (N)

**WHY STOP there** Add poached 77kcal or scrambled 157kcal free-range eggs (V)

### SMOKED SALMON & EGGS

Toasted bloomer with smoked salmon and lemon & dill yoghurt 339kcal. Choose from poached 77kcal or scrambled 157kcal free-range eggs (T) (N)

### VEGGIE BREAKFAST

Two veggie sausages, hash brown, smashed avocado, grilled mushroom, baked beans, grilled tomato & toasted bloomer 880kcal. Choose from poached 77kcal, scrambled 157kcal or fried 136kcal free-range eggs (V)

### PLANT-BASED BREAKFAST

Two vegan sausages, hash brown, spinach, grilled mushroom, baked beans, grilled tomato & toasted bloomer. 910kcal (VE)

### FULL BREAKFAST

Two rashers of back bacon, two Cumberland sausages, hash brown, grilled mushroom, baked beans, grilled tomato & toasted bloomer 1110kcal. Choose from poached 77kcal, scrambled 157kcal or fried 136kcal free-range eggs

### FARMER'S BREAKFAST

Potato hash with free-range scrambled egg, smoked streaky bacon, spinach, Cheddar & paprika. Served with baked beans 1076kcal

## LITTLE ONES

Our classics made a little smaller for younger appetites.

### CHILDREN'S BREAKFAST

Back bacon, Cumberland sausage, hash brown, baked beans and a slice of toasted bloomer 752kcal. Choose from poached 77kcal, scrambled 157kcal or fried 136kcal free-range eggs

### CHILDREN'S VEGGIE BREAKFAST

Veggie sausage, hash brown, baked beans, grilled mushroom and a slice of toasted bloomer 609kcal. Choose from poached 77kcal, scrambled 157kcal or fried 136kcal free-range eggs (V)

### CHILDREN'S TOPPED TOAST

116kcal. Top with poached 77kcal, scrambled 157kcal or fried 136kcal free-range eggs or baked beans 82kcal (V)

### CHILDREN'S PLANT-BASED BREAKFAST

Two vegan sausages, hash brown, baked beans, grilled mushroom & spinach and a slice of toasted bloomer 767kcal (VE)

### CHILDREN'S PANCAKES STACK

Topped with Greek-style yoghurt, berries and maple-flavour syrup 344kcal (V)

Adults need around 2000kcal a day.

(V) Suitable for vegetarians.

(N) Choose these for lighter options (under 900kcal).

(N) Dish contains nuts.

(T) Bones and/or shell.

(VE) Suitable for vegans.

You can get our full allergen information on our website, or by scanning the QR code. If you'd like help, ask one of our team. Please tell our team of any dietary requirements before you order. As we prepare dishes in kitchens where nuts, dairy, gluten & other allergens are present, we can't guarantee that any food or drink is free from traces of allergens. We don't include 'may contain' information, and some of our dishes may contain alcohol not listed on the menu. We don't operate dedicated vegetarian or vegan kitchen areas. All stated weights are approximate prior to cooking.

Menu descriptions don't include all ingredients & calorie counts are accurate at the time of printing.

Chef & Brewer is a trading name of Greene King Brewing and Retailing Ltd, Sunrise House, Ninth Avenue, Burton Upon Trent, DE14 3JZ

Scan here for full allergen information



