FOLLY INN



DAYTIME MENU

NO-GLUTEN-CONTAINING

AVAILABLE FROM 12PM-5PM

Dishes on this menu are made with ingredients that do not intentionally contain gluten. Due to the risk of cross-contamination we cannot guarantee our dishes are 100% free from gluten. Please ensure a member of the team is aware you are ordering from our No-Gluten-Containing Menu

Small Plates

ENJOY 3 FOR £18 OR 5 FOR £25

HOUMOUS AND BREAD (ve) 6.49 Green pea houmous with toasted seeds and toasted bread (491 Kcal)

HERB BUTTER KING PRAWNS[†] 8.49 Spring onion, vine tomatoes (247 Kcal) CHAR-GRILLED CHICKEN SKEWERS 6.99 With mango, chilli & pineapple sauce (477 Kcal)

CREAMY GARLIC MUSHROOMS (V) 6.49 Mushrooms and spinach, creamy garlic sauce, topped with cheese (335 Kcal)

Light Bites

CAESAR SALAD (v) 9.49 Baby gem lettuce, shaved Italian cheese and Caesar dressing (399 Kcal) ADD CHICKEN 2.00 (229 Kcal) SMOKED SALMON OPEN SANDWICH[†] 8.99 Served with dill sour cream on toasted bread, topped with pickles, pea shoots and a honey & mustard dressing (555 Kcal)

Folly Favourites

GRILLED SALMON FILLET[†] 18.99 Topped with three tail-on kings prawns, roasted baby potatoes roasted butternut

roasted baby potatoes, roasted butternut squash, peppers and courgettes, drizzled with parsley & garlic dressing (992 Kcal) SEA BASS RISOTTO[†] 15.49 Two grilled sea bass fillets served on a mint, pea and courgette risotto (850 Kcal)

From the Grill

FOLLY SIGNATURE BURGER 16.99

Hand-pressed beef burger in a bun, Barbers Vintage Cheddar, maple drizzled smoked streaky bacon, with truffle mayo, side salad and coleslaw (1321 Kcal) GOURMET BEYOND® BURGER (V) 14.99 In a bun topped with char-grilled peppers, guacamole and tomato salsa. Served with a side salad and coleslaw (969 Kcal)

HUNTER'S CHICKEN 14.49

Char-grilled chicken breast topped with smoked streaky bacon, melted cheese and BBQ sauce. Served with minted, buttered baby potatoes and coleslaw (737 Kcal) Our steaks are from grass-fed beef, matured for a minimum of 28 days, making them wonderfully tender, lean and full of flavour. All our steaks are served with half a grilled tomato and topped with parsley butter. Served with either minted, buttered baby potatoes (222 kcal) or dressed side salad (215 kcal)

Steaks

8oz* RUMP STEAK (1056 Kcal) 16.49

8oz* SIRLOIN STEAK (1100 Kcal) 19.99

10oz* RIBEYE (1282 Kcal) 21.49

Steak Sides

CREAMY PEPPERCORN & BRANDY SAUCE (104 Kcal) 1.99

BÉARNAISE SAUCE (184 Kcal) 1.99

ARGENTINIAN STEAK SAUCE (280 Kcal) 1.99

Add three grilled tail-on king prawns with parsley butter[†] (73 Kcal) 3.79

Add slow-cooked beef burnt ends in BBQ sauce (178 Kcal) 2.79

Sides

SAMPHIRE (ve) 2.49 (9 Kcal)

DRESSED HOUSE SALAD (v) 2.79 (215 Kcal) VEGAN OPTION AVAILABLE (ve) (186 Kcal)

Desserts

LUXURY ICE CREAM & SORBET (V) 5.49 Your choice of three scoops from the following flavours: chocolate with Belgian truffle (155 Kcal), clotted cream (126 Kcal), strawberry (147 Kcal), raspberry sorbet (88 Kcal). Served with a chocolate pencil (22 Kcal) VEGAN OPTION AVAILABLE (ve) (370 Kcal)

ETON MESS SUNDAE (V) 7.49 Clotted cream ice cream, crushed meringue, raspberry coulis and fresh strawberries & cream (431 Kcal)

STRAWBERRY CHEESECAKE (V) 7.49 Fresh strawberries with raspberry coulis (675 kcal)

Adults need around 2000 kcal a day

Please advise the team of any dietary requirements before ordering. (v) Suitable for Vegetarians. (ve) Suitable for Vegans. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. †Fish, poultry and shellfish dishes may contain bones and/or shell. Scampi may contain one or more tail per piece. *All stated weights are approximate before cooking. Our menu descriptions do not list all ingredients. Some dishes may contain alcohol. Please advise the team of any dietary requirements before ordering. Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. We do not include 'may contain' information. Calorie counts are correct at time of print.