FOLLY INN

DAYTIME MENU

AVAILABLE 12PM-5PM

Small Plates

ENJOY 3 FOR £18 OR 5 FOR £25

CRISPY BATTERED COD GOUJONS†6.99
With tartare sauce and lemon (557 Kcal)

HOUMOUS AND FLATBREAD (ve) 6.49 Green pea hoummos with toasted seeds and flatbread (541 Kcal) CRISPY SQUID[†] 7.49 With mango, chilli & pineapple sauce (408 Kcal)

HERB BUTTER KING PRAWNS[†] 8.49 Spring onion, vine tomatoes and ciabatta croutons (294 Kcal) CHAR-GRILLED CHICKEN SKEWERS 6.99
With mango, chilli &
pineapple sauce (477 Kcal)

HALLOUMI FRIES (v) 6.49 Spiced mayo and pickled red onion (425 Kcal)

CRISPY CAULIFLOWER BITES (v) 7.49 Topped with charred corn and spiced mayo (614 Kcal)

VEGAN OPTION AVAILABLE (ve) (427 Kcal)

CREAMY GARLIC MUSHROOMS (v) 6.49
Mushrooms and spinach, creamy garlic sauce, topped with cheese (335 Kcal)

Sharers

ANTIPASTI SHARER 15.99

Prosciutto, sliced salami Milano, Barbers Vintage Cheddar and Camembert, with ciabatta croûtes, grilled flatbread, pickled cucumber, green pea hoummos with toasted seeds (1696 Kcal)

SEAFOOD SHARER[†] 29.99

Smoked salmon, herb butter king prawns, crispy squid, king prawn cocktail, blanch bait, samphire, vintage cheddar and salmon fishcakes, sourdough bread, skin-on-fries, seafood sauce, chunky tartare sauce and mango, chilli & pineapple sauce (2173 Kcal)

Light Bites

COD GOUJON CIABATTA† 8.99

Cod goujons, baby gem lettuce and tartare sauce (893 Kcal)

TOASTED THREE
CHEESE CIABATTA (v) 7.49
with caramelised onion
chutney (650 Kcal)

FISH CAKES† 11.99

Dressed side salad and garlic & rosemary mayo (1002 Kcal)

SALMON & VINTAGE CHEDDAR

CAESAR SALAD (V) 9.49

Baby gem lettuce, sourdough croutons, shaved Italian cheese and Caesar dressing (498 Kcal) ADD CHICKEN 2.00 (228 Kcal) SMOKED SALMON OPEN SANDWICH[†] 8.99

On toasted sourdough, with dill sour cream topped with pickles and a honey & mustard dressing (468 Kcal)

Folly Favourites

MUSSELS WITH SKIN-ON-FRIES[†] 17.99

White wine and garlic sauce, skin-on-fries and sourdough with butter (1304 Kcal) HAND-BATTERED COD[†] 16.49

Hand-battered Atlantic cod, chips and tartare sauce (965 Kcal) and your choice of peas (71 Kcal) or mushy peas (89 Kcal) SOFT SHELL CRAB BURGER[†] 19.99

Hand-battered soft shell crab, spicy mayo, guacamole, skin-on-fries, onion rings and coleslaw (1264 Kcal)

WHOLETAIL SCAMPI† 13.99

Breaded wholetail scampi, chips, tartare sauce (1042 Kcal) and your choice of peas (71 Kcal) or mushy peas (89 Kcal)

GRILLED SALMON FILLET 18.99

Topped with three tail-on kings prawns, roasted baby potatoes, roasted butternut squash, peppers and courgettes, drizzled with parsley & garlic dressing (992 Kcal)

From the Grill

FOLLY SIGNATURE BURGER 16.99

Hand-pressed beef burger, Barbers Vintage Cheddar, maple drizzled smoked streaky bacon, with truffle mayo, skin-on-fries, onion rings and coleslaw (1766 Kcal) GOURMET BEYOND® BURGER (v) 14.99

Topped with Monterey Jack cheese, char-grilled peppers, guacamole and tomato salsa, skin-on-fries, onion rings and coleslaw (1389 Kcal) VEGAN OPTION AVAILABLE (ve) (1172 Kcal)

HUNTER'S CHICKEN 14.49

Char-grilled chicken breast topped with smoked streaky bacon, melted cheese and BBQ sauce, with chips, onion rings and coleslaw (1128 Kcal)

Steaks

Our steaks are from grass-fed beef, matured for a minimum of 28 days, making them wonderfully tender, lean and full of flavour. All of the following steaks are served with chips, half a grilled tomato, an onion nest and topped with parsley butter

8oz* RUMP STEAK
(1056 Kcal) 16.49

8oz* SIRLOIN STEAK
(1100 Kcal) 19.99

10oz* RIBEYE (1282 Kcal) 21.49

Steak Sides

CREAMY PEPPERCORN & BRANDY SAUCE (104 Kcal) 1.99

BÉARNAISE SAUCE (184 Kcal) 1.99 ARGENTINIAN STEAK SAUCE (280 Kcal) 1.99

Add three grilled tail-on king prawns with parsley butter[†] (73 Kcal) 3.79 Add slow-cooked beef burnt ends in BBQ sauce $$_{\rm (178\ Kcal)}\ 2.79$

Sides

CHIPS (V) 3.49 (428 Kcal)

SKIN-ON-FRIES (V) 3.49

ONION RINGS (V) 2.99 (371 Kcal)

GARLIC CIABATTA (V) 3.49
(365 Kcal)

(9 Kcal)

GARLIC CIABATTA WITH CHEESE (V) 3.99

(463 Kcal)

SAMPHIRE (VE) 2.49

DRESSED HOUSE SALAD (V) (215 Kcal) 2.79 VEGAN OPTION AVAILABLE (ve) (186 Kcal)

Desserts

TRIPLE CHOCOLATE BROWNIE (v) 6.99

Served warm with clotted cream ice cream and chocolate sauce

(710 Kcal)

STRAWBERRY SHORTBREAD CHEESECAKE (v) 7.49

Fresh strawberries, raspberry coulis & shortbread crumb (730 Kcal)

ETON MESS SUNDAE (v) 7.49 Clotted cream ice cream, crushed meringue, raspberry coulis and fresh strawberries & cream (431 Kcal)

Adults need around 2000 kcal a day