

#### You can view our allergen information if you download our app, or visit our website at greeneking-pubs.co.uk/flaming-grill/allergens

Terms & Conditions: Please advise the team of any dietary requirements before ordering. Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. We do not include 'may contain' information. O Dish contains nuts. O Suitable for vegatarias. O Suitable for vegatarias. O Suitable for vegatarias. O Suitable for vegans. Please note that we do not operate a dedicated vegetarian/ vegan kitchen area. Our menu descriptors do not include all ingredients. Some dishes may contain alcohol which is not listed on the menu. \*All weights are approximate prior to cooking. Metric equivalent 16oz = 11b = 454g. ±Sizzling skillet dishes come without fried onions when served on a plate. †Fish, poultry and shellfish dishes may contain hones and/or shell. ^Onion rings are made from chopped and reformed onions. Full nutrition information is available on our website. Please be aware the allergen information for our dishes may change between the date of booking and the date of your visit. We would advise all of our guests to contact a member of the atten on the date of their visit to confirm the allergen information of heir selected meals. Calorie counts are correct at time of print. Children between 5-10 years old need around 1800 calories a day, this will vary by age and level of activity, some children will need less, and some will need more. This information has been provided to allow you to make an informed choice when dining with us. Photography is for guidance only. Products are subject to availability at the price point advertised. We reserve the right to withdraw/change the offfer (without notice) at any time. All prices are in GBP and are inclusive of VAT. Should the VAT rate change, menu pricing will be adjusted accordingly. Gabbury is a registreed trademark of Mondele's International. Manager's decision is final. Promoter: Greene King Brewing and Retailin

Our Christmas Day menus are only available on 25th December 2024. No festive booking is confirmed until a deposit is received. Please speak to a member of the team at your chosen venue regarding maximum number of guests. Christmas Day bookings require a deposit of £10 per adult and £5 per child attending. If you need to cancel your booking, please contact us as soon as possible, as any meals not taken on the day may be charged, unless 7 days' notice is given.

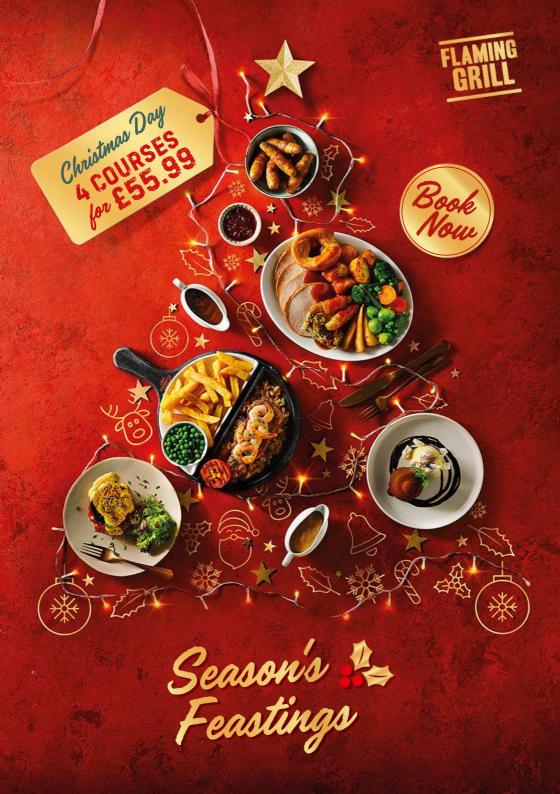
Pre-orders are really important during our busiest time of year, Christmas takes so much planning so please get your group's pre-orders in on time. Christmas Day pre-orders should be received no later than 11th December or within 48 hours (and no later than 18th December) if booking after this date. You'll be sent all the information on how to make your pre-order once you've booked. Please don't forget the allergens and dietary needs section, if we know all of this in advance then it's all smooth sailing. Finally, if you can bring your booking confirmation and any pre-order details with you, that would be great. We know it's easy to forget what you've ordered so it would be a massive help if one person in the group took control. We

are here to answer any of your questions or concerns, so please contact the pub if you need any more info or clarity.

Please refer to flaming-grill.co.uk for full terms & conditions and details on refunds & cancellations. Bookings are subject to change – please see our website for up-todate guidance and policies at the time of your booking.

#### PUB NAME

All tips are paid in full to our team members



## **4 COURSES** for £55.99 (PRE-BOOKING REDUIRED)

## Starters

#### **PRAWN COCKTAIL†**

Cold water prawns in Marie Rose sauce with baby gem lettuce leaves. Served with 2 grilled king prawns on the side, malted bloomer bread & butter and a lemon wedge (403 kcal)

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#### **GRILLED CHEESE & ALE** MUSHROOM CRUMPET V

Toasted sourdough crumpet topped with cranberry sauce and a flat field mushroom, loaded with a Cheddar cheese & ale sauce. Served with dressed salad leaves (358 kcal)

#### TURKEY WITH ALL THE TRIMMINGS

Traditional turkey with roasties, seasonal veg, sprouts, sausage meat stuffing, 2 pigs in blankets, Yorkshire pudding, a jug of gravy and cranberry sauce (1344 kcal)

#### SURF & TURF†

Flame-grilled 28 day matured 8oz\* sirloin steak seasoned with salt & pepper, on our sizzling skillet with fried onions. Cooked how you like it! Topped with 4 grilled king prawns in a garlic & herb glaze. Served with grilled tomato, chips and peas (1224 kcal) If you'd prefer a plate please ask when ordering‡

## Desserts

#### **RASPBERRY TRIFLE CHEESECAKE**

Vanilla sponge topped with a baked custard-flavoured cheesecake infused with raspberry sauce. Topped with whipped cream and white chocolate shavings. Served with vanilla flavour ice cream, strawberry pieces and strawberry flavour sauce (528 kcal)

#### CHOCOLATE & SALTED **CARAMEL BELL W**

A warm, melting chocolate fondant bell with a salted caramel centre. Served with vanilla flavour ice cream, meringue crumb and chocolate pencils (673 kcal)

#### **CHICKEN & HAM HOCK TERRINE** Served with dressed salad leaves, malted bloomer bread & butter and a red onion chutney dip (453 kcal)

#### MAPLE ROASTED ROOT VEG SOUP V

Carrots, parsnips and onions caramelised in a sweet maple-flavoured syrup, seasoned with festive spices and topped with a swirl of cream. Served with malted bloomer bread & butter (356 kcal)

VEGAN OPTION AVAILABLE VE (248 kcal)

Maina

#### **GRILLED SALMON†**

Served with new potatoes, peas, sprouts, carrots and a jug of smoky Hollandaise & chive sauce (693 kcal)

#### STICKY CRANBERRY NUT ROAST () ()

Filled with shredded root veg, cranberries, apricots and sweet potato, topped with a sticky cranberry glaze. Served with roasties, seasonal veg, sprouts, sage & onion stuffing, Yorkshire pudding and a jug of gravy (1370 kcal) VEGAN OPTION AVAILABLE (N VE (1058 kcal)

#### LEMON TART OF

Topped with vegan vanilla flavour ice cream. Served with strawberry pieces and strawberry flavour sauce (605 kcal)

#### CHRISTMAS PUDDING V

Served with your choice of custard (567 kcal) or brandy sauce (562 kcal)

#### **ICE CREAM**

Your choice of 3 ice cream scoops. Choose from vanilla flavour (97 kcal) or chocolate flavour (113 kcal) with your choice of strawberry flavour (32 kcal) or chocolate flavour sauce (28 kcal)

Ice cream calories shown per scoop VEGAN OPTION AVAILABLE VE (465 kcal)



A Mince Pie 🖤 (221 kcal) or a Chocolate Mocha Mousse Torte 🕫 (113 kcal) Served with your choice of tea (0 kcal) or coffee (2 kcal)

Adults need around 2000 kcal a day

# 3 COURSES for £19.99

(PRE-BOOKING REQUIRED)

Starters

#### **VEGGIE DIP STICKS**

Chainen Davy

Carrot and cucumber sticks with a tomato dip (49 kcal / 6.3g Sugar / 0.3g Salt)

#### **TURKEY WITH ALL THE TRIMMINGS**

Traditional turkey with roasties, seasonal veg, sprouts, sage & onion stuffing, a pig in blanket, Yorkshire pudding and a jug of gravy (612 kcal / 9.8g Sugar / 2.46g Salt)

#### STICKY CRANBERRY NUT ROAST O

Filled with shredded root veg, cranberries, apricots and sweet potato, topped with a sticky cranberry glaze. Served with roasties, seasonal veg, sprouts, sage & onion stuffing and a jug of gravy (640 kcal / 24g Sugar / 1.9lg Salt)

#### ICE CREAM W

Your choice of 2 ice cream scoops: >> VANILLA FLAVOUR (97 kcal / 13.6g Sugar / 0.02g Salt) » CHOCOLATE FLAVOUR (113 kcal / 14.3g Sugar / 0.08g Salt) **» LEMON SORBET** (85 kcal / 16.8g Sugar / 0g Salt) **» FROZEN STRAWBERRY FLAVOUR YOGHURT** (88 kcal / 15.2g Sugar / 0.05g Salt) Your choice of sauce: » STRAWBERRY FLAVOUR (32 kcal / 7.5g Sugar / 0g Salt) » CHOCOLATE FLAVOUR (28 kcal / 5.5g Sugar / Og Salt) Ice cream calories shown per scoop **VEGAN OPTION AVAILABLE** (289 kcal / 33.2g Sugar / 0.04g Salt)

#### **CHICKEN STRIPS†**

4 chicken strips in a Louisiana-style coating with a cranberry BBQ dip (338 kcal / 11.1g Sugar / 1.53g Salt)

## Mains

#### **6 CHICKEN NUGGETS†**

Served with chips and baked beans (603 kcal / 5.3g Sugar / 1.79g Salt)

6 VEGGIE NUGGETS C Served with chips and baked beans (563 kcal / 8g Sugar / 2.08g Salt)

**3 PORK SAUSAGES** Served with mash, garden peas and a jug of gravy (603 kcal / 11g Sugar / 3.31g Salt)

**BEEF BURGER** Served with chips and corn on the cob (612 kcal / 5.7g Sugar / 0.98g Salt)

### Desserts

#### **GOOEY CHOCOLATE BROWNIE**

Served warm with a scoop of vanilla flavour ice cream and chocolate flavour sauce (397 kcal / 47.6g Sugar / 0.12g Salt)

#### FRUIT SALAD

Peach, pear and strawberry pieces (78 kcal / 17.2g Sugar / 0g Salt)

#### DIPPIN' PROFITEROLES (V)

5 profiteroles dusted with icing sugar. Served with strawberry flavour and chocolate flavour sauces for dunking and crushed Cadbury<sup>®</sup> Flake & meringue crumbs for dipping (445 kcal / 45g Sugar / 0.10g Salt)