

# The Folly Core Menu Nutritional Information 2023



## Key & Interpreting the data

The figures below highlight the nutrition values for each complete dish as listed on the menu.

The RI columns indicates the % of recommended Reference Intakes (RI) for an average adult (8400 KJ/ 2000 kcal per day) for each nutrient. They are based on official recommendations for an average adult, doing an average amount of physical activity. These are intended as a guide, not a target.

Figures are typical for that dish and may vary slightly as a result of manufacturing tolerances and cooking assembly.

Where there are options available, these will appear underneath the corresponding dish, please add the nutrition for the choice to the total dish.

| Reference Intakes (RIs) of an average adult |                         |
|---------------------------------------------|-------------------------|
| <i>Nutrient</i>                             | <i>Reference Intake</i> |
| Energy (kj/kcal)                            | 8400kj / 2000kcal       |
| Fat (g)                                     | 70g                     |
| Saturates (g)                               | 20g                     |
| Carbohydrates (g)                           | 260g                    |
| Sugars (g)                                  | 90g                     |
| Protein (g)                                 | 50g                     |
| Salt (g)                                    | 6g                      |

| Menu                       | Menu Cat.          | Dish Name                                                    | Energy (KJ) |                    | Energy (kcal) |                    | Fat (g)     |                    | Saturated Fat (g) |                    | Carbohydrates (g) |                    | Sugars (g)  |                    | Protein (g) |                    | Salt (g)    |                    |
|----------------------------|--------------------|--------------------------------------------------------------|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
|                            |                    |                                                              | Per Serving | % Reference Intake | Per Serving   | % Reference Intake | Per Serving | % Reference Intake | Per Serving       | % Reference Intake | Per Serving       | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| The Folly - SS23 Core Menu | Starters & Sharers | Crispy Squid                                                 | 1833        | 22%                | 435           | 22%                | 13.6        | 19%                | 2.3               | 12%                | 13.4              | 5%                 | 7.7         | 9%                 | 12.2        | 24%                | 2.64        | 44%                |
| The Folly - SS23 Core Menu | Starters & Sharers | Creamy Garlic Mushrooms                                      | 2182        | 26%                | 522           | 26%                | 35.8        | 51%                | 11.1              | 56%                | 33.1              | 13%                | 7.0         | 8%                 | 16.6        | 33%                | 2.81        | 47%                |
| The Folly - SS23 Core Menu | Starters & Sharers | Char-Grilled Chicken Skewers                                 | 1993        | 24%                | 476           | 24%                | 31.8        | 45%                | 4.6               | 23%                | 19.0              | 7%                 | 18.0        | 20%                | 27.4        | 55%                | 1.50        | 25%                |
| The Folly - SS23 Core Menu | Starters & Sharers | Bang Bang Cauliflower                                        | 2581        | 31%                | 621           | 31%                | 56.7        | 81%                | 19.4              | 97%                | 19.6              | 8%                 | 11.1        | 12%                | 7.1         | 14%                | 1.85        | 31%                |
| The Folly - SS23 Core Menu | Starters & Sharers | Vegan Bang Bang Cauliflower                                  | 1810        | 22%                | 433           | 22%                | 27.2        | 39%                | 1.6               | 8%                 | 37.0              | 14%                | 6.5         | 7%                 | 7.0         | 14%                | 2.95        | 49%                |
| The Folly - SS23 Core Menu | Starters & Sharers | Antipasti Sharing Board                                      | 7823        | 93%                | 1868          | 93%                | 108.6       | 155%               | 47.3              | 237%               | 132.9             | 51%                | 63.5        | 71%                | 86.7        | 173%               | 10.67       | 178%               |
| The Folly - SS23 Core Menu | Starters & Sharers | King Prawn Cocktail                                          | 1462        | 17%                | 350           | 17%                | 18.2        | 26%                | 3.3               | 16%                | 28.1              | 11%                | 5.8         | 6%                 | 16.5        | 33%                | 1.87        | 31%                |
| The Folly - SS23 Core Menu | Starters & Sharers | Oak Smoked Salmon                                            | 810         | 10%                | 194           | 10%                | 10.1        | 14%                | 3.3               | 17%                | 4.2               | 2%                 | 3.2         | 4%                 | 20.5        | 41%                | 2.14        | 36%                |
| The Folly - SS23 Core Menu | Taste of the Tides | Hand-battered Cod - Please select your choice from the below | 5406        | 64%                | 1291          | 65%                | 64.2        | 92%                | 25.8              | 129%               | 113.8             | 44%                | 6.5         | 7%                 | 55.0        | 110%               | 2.20        | 37%                |
| The Folly - SS23 Core Menu | Taste of the Tides | Peas                                                         | 295         | 4%                 | 71            | 4%                 | 0.9         | 1%                 | 0.0               | 0%                 | 9.4               | 4%                 | 6.0         | 7%                 | 5.1         | 10%                | 0.00        | 0%                 |
| The Folly - SS23 Core Menu | Taste of the Tides | Mushy Peas                                                   | 372         | 4%                 | 89            | 4%                 | 0.0         | 0%                 | 0.0               | 0%                 | 14.0              | 5%                 | 1.0         | 1%                 | 6.0         | 12%                | 0.50        | 8%                 |
| The Folly - SS23 Core Menu | Taste of the Tides | Wholetail Scampi - Please select your choice from the below  | 4368        | 52%                | 1041          | 52%                | 44.9        | 64%                | 9.3               | 47%                | 127.9             | 49%                | 4.9         | 5%                 | 27.1        | 54%                | 1.96        | 33%                |
| The Folly - SS23 Core Menu | Taste of the Tides | Peas                                                         | 295         | 4%                 | 71            | 4%                 | 0.9         | 1%                 | 0.0               | 0%                 | 9.4               | 4%                 | 6.0         | 7%                 | 5.1         | 10%                | 0.00        | 0%                 |

| Menu                       | Menu Cat.          | Dish Name                                                        | Energy (KJ) |                    | Energy (kcal) |                    | Fat (g)     |                    | Saturated Fat (g) |                    | Carbohydrates (g) |                    | Sugars (g)  |                    | Protein (g) |                    | Salt (g)    |                    |
|----------------------------|--------------------|------------------------------------------------------------------|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
|                            |                    |                                                                  | Per Serving | % Reference Intake | Per Serving   | % Reference Intake | Per Serving | % Reference Intake | Per Serving       | % Reference Intake | Per Serving       | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| The Folly - SS23 Core Menu | Taste of the Tides | Mushy Peas                                                       | 372         | 4%                 | 89            | 4%                 | 0.0         | 0%                 | 0.0               | 0%                 | 14.0              | 5%                 | 1.0         | 1%                 | 6.0         | 12%                | 0.50        | 8%                 |
| The Folly - SS23 Core Menu | Taste of the Tides | Grilled Salmon Fillet - Please select your choice from the below | 4177        | 50%                | 998           | 50%                | 73.5        | 105%               | 11.7              | 59%                | 34.0              | 13%                | 10.0        | 11%                | 43.6        | 87%                | 2.64        | 44%                |
| The Folly - SS23 Core Menu | Taste of the Tides | Sea Bass & Seared Scallops Risotto                               | 4145        | 49%                | 991           | 50%                | 49.8        | 71%                | 8.4               | 42%                | 67.1              | 26%                | 7.1         | 8%                 | 51.4        | 103%               | 5.49        | 92%                |
| The Folly - SS23 Core Menu | Taste of the Tides | Mussels with Skin on Fries                                       | 5509        | 66%                | 1317          | 66%                | 55.9        | 80%                | 27.1              | 136%               | 135.8             | 52%                | 5.6         | 6%                 | 60.7        | 121%               | 8.36        | 139%               |
| The Folly - SS23 Core Menu | Crew Pots          | Crew Pots - Chickpea Keralan Curry                               | 2983        | 36%                | 713           | 36%                | 13.1        | 19%                | 6.4               | 32%                | 118.3             | 46%                | 6.8         | 8%                 | 24.9        | 50%                | 3.31        | 55%                |
| The Folly - SS23 Core Menu | Crew Pots          | Crew Pots - Cod & King Prawn Chowder                             | 3842        | 46%                | 918           | 46%                | 44.5        | 64%                | 8.8               | 44%                | 74.3              | 29%                | 18.7        | 21%                | 52.8        | 106%               | 5.97        | 100%               |
| The Folly - SS23 Core Menu | Crew Pots          | Crew Pots - Pulled Beef Stew                                     | 5118        | 61%                | 1223          | 61%                | 54.6        | 78%                | 14.8              | 74%                | 89.0              | 34%                | 15.7        | 17%                | 79.8        | 160%               | 6.66        | 111%               |
| The Folly - SS23 Core Menu | Steaks             | 8oz Sirloin Steak                                                | 4676        | 56%                | 1116          | 56%                | 59.8        | 85%                | 14.5              | 72%                | 92.2              | 35%                | 9.0         | 10%                | 44.2        | 88%                | 2.60        | 43%                |
| The Folly - SS23 Core Menu | Steaks             | 8oz Rump Steak                                                   | 4492        | 53%                | 1071          | 54%                | 55.6        | 79%                | 12.3              | 62%                | 92.2              | 35%                | 9.0         | 10%                | 42.8        | 86%                | 2.57        | 43%                |
| The Folly - SS23 Core Menu | Steaks             | 10oz Ribeye Steak                                                | 5436        | 65%                | 1297          | 65%                | 79.0        | 113%               | 23.3              | 116%               | 92.2              | 35%                | 9.0         | 10%                | 46.8        | 94%                | 2.56        | 43%                |
| The Folly - SS23 Core Menu | Classics           | Jack 'n' Guac Beyond Burger                                      | 5853        | 70%                | 1400          | 70%                | 78.4        | 112%               | 19.0              | 95%                | 127.2             | 49%                | 20.5        | 23%                | 38.3        | 77%                | 4.60        | 77%                |
| The Folly - SS23 Core Menu | Classics           | Vegan Jack 'n' Guac Beyond Burger                                | 4905        | 58%                | 1172          | 59%                | 70.8        | 101%               | 14.1              | 70%                | 98.0              | 38%                | 17.0        | 19%                | 30.7        | 61%                | 4.28        | 71%                |
| The Folly - SS23 Core Menu | Classics           | Char-grilled Skewers - Chicken                                   | 5461        | 65%                | 1305          | 65%                | 52.2        | 75%                | 13.9              | 70%                | 140.4             | 54%                | 15.7        | 17%                | 64.4        | 129%               | 4.75        | 79%                |
| The Folly - SS23 Core Menu | Classics           | Char-grilled Skewers - Black Tiger Prawns                        | 5273        | 63%                | 1258          | 63%                | 50.8        | 73%                | 13.2              | 66%                | 140.1             | 54%                | 15.4        | 17%                | 45.8        | 92%                | 5.37        | 90%                |

| Menu                       | Menu Cat.   | Dish Name                                              | Energy (KJ) |                    | Energy (kcal) |                    | Fat (g)     |                    | Saturated Fat (g) |                    | Carbohydrates (g) |                    | Sugars (g)  |                    | Protein (g) |                    | Salt (g)    |                    |
|----------------------------|-------------|--------------------------------------------------------|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
|                            |             |                                                        | Per Serving | % Reference Intake | Per Serving   | % Reference Intake | Per Serving | % Reference Intake | Per Serving       | % Reference Intake | Per Serving       | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| The Folly - SS23 Core Menu | Classics    | Char-grilled Skewers - Halloumi                        | 6077        | 72%                | 1452          | 73%                | 74.1        | 106%               | 27.5              | 138%               | 142.7             | 55%                | 18.1        | 20%                | 49.6        | 99%                | 7.46        | 124%               |
| The Folly - SS23 Core Menu | Classics    | Char-grilled Skewers - Vegan Kofta                     | 5509        | 66%                | 1316          | 66%                | 73.3        | 105%               | 9.8               | 49%                | 123.8             | 48%                | 14.2        | 16%                | 35.4        | 71%                | 5.33        | 89%                |
| The Folly - SS23 Core Menu | Classics    | Char-grilled Skewers - Chicken - Go Lighter            | 3559        | 42%                | 850           | 42%                | 29.0        | 41%                | 8.5               | 43%                | 86.0              | 33%                | 23.8        | 26%                | 58.5        | 117%               | 3.70        | 62%                |
| The Folly - SS23 Core Menu | Classics    | Char-grilled Skewers - Black Tiger Prawns - Go Lighter | 3372        | 40%                | 803           | 40%                | 27.6        | 39%                | 7.8               | 39%                | 85.6              | 33%                | 23.5        | 26%                | 39.9        | 80%                | 4.33        | 72%                |
| The Folly - SS23 Core Menu | Classics    | Char-grilled Skewers - Halloumi - Go Lighter           | 4175        | 50%                | 997           | 50%                | 50.9        | 73%                | 22.1              | 110%               | 88.3              | 34%                | 26.2        | 29%                | 43.7        | 87%                | 6.41        | 107%               |
| The Folly - SS23 Core Menu | Classics    | Char-grilled Skewers - Vegan Kofta - Go Lighter        | 4085        | 49%                | 975           | 49%                | 54.5        | 78%                | 8.9               | 44%                | 86.4              | 33%                | 20.6        | 23%                | 31.1        | 62%                | 4.12        | 69%                |
| The Folly - SS23 Core Menu | Classics    | Hunter's Chicken                                       | 4705        | 56%                | 1122          | 56%                | 44.2        | 63%                | 7.7               | 38%                | 108.4             | 42%                | 25.7        | 29%                | 60.6        | 121%               | 3.49        | 58%                |
| The Folly - SS23 Core Menu | Classics    | Chicken & Ham Hock Pie                                 | 4291        | 51%                | 1026          | 51%                | 55.2        | 79%                | 27.0              | 135%               | 64.6              | 25%                | 13.9        | 15%                | 62.8        | 126%               | 4.96        | 83%                |
| The Folly - SS23 Core Menu | Classics    | Chips                                                  | 1806        | 22%                | 428           | 21%                | 12.6        | 18%                | 0.0               | 0%                 | 69.3              | 27%                | 0.0         | 0%                 | 6.3         | 13%                | 0.21        | 4%                 |
| The Folly - SS23 Core Menu | Classics    | Mash                                                   | 1016        | 12%                | 243           | 12%                | 12.8        | 18%                | 7.4               | 37%                | 26.5              | 10%                | 2.5         | 3%                 | 3.6         | 7%                 | 0.94        | 16%                |
| The Folly - SS23 Core Menu | Classics    | Roasted Butternut Squash Risotto                       | 3368        | 40%                | 805           | 40%                | 40.9        | 58%                | 5.3               | 27%                | 75.7              | 29%                | 14.5        | 16%                | 14.6        | 29%                | 4.09        | 68%                |
| The Folly - SS23 Core Menu | Classics    | BBQ Jack Burger                                        | 5657        | 67%                | 1353          | 68%                | 69.6        | 99%                | 18.6              | 93%                | 127.8             | 49%                | 24.0        | 27%                | 44.5        | 89%                | 4.26        | 71%                |
| The Folly - SS23 Core Menu | Light Bites | Toasted Pastrami Melt Ciabatta                         | 2716        | 32%                | 649           | 32%                | 26.7        | 38%                | 13.8              | 69%                | 68.4              | 26%                | 6.1         | 7%                 | 31.7        | 63%                | 4.26        | 71%                |
| The Folly - SS23 Core Menu | Light Bites | Toasted Three Cheese and Chutney Ciabatta              | 2719        | 32%                | 650           | 32%                | 24.8        | 35%                | 13.2              | 66%                | 77.5              | 30%                | 14.9        | 17%                | 27.0        | 54%                | 2.63        | 44%                |

| Menu                       | Menu Cat.      | Dish Name                                                     | Energy (KJ) |                    | Energy (kcal) |                    | Fat (g)     |                    | Saturated Fat (g) |                    | Carbohydrates (g) |                    | Sugars (g)  |                    | Protein (g) |                    | Salt (g)    |                    |
|----------------------------|----------------|---------------------------------------------------------------|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
|                            |                |                                                               | Per Serving | % Reference Intake | Per Serving   | % Reference Intake | Per Serving | % Reference Intake | Per Serving       | % Reference Intake | Per Serving       | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| The Folly - SS23 Core Menu | Light Bites    | Salmon & Vintage Cheddar Fishcakes                            | 4199        | 50%                | 1002          | 50%                | 59.6        | 85%                | 8.9               | 45%                | 71.9              | 28%                | 12.5        | 14%                | 38.1        | 76%                | 2.56        | 43%                |
| The Folly - SS23 Core Menu | Light Bites    | Scottish Smoked Salmon Open Sandwich                          | 2011        | 24%                | 481           | 24%                | 20.0        | 29%                | 4.0               | 20%                | 52.2              | 20%                | 9.9         | 11%                | 21.5        | 43%                | 3.57        | 60%                |
| The Folly - SS23 Core Menu | Light Bites    | Chicken Caesar Salad                                          | 3067        | 37%                | 733           | 37%                | 41.2        | 59%                | 8.7               | 44%                | 31.2              | 12%                | 7.4         | 8%                 | 56.6        | 113%               | 4.73        | 79%                |
| The Folly - SS23 Core Menu | Light Bites    | Caesar Salad                                                  | 2109        | 25%                | 504           | 25%                | 35.6        | 51%                | 7.5               | 37%                | 30.4              | 12%                | 6.6         | 7%                 | 13.0        | 26%                | 3.26        | 54%                |
| The Folly - SS23 Core Menu | Sides          | Chips                                                         | 1806        | 22%                | 428           | 21%                | 12.6        | 18%                | 0.0               | 0%                 | 69.3              | 27%                | 0.0         | 0%                 | 6.3         | 13%                | 0.21        | 4%                 |
| The Folly - SS23 Core Menu | Sides          | Rosemary Salted Skin on Fries                                 | 1806        | 21%                | 432           | 22%                | 20.4        | 29%                | 5.1               | 26%                | 56.1              | 22%                | 0.0         | 0%                 | 5.1         | 10%                | 1.19        | 20%                |
| The Folly - SS23 Core Menu | Sides          | Onion Rings                                                   | 1641        | 20%                | 394           | 20%                | 27.1        | 39%                | 2.4               | 12%                | 28.4              | 11%                | 9.9         | 11%                | 2.5         | 5%                 | 1.14        | 19%                |
| The Folly - SS23 Core Menu | Sides          | Garlic Ciabatta                                               | 1527        | 18%                | 365           | 18%                | 17.1        | 24%                | 7.3               | 37%                | 43.5              | 17%                | 2.4         | 3%                 | 7.3         | 15%                | 1.00        | 17%                |
| The Folly - SS23 Core Menu | Sides          | Garlic Ciabatta with Cheese                                   | 1938        | 23%                | 463           | 23%                | 24.6        | 35%                | 12.1              | 61%                | 43.8              | 17%                | 2.4         | 3%                 | 15.1        | 30%                | 1.48        | 25%                |
| The Folly - SS23 Core Menu | Sides          | Dressed House Salad                                           | 900         | 11%                | 215           | 11%                | 12.6        | 18%                | 1.0               | 5%                 | 10.2              | 4%                 | 6.9         | 8%                 | 12.2        | 24%                | 0.21        | 4%                 |
| The Folly - SS23 Core Menu | Sides          | Dressed House Salad                                           | 779         | 9%                 | 186           | 9%                 | 7.4         | 11%                | 0.6               | 3%                 | 14.9              | 6%                 | 10.2        | 11%                | 12.1        | 24%                | 0.02        | 0%                 |
| The Folly - SS23 Core Menu | Treat Yourself | Two Char-grilled Shell On Black Tiger Prawns & Parsley Butter | 464         | 6%                 | 110           | 5%                 | 5.8         | 8%                 | 3.6               | 18%                | 0.2               | 0%                 | 0.1         | 0%                 | 10.0        | 20%                | 0.50        | 8%                 |
| The Folly - SS23 Core Menu | Treat Yourself | Flame Seared, Slow Cooked Beef Burnt Ends in Texan BBQ Sauce  | 744         | 9%                 | 178           | 9%                 | 6.0         | 9%                 | 1.0               | 5%                 | 10.0              | 4%                 | 9.0         | 10%                | 16.0        | 32%                | 1.00        | 17%                |
| The Folly - SS23 Core Menu | Steak Sauces   | Argentinian Steak Sauce                                       | 1170        | 14%                | 280           | 14%                | 29.3        | 42%                | 1.5               | 8%                 | 2.6               | 1%                 | 1.6         | 2%                 | 1.2         | 2%                 | 0.98        | 16%                |

| Menu                       | Menu Cat.    | Dish Name                              | Energy (KJ) |                    | Energy (kcal) |                    | Fat (g)     |                    | Saturated Fat (g) |                    | Carbohydrates (g) |                    | Sugars (g)  |                    | Protein (g) |                    | Salt (g)    |                    |
|----------------------------|--------------|----------------------------------------|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
|                            |              |                                        | Per Serving | % Reference Intake | Per Serving   | % Reference Intake | Per Serving | % Reference Intake | Per Serving       | % Reference Intake | Per Serving       | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| The Folly - SS23 Core Menu | Steak Sauces | Creamy Peppercorn & Brandy Sauce       | 433         | 5%                 | 104           | 5%                 | 6.5         | 9%                 | 4.4               | 22%                | 5.7               | 2%                 | 2.8         | 3%                 | 0.9         | 2%                 | 0.88        | 15%                |
| The Folly - SS23 Core Menu | Steak Sauces | Bearnaise Sauce                        | 769         | 9%                 | 184           | 9%                 | 18.3        | 26%                | 12.5              | 63%                | 2.9               | 1%                 | 1.1         | 1%                 | 0.8         | 2%                 | 0.54        | 9%                 |
| The Folly - SS23 Core Menu | Desserts     | Raspberry Swirl Cheesecake             | 2821        | 34%                | 674           | 34%                | 40.9        | 58%                | 23.4              | 117%               | 67.6              | 26%                | 49.0        | 54%                | 8.7         | 17%                | 0.68        | 11%                |
| The Folly - SS23 Core Menu | Desserts     | Triple-chocolate Brownie               | 2969        | 35%                | 710           | 35%                | 31.7        | 45%                | 17.8              | 89%                | 91.9              | 35%                | 69.7        | 77%                | 11.3        | 23%                | 0.36        | 6%                 |
| The Folly - SS23 Core Menu | Desserts     | Luxury Ice Cream and Sorbet            | 90          | 1%                 | 22            | 1%                 | 1.2         | 2%                 | 0.7               | 4%                 | 2.4               | 1%                 | 2.3         | 3%                 | 0.3         | 1%                 | 0.01        | 0%                 |
| The Folly - SS23 Core Menu | Desserts     | Classic Jersey Clotted Cream Ice Cream | 527         | 6%                 | 126           | 6%                 | 7.1         | 10%                | 4.3               | 21%                | 12.4              | 5%                 | 12.4        | 14%                | 2.9         | 6%                 | 0.11        | 2%                 |
| The Folly - SS23 Core Menu | Desserts     | Raspberry Sorbet                       | 366         | 4%                 | 88            | 4%                 | 0.2         | 0%                 | 0.2               | 1%                 | 21.2              | 8%                 | 19.0        | 21%                | 0.1         | 0%                 | 0.07        | 1%                 |
| The Folly - SS23 Core Menu | Desserts     | Ice Cream Belgian Chocolate            | 647         | 8%                 | 155           | 8%                 | 7.2         | 10%                | 4.3               | 22%                | 19.5              | 8%                 | 17.0        | 19%                | 2.4         | 5%                 | 0.14        | 2%                 |
| The Folly - SS23 Core Menu | Desserts     | Strawberry & Clotted Cream             | 615         | 7%                 | 147           | 7%                 | 8.1         | 12%                | 4.9               | 25%                | 16.5              | 6%                 | 14.1        | 16%                | 1.9         | 4%                 | 0.13        | 2%                 |
| The Folly - SS23 Core Menu | Desserts     | Ice Cream - Vegan                      | 472         | 6%                 | 113           | 6%                 | 5.5         | 8%                 | 4.8               | 24%                | 13.5              | 5%                 | 9.1         | 10%                | 0.6         | 1%                 | 0.02        | 0%                 |
| The Folly - SS23 Core Menu | Desserts     | Sticky Toffee Pudding                  | 3902        | 46%                | 933           | 47%                | 47.3        | 68%                | 21.5              | 107%               | 118.0             | 45%                | 62.9        | 70%                | 9.9         | 20%                | 0.60        | 10%                |
| The Folly - SS23 Core Menu | Desserts     | Eton Mess Sundae                       | 2130        | 25%                | 509           | 25%                | 21.3        | 30%                | 13.3              | 67%                | 69.6              | 27%                | 66.7        | 74%                | 9.2         | 18%                | 0.38        | 6%                 |