

THE FRESHFIELD

Known to locals as The Freshie, this larger-than-life pub has been at the heart of Formby life since the 1870s. The area takes its name from Thomas Fresh, the country's first-ever Inspector of Nuisances, while the pub's squirrel emblem is a fitting nod to one of the area's most cherished residents. With red squirrels now a rare sight across Britain, Formby remains one of their last natural strongholds - and spotting this pub at its best is every bit as rewarding.

Moments from sweeping dunes, ancient pine forests and the National Trust reserve, it's a natural refuge for walkers, wildlife lovers and those seeking a warm, welcoming place to pause.

GREENE KING
EST⁹ 1799

STARTERS

Spiced Minestrone Soup (V) 5.45
Served with a toasted ciabatta and butter 385kcal
Vegan **(Ve)** option available 284kcal

Japanese-style Karaage Chicken 7.25
608kcal Served with your choice of sauce:
Korean BBQ 100kcal, garlic aioli 84kcal or chipotle mayo 174kcal

Maple Glazed Pigs in Blankets 6.45
Tossed in a maple orange glaze 731kcal

Crispy Squid‡ 6.25
Served with garlic aioli 383kcal

Mushroom Bruschetta (V) 6.25
Toasted ciabatta with basil pesto, pan-fried mushrooms and Italian hard cheese 334kcal
Vegan **(Ve)** option available 295kcal

Smoked Salmon‡ 7.75
Served on a toasted ciabatta with creamy horseradish and cucumber garnish 493kcal

Burrata & Heritage Tomato Salad (V) 7.75
Topped with basil pesto 327kcal

SHARERS

The Freshfield Sharer 17.95
Scotch egg, Japanese-style Karaage chicken, honey-glazed chorizo, gherkins, grilled peppers and warm ciabatta, served with basil pesto and balsamic oil 2147kcal, serves 2

Crispy Duck Nachos 12.95
Home-fried nachos topped with crispy Korean-style Duck, West Country mature cheddar cheese, guacamole, cheese sauce, sour cream, corn salsa and red chilli 1676kcal, serves 2
Vegetarian **(V)** option available 10.45
1147 kcal, serves 2

Baked Camembert (V) 15.95
Camembert, baked with a garlic glaze, served with warm ciabatta, roasted peppers and caramelised red onion chutney 1074kcal, serves 2

PUB CLASSICS

Traditional Turkey Dinner 16.45
Hand-carved turkey with a pig in blanket, a Yorkshire pudding, duck fat roast potatoes, festive stuffing, seasonal vegetables and rich gravy 1383kcal

Half Roast Duck 16.95
Served on a bed of creamy chive mash, maple bacon sprouts, braised red cabbage, charred orange and Merlot beef dripping gravy 1678kcal

Fish & Chips† 15.95
Hand-battered cod served with proper chips, crushed peas and char-grilled lemon 1187kcal

Sausage & Mash 13.95
Cumberland sausages served with creamy chive mash, caramelised red onion chutney and Merlot beef dripping gravy 1095kcal

Camembert & Mushroom Galette (V) 14.25
Served with crushed new potatoes, heritage tomato salad garnish and a creamy herb dressing 1208kcal
Vegan **(Ve)** option available 1048kcal

Sirloin Steak 18.75
Served with proper chips, heritage tomato salad garnish and hand-battered onion rings 1045kcal
Switch your sides to a large salad 537kcal
Add a sauce for 1.75
Peppercorn 42kcal, Béarnaise 184kcal or Merlot beef dripping gravy 66kcal

Beef & Raclette Cheese Shortcrust Pie 15.25
Served with seasonal veg, creamy chive mash and Merlot beef dripping gravy 1217kcal

Panko Chicken Escalope 13.95
Crispy garlic chicken escalope served with seasoned fries and brassica slaw 1477kcal

Ham, Eggs & Chips 14.95
Hand-carved brown sugar glazed ham served with proper chips, crushed peas and fried Burford Brown eggs 1287kcal

Sea Bream, Mussels & Chorizo† 17.95
In a creamy white wine & garlic sauce, served with warm ciabatta 601kcal

Mediterranean-style Salad (Ve) 10.45
Lentils, grains, roasted vegetables, heritage tomatoes, cucumber, rocket and corn salsa, served with a creamy lemon parsley dressing 416kcal
Add a salad topper for 3.00
Falafel **(Ve)** 193kcal, Feta **(V)** 275kcal or Chicken 206kcal

Adults need around 2000kcal a day

BURGERS

All our burgers are served in a seeded bun with lettuce and red onion, with seasoned fries and a skewered gherkin

Festive Burger 15.95
6oz* beef burger topped with Merlot beef dripping gravy, maple glazed pigs in blankets, and melted camembert, served with hand-battered onion rings 1579kcal

Cheese & Bacon Burger 14.95
6oz* beef burger topped with West Country mature cheddar, smoked streaky bacon and mayo, served with hand-battered onion rings 1517kcal

Falafel & Spinach Burger (Ve) 14.45
Topped with grilled mixed peppers and chipotle mayo 964kcal

Chicken & Bacon Burger 14.75
Breaded chicken breast topped with melted West Country mature cheddar, smoked streaky bacon and chipotle mayo, served with hand-battered onion rings 1377kcal

CIABATTAS

All our ciabattas are served with heritage tomato salad garnish. Available Monday to Friday til 4pm

Sirloin Steak 9.25
Sirloin steak, sautéed red onions, basil pesto, mayo and rocket 763kcal

Chicken BLT 8.25
Chicken breast, heritage tomato, smoked streaky bacon, mayo and baby gem lettuce 735kcal

Cod Goujons‡ 7.95
Hand-battered cod goujons, chunky tartare sauce and rocket 805kcal

Hand-carved Ham 7.75
Brown sugar glazed ham, sliced heritage tomatoes, mustard mayo and rocket 685kcal

Toasted Cheddar & Camembert (V) 7.45
Camembert, West Country mature cheddar and caramelised red onion chutney 878kcal

SIDES

Proper Chips (V) 403kcal 3.50
House-seasoned Fries (V) 566kcal 3.50
Crispy Smashed Potatoes (Ve) 278kcal 2.50
Garlic Ciabatta (V) 576kcal 3.75
Cheesy Garlic Ciabatta (V) 747kcal 4.25
Side Salad (Ve) 72kcal 2.50
Seasonal Veg (V) 113kcal 2.45
Onion Rings (V) 469kcal 3.50
Ciabatta & Butter (V) 239kcal 1.95

PUDDINGS

Christmas Pudding (V) 6.25
501kcal Served with your choice of custard 87kcal or Jersey clotted cream ice cream 147kcal

Bramley Apple & Blackberry Crumble Tart (V) 5.95
500kcal Served with your choice of Jersey clotted cream ice cream 126kcal or custard 87kcal
Vegan **(Ve)** option available 649kcal

Triple Chocolate Brownie (V) 5.95
Served with Jersey clotted cream ice cream and chocolate flavour sauce 711kcal

Sticky Toffee Pudding (V) 6.25
480kcal Served with your choice of Jersey clotted cream ice cream 126kcal or custard 87kcal

Baked Vanilla Cheesecake (V) (N) 6.25
Topped with pistachio sauce and chocolate flavour sauce 611kcal

Order to your table, pay and earn rewards with the Greene King app

Scan here to view our allergen information

Adults need around 2000kcal a day

ROASTS EVERY SUNDAY

Our Sunday roasts are served with roast potatoes, seasonal veg, stuffing, a Yorkshire pudding and rich gravy.

Choose from...

Beef Rump 1133kcal 15.95

Lamb Rump 1568kcal 16.45

Turkey 994kcal 15.45

Mushroom Galette (V) 1319kcal 14.45

AVAILABLE ON SUNDAYS ONLY

Adults need around 2000kcal a day.

You can view our allergen information if you download the Greene King app, scan the Allergens QR code or visit our website at www.greeneking.co.uk/allergens

Please advise the team of any dietary requirements before ordering. (V) Suitable for Vegetarians. (VE) Suitable for Vegans. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. (N) Dish contains Nuts. †Fish, poultry and shellfish dishes may contain bones and/or shell. Scampi may contain one or more tail per piece. *All stated weights are approximate before cooking. Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. We do not include 'may contain' information. Our menu descriptions do not list all ingredients. Dishes may contain alcohol. Calorie counts are correct at time of print. Please be aware the allergen information for our dishes may change between the date of booking and the date of your visit. We would advise all of our guests contact a member of the team on the date of their visit to confirm the allergen information of their selected meals. Products & offers are subject to availability at the price point advertised. Deals and offers are only available on the days and times advertised on the menu and cannot be used in conjunction with any other offer. Discounts will be applied to the cheapest qualifying items in your order.

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