

Choose a Kids' Breakfast & Drink

### THE KIDS' BREAKFAST

Bacon, a pork sausage, hash brown, a free range fried egg, grilled tomato and baked beans (521 kcal / 7.8g Sugar / 2.95g Salt)

THE VEGETARIAN KIDS' BREAKFAST ♥ Quorn™ sausage, a free range fried egg, grilled tomato, mushrooms and baked beans (507 kcal / 7.6g Sugar / 2.6ig Salt) GLASS OF MILK (134 kcal) CAPRI-SUN ZERO Capri-Sun » ORANGE (4 kcal) » BLACKCURRANT & APPLE (4 kcal)

FRUIT SHOOT NO ADDED SUGAR » APPLE & BLACKCURRANT (11 kcal) » ORANGE (17 kcal)



7.99

## Add an Adults' Breakfast

### THE FULL BREAKFAST

5.49

THE XL FULL BREAKFAST 3 rashers of bacon, 2 pork sausages, 3 hash browns, 2 free range fried eggs, grilled tomato, mushrooms, baked beans and toast with butter (1388 kcal)

# a free range fried egg, grilled tomato, mushrooms and baked beans (731 kcal)

2 rashers of bacon, a pork sausage, 2 hash browns,

THE VEGETARIAN BREAKFAST ♥ 5.49 3 Quorn™ sausages, 2 hash browns, a free range fried egg, grilled tomato, mushrooms and baked beans (730 kcal)

### Add an Adults' Hot Drink

TEA (0 kcal) POT OF TEA (0 kcal) ESPRESSO (2 kcal) DOUBLE ESPRESSO (4 kcal) AMERICANO (2 kcal) LATTE (201 kcal) CAPPUCCINO (188 kcal) MOCHA (180 kcal) HOT CHOCOLATE (210 kcal)

#### Adults need around 2000 kcal a day

You can view our allergen information if you download the Greene King app, or visit our website at greeneking-pubs.co.uk/flaming-grill/allergens

Terms & Conditions: Please advise the team of any dietary requirements before ordering. Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. We do not include 'may contain' information.  $\odot$  Suitable for vegetarians. Please note that we do not optare a dedicated vegetarian kitchen area. Our menu descriptors do not include all ingredients. Full nutrition information is available on our website. Breakfast with Santa for £8.99 includes any kid's breakfast with Santa is available 14th & 21st December 2024. No booking is confirmed until a £5 per child deposit is received. The adults' breakfast and hot drinks are not included in the pricepoint but can be added for an additional cost. Calorie counts are correct at time of print. Children between 5-10 years old need around 1800 calories a day, this will vary by age and level of activity, some children will need less, and some will need more. This information has been provided to allow you to make an informed choice when dining with us. Kids' breakfast is available to children aged 12 or under. Products are subject to availability. All prices are in GBP and are inclusive of VAT. Should the VAT rate change, menu pricing will be adjusted accordingly. Manager's decision is final. Promoter: Greene King Brewing and Retailing, Sunrise House, Ninth Avenue, Burton upon Trent, Staffordshire, DE14 3JZ.

Pre-orders are really important during our busiest time of year, Christmas takes so much planning so please get your pre-order in on time. Pre-orders should be received no later than 7 days prior to the event (or within 48 hours and at least 2 days prior to the event if the booking is less than 7 days away). You'll be sent all the information on how to make your pre-order once you've booked. Please don't forget the allergens and dietary needs section, if we know all of this in advance then it's all smooth sailing. Finally, if you can bring your booking confirmation and any pre-order details with you, that would be great. We are here to answer any of your questions or concerns, so please contact the publif you need any more info or clarity.