

Seniors

Lighter main meals



Seniors Menu

Monday to Friday until 5pm

Main course must be ordered.



2 courses
for 7.95

3 courses
for 8.95

LIGHTER
MAIN
MEALS

Mains

Sausage & Mash

Cumberland pork sausages served with mash, gravy and garden peas (603 kcal)
Vegetarian **V** (488 kcal) or
Vegan **VB** (308 kcal) option available

Wholetail Scampi[†]

With chips (503 kcal) and your choice of mushy (73 kcal) or garden peas (60 kcal)

Starters

Tomato Soup **V**

With ciabatta and butter (331 kcal)
Vegan **VB** option available (230 kcal)

Hunter's Chicken

Chicken breast topped with smoked streaky bacon, melted Cheddar & mozzarella and GK IPA BBQ sauce. Served with chips and garden peas (599 kcal)

Mac & Cheese **V**

Served with a dressed side salad (343 kcal)

Southern Fried Chicken Tenders

With GK IPA BBQ sauce (393 kcal)

Fish & Chips[†]

Hand-battered cod served with chips (477 kcal) and your choice of mushy (73 kcal) or garden peas (60 kcal)

Desserts

Bramley Apple Crumble **V**

Served warm (194 kcal) with your choice of custard (131 kcal) or Jersey clotted cream ice cream (126 kcal)
Vegan **VB** option available (343 kcal)

Triple Chocolate Brownie **V**

Served warm with Jersey clotted cream ice cream and chocolate flavour sauce (432 kcal)

Ice Cream **V**

YOUR CHOICE OF TWO SCOOPS:
(Calories shown per scoop)

Jersey Clotted Cream (126 kcal)
Chocolate Flavour (113 kcal)
Frozen Strawberry
Flavour Yoghurt (88 kcal)

YOUR CHOICE OF SAUCE:

Chocolate Flavour (28 kcal)
Strawberry Flavour (32 kcal)
Vegan **VB** option available (329 kcal)

V Vegetarian **VB** Vegan All tips are paid in full to our team members. Adults need around 2000 kcal a day

You can view our allergen information if you download the Greene King app, scan the allergens QR code or visit our website at greeneking-pubs.co.uk/allergens

Terms & Conditions: Please advise the team of any dietary requirements before ordering. Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. We do not include 'may contain' information. **V** Suitable for vegetarians. **VB** Suitable for vegans. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. [†]Fish, poultry and shellfish dishes may contain bones and/or shell. Scampi may contain one or more tail per piece. Our menu descriptions do not list all ingredients. Full nutrition information is available on our website. Dishes may contain alcohol. Calorie counts are correct at time of print. Please be aware the allergen information for our dishes may change between the date of booking and the date of your visit. We would advise all of our guests contact a member of the team on the date of their visit to confirm the allergen information of their selected meals. Seniors menu is for over 60 year olds only, proof of age may be required. Products & offers are subject to availability at the price point advertised. Deals and offers are only available on the days and times advertised on the menu and cannot be used in conjunction with any other offer. We reserve the right to remove any of our food and drink deals on all UK Bank Holidays, Christmas Eve & New Year's Eve. Please ask a member of the team before placing your order on these days if you have any queries. All prices are in GBP and are inclusive of VAT. Should the VAT rate change, menu pricing will be adjusted accordingly. Manager's decision is final. Promoter: Greene King Brewing and Retailing Ltd, Sunrise House, Ninth Avenue, Burton upon Trent, Staffordshire, DE14 3JZ.



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