



# MOLLY MALONE'S NO GLUTEN CONTAINING MENU



**BELHAVEN**  
BREWERY



**Order at the bar or download our app  
for all menus, allergens and payment.**

Dishes on this menu are made with ingredients that do not intentionally contain gluten. However, due to the risk of cross-contamination from a range of ingredients within our kitchens, traces of gluten may be present. Please ensure a member of the team is aware that you are ordering from our No Gluten Containing Menu.

## Starters

### Harissa Houmous and Ciabatta (V) 6.75

Smoked houmous with harissa, topped with seeds, served with toasted ciabatta and roasted red peppers (608kcal)

### Nachos (V) 10.45

Spiced tortilla chips topped with nacho cheese sauce and Barber's 1833 Vintage Cheddar, smashed avocado, sour cream, salsa and jalapeños (1190kcal, serves 2)

## Mains

### Cheese & Bacon Burger 12.95

6oz\* aged beef patty with beechwood-smoked streaky bacon, Barber's 1833 Vintage Cheddar, coleslaw and lettuce, served in a ciabatta with a jacket potato & butter and house relish (1260kcal)

### Pulled Mushroom Chilli (VE) 14.75

Pulled smoky mushroom chilli served with parsley basmati rice, smashed avocado and spicy herb garnish (783kcal)

## Sandwiches Available until 7pm

All of our sandwiches are served with garden salad

### Chicken BLT 8.25

Sliced chicken breast, beechwood smoked streaky bacon, sliced vine tomatoes and baby gem lettuce with mayo in a ciabatta (751kcal)

### Grilled Cheese Toastie (V) 7.95

Barber's 1833 Vintage Cheddar in a ciabatta (477kcal)

### Halloumi & Chilli Jam Ciabatta (V) 8.25

Grilled halloumi, chilli jam, roasted red peppers, rocket and mayo in a ciabatta (1108kcal)

## Desserts

### Chocolate Brownie (V) 6.45

Served warm with clotted cream ice cream and flaked chocolate (633kcal)

### Ice Cream (V) 2.75

3 scoops of your choice. Choose from: clotted cream (126kcal per scoop), chocolate (146kcal per scoop) or strawberry (138kcal per scoop)

### Vegan Ice Cream (VE) 2.75

3 scoops of vegan vanilla ice cream (338kcal)

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Adults need around 2000kcal a day

You can view our allergen information if you download our app, or visit our website at [www.greenoking.co.uk](http://www.greenoking.co.uk).

Please advise the team of any dietary requirements before ordering. (V) Suitable for Vegetarians, (Ve) Suitable for Vegans. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. (N) Dish contains Nuts. (F) Fish, poultry and shellfish dishes may contain bones and/or shell. Scampi may contain one or more tail per piece. \*All stated weights are approximate before cooking. Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. We do not include 'may contain' information. Our menu descriptions do not list all ingredients. Dishes may contain alcohol. Calorie counts are correct at time of print. Please be aware the allergen information for our dishes may change between the date of booking and the date of your visit. We would advise all of our guests contact a member of the team on the date of their visit to confirm the allergen information of their selected meals.

