

# YE OLDE MITRE

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*Olde Mitre is the oldest coaching house to remain in Barnet and sits on the Great North Road, which was the main route from London to the North of England. It prides itself on serving expertly kept cask ale and has won CAMRA pub of the year several years in a row.*

*The pub is steeped in history and has hosted many famous faces including Charles Dickens and Samuel Pepys.*

SCAN TO DOWNLOAD OR  
VIEW THE GK APP TO SEE  
OUR MENUS, ALLERGENS  
AND TO ORDER & PAY



#### ADULTS NEED AROUND 2,000 KCAL A DAY

You can view our allergen information if you download the Greene King app, or visit our website at [www.greeneking.co.uk](http://www.greeneking.co.uk)

(V) Suitable for Vegetarians. (VE) Suitable for Vegans. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. (N) Dish contains Nuts.  
† Fish, poultry and shellfish dishes may contain bones and/or shell.

Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. We do not include 'may contain' information. Our pear frangipane with pistachio contains a number of nut derivatives. Our menu descriptions do not list all ingredients. Please advise the team of any dietary requirements before ordering. Dishes may contain alcohol. Calorie counts are correct at time of print. GK10830/70177

— STARTERS —

PEA & MINT SOUP (V) 5.25

A vibrant pea & mint soup, served with warm ciabatta and butter *428kcal*  
Available as a vegan option (VE) *370kcal*

POTTED DEVON CRAB † 7.95

Potted Devon crab, horseradish, topped with a dill butter, served with crisp sourdough bloomer *406kcal*

6 CHICKEN WINGS 7.50

Succulent chicken wings *1006kcal*  
tossed in your choice of sauce: Korean BBQ *102kcal*, peri-peri *26kcal*, East Coast IPA BBQ *77kcal*

BATTERED HALLOUMI (V) 6.50

Battered halloumi bites topped with a red chilli and spring onion garnish, dressed with peri-peri mayo *578kcal*

SALT & PEPPER SQUID † 6.25

Salt & pepper seasoned crispy squid served with a Korean BBQ sauce *381kcal*

CLASSICS

PULLED MUSHROOM CHILLI (VE) 14.45

Pulled smoky mushroom chilli served with parsley basmati rice, guacamole and pickled red onion *780kcal*

FISH & CHIPS † 17.75

Hand-battered Atlantic cod with crushed peas, chunky tartare sauce, triple-cooked chips and charred lemon *1923kcal*

STEAK & ALE PIE 15.25

Steak & Ruddles Ale pie served with a charred Hispi cabbage wedge, Merlot beef dripping gravy *1142kcal* and your choice of buttered mash *347kcal* or triple-cooked chips *501kcal*

INVISIBLE MAC(MILLAN) & CHEESE 1.00

You'll not receive a dish of any sort, but you can enjoy making a £1 donation to Macmillan Cancer Support

HAKE & ROMESCO RAGOUT † (N) 18.75

Grilled hake fillet with a romesco white bean ragout, served with salsa verde and carrot crisps *533kcal*

BURGERS

VINTAGE CHEDDAR & BACON BURGER 14.45

Glazed linseed bun, aged beef burger, Beechwood smoked bacon and a melting slice of 1833 Barber's Vintage Cheddar. Served with house seasoned fries and East Coast IPA BBQ relish *1324kcal*

BEYOND MEAT® BURGER (VE) 13.95

Glazed linseed bun, Beyond Meat® burger, melting vegan slice and BBQ roasted red onions. Served with house seasoned fries and a peri-peri mayo dip *1257kcal*

KOREAN CHICKEN BURGER 14.95

Glazed linseed bun, crispy chicken fillet, Korean BBQ sauce, spring onion and red chilli. Served with house seasoned fries and East Coast IPA BBQ relish *1175kcal*

— SHARERS —

LOADED NACHOS (V) 11.25

Home fried nachos topped with nacho cheese sauce & 1833 Barber's Vintage Cheddar, guacamole, sour cream, pickled red onions and sliced red chillies *1177kcal, serves 2*

— LIGHTER OPTIONS —

CHICKEN & BACON SANDWICH 8.45

Beechwood smoked bacon, chicken breast, mayo and lettuce, served warm with a rocket & pickled red onion side salad, on your choice of white bloomer *782kcal* or ciabatta *778kcal*

HOUSE SALAD (N) 14.75

Sour cream base with rocket, baby gem, blistered vine tomatoes, roasted peppers, red onion, white chicory, grilled chicken and a smoky tomato relish *582kcal*  
Swap your chicken for grilled halloumi (V) *778kcal*

ADD A SIDE – SEE BELOW

SIDES

TRIPLE-COOKED CHIPS (V) *744kcal* 3.25

HOUSE SEASONED FRIES (V) *537kcal* 3.25

ONION RINGS (V) *469kcal* 3.25

GARLIC BREAD (V) *627kcal* 3.50

DRESSED GARDEN SALAD (V) *134kcal* 2.50

SEASONED HISPI CABBAGE WEDGE (V) *173kcal* 2.50

DESSERTS

PEAR FRANGIPANE WITH PISTACHIO (V) (N) 6.25

Encased in a flaky pastry, served with fresh double cream *576kcal*  
Available as a vegan option (VE) (N) *464kcal*

BLACKBERRY & ELDERFLOWER ETON MESS (V) 6.25

Freshly whipped double cream mixed with meringue shards, elderflower and a sharp blackberry curd, finished with lime zest *625kcal*

STICKY TOFFEE PUDDING (V) 6.25

Indulgent and rich classic *480kcal* served with Jersey clotted cream ice cream *126kcal* or custard *104kcal*

ADULTS NEED AROUND 2,000 KCAL A DAY

See reverse for our GK app (info on menus, allergens, order and pay)