

NO GLUTEN CONTAINING INGREDIENTS

Dishes on this menu are made with ingredients that do not intentionally contain gluten. However, due to the risk of cross-contamination from a range of ingredients within our kitchens, traces of gluten may be present. Please ensure a member of the team is aware that you are ordering from our No Gluten Containing Ingredients Menu.



SCAN HERE TO VIEW
OUR ALLERGEN
INFORMATION

STARTER

TOMATO SOUP  **4.29**
With seeded bread & butter. (336 kcal)
Vegan option available  (235 kcal)

SHARER

NACHOS  **7.79**
Topped with nacho cheese sauce, salsa, sour cream, guacamole, and jalapeños. (1068 kcal, serves 2)

SANDWICH

Monday - Friday,
12pm-4pm

CHICKEN & BACON  **8.69**
Seeded bread with sliced roast chicken breast, bacon, red onion, lettuce, and mayo. Served with a buttered jacket potato. (1006 kcal)

BURGERS

Served in a rustic seeded roll with mayo, red onion, lettuce, a buttered jacket potato and coleslaw.

	Single	Double
BEEF BURGER (928 kcal 1234 kcal)	8.99	10.99
CHEESEBURGER (968 kcal 1274 kcal)	9.49	11.49
BACON CHEESEBURGER (1080 kcal 1386 kcal)	9.99	11.99
IMPOSSIBLE™ BURGER   (835 kcal 1049 kcal)	11.49	13.49
CHICKEN & BACON MELT Roast chicken breast, topped with melted cheese and bacon. (953 kcal 1131 kcal)	10.99	12.99

BIG PLATE SPECIAL

THE LOADED NEW YORKER **13.29**
A larger portion of chicken breast, topped with bacon, melted cheese, and Texan BBQ sauce. Served with a buttered jacket potato, peas and coleslaw. (1299 kcal)

RICE BOWLS

RICE BOWL
With basmati rice, lettuce, cucumber and sweet chilli slaw.

CHOOSE YOUR PROTEIN

GRILLED SALMON FILLET† (597 kcal)	9.99
ROAST CHICKEN BREAST  (416 kcal)	8.99

CHOOSE YOUR SAUCE

SWEET CHILLI SAUCE (82 kcal)
FRENCH DRESSING (38 kcal)
GARLIC & HERB RANCH SAUCE (266 kcal)

Adults need around 2,000 kcal a day.

LOOK FOR THESE SYMBOLS:

-  Suitable for vegetarians
-  Suitable for vegans
-  Hot
-  High in Protein
-  Contains nuts
- † May contain bones and/or shell
- * Weight before cooking

CLASSICS

CHICKEN TIKKA MASALA  **9.69**
With basmati rice, a poppadom, and mango chutney. (632 kcal)

CHICKPEA & SWEET POTATO CURRY  **9.69**
With basmati rice, a poppadom, and mango chutney. (503 kcal)

CHICKEN NEW YORKER  **9.79**
Roast chicken breast topped with bacon, melted cheese, and Texan BBQ sauce. Served with a buttered jacket potato and peas. (803 kcal)

GRILLS & SIZZLERS

28 DAY AGED HOT AND DELICIOUS, OUR RUMP STEAKS ARE AGED LONGER FOR A FULLER FLAVOUR AND TENDERNESS.

GRILLS

16oz* RUMP STEAK **17.49**
Two 8oz* rump steaks. Served with a buttered jacket potato and peas. (1180 kcal)

8oz* RUMP STEAK  **12.49**
With a buttered jacket potato and peas. (785 kcal)

14oz* GRILLED GAMMON **12.79**
Topped with a free-range fried egg and grilled pineapple. Served with a buttered jacket potato and peas. (925 kcal)

7oz* GRILLED GAMMON  **9.69**
Topped with a free-range fried egg and grilled pineapple. Served with a buttered jacket potato and peas. (739 kcal)

SIZZLERS

Served on our sizzling skillet of peppers & onions.

8oz* SMOTHERED STEAK SIZZLER  **14.99**
Rump steak topped with flat mushrooms, melted cheese, and peppercorn sauce. With a buttered jacket potato and peas. (997 kcal)

SALMON SIZZLER†  **14.29**
Grilled salmon fillet with basmati rice, corn on the cob and sweet chilli sauce. (744 kcal)

CHICKEN SIZZLER  **13.29**
Grilled chicken breast skewers with basmati rice, corn on the cob and sweet chilli sauce. (764 kcal)

SOMETHING EXTRA

SAUCES		TOPPER	
PEPPERCORN SAUCE (42 kcal)	1.50	FREE-RANGE FRIED EGGS (272 kcal)	1.50
BEEF DRIPPING GRAVY (53 kcal)	1.50		
GARLIC & MUSHROOM SAUCE (126 kcal)	1.50		

MIX IT UP

MAIN + 2 SIDES + SAUCE OR SEASONING

MIX & MATCH FOR £13.69

1 PICK ONE MAIN

GRILLED CHICKEN BREAST SKEWERS (378 kcal)
8oz* RUMP STEAK (430 kcal)
 Supplement
GRILLED SALMON FILLET† (359 kcal)
 Supplement
14oz* GRILLED GAMMON (370 kcal)

ADD EXTRA PROTEIN **GRILLED CHICKEN SKEWER** (189 kcal) **3.00**

2 ADD 2 SIDES

BUTTERED JACKET POTATO (295 kcal)
COLESLAW (99 kcal)
CORN ON THE COB (65 kcal)
BASMATI RICE (187 kcal)
DRESSED GARDEN SALAD (40 kcal)

3 ADD A SAUCE OR SEASONING

SWEET CHILLI SAUCE (82 kcal)
TEXAN BBQ SAUCE (90 kcal)
PERI PERI SAUCE  (26 kcal)
GARLIC & HERB RANCH SAUCE (266 kcal)
SWEET & SOUR SAUCE (93 kcal)
SALT & PEPPER SEASONING (16 kcal)

Add extra sides for £1.00 **Add extra sauces for £1.00**

PUDS

APPLE CRUMBLE  **5.69**
Served warm with custard. (465 kcal)
Vegan option available  (544 kcal)

LEMON MERINGUE PIE  **6.29**
Served with vanilla flavour ice cream and raspberry coulis. (488 kcal)

WHITE CHOCOLATE & RASPBERRY CHEESECAKE  **5.99**
Vanilla cheesecake served with strawberries, raspberry coulis and white chocolate flavour sauce. With vanilla flavour ice cream. (632 kcal)

ICE CREAM

CHOOSE 3 SCOOPS	ADD A SAUCE
VANILLA FLAVOUR ICE CREAM (97 kcal, per scoop)	CHOCOLATE FLAVOUR SAUCE (55 kcal)
CHOCOLATE FLAVOUR ICE CREAM (113 kcal, per scoop)	STRAWBERRY FLAVOUR SAUCE (63 kcal)
STRAWBERRY FLAVOUR FROZEN YOGURT (88 kcal, per scoop)	RASPBERRY COULIS (32 kcal)

MACMILLAN CANCER SUPPORT

Each time you buy a  dish we'll donate 30p + VAT on your behalf to Macmillan Cancer Support. Thanks for helping us help those living with cancer.



SIT. TAP. TUCK IN. WHY NOT ORDER THROUGH THE APP?

