

# VEGETARIAN & VEGAN



GREENE KING  
BURY ST EDMUNDS



# VEGETARIAN & VEGAN

## STARTERS

### CORN RIBS <sup>VE</sup>

Charred, sweet chilli glazed corn ribs served with vegan mayo and a herb garnish (329 kcal)

### CHICKEN-LESS TACOS <sup>VE</sup>

Two charred tortillas stuffed with plant based goujons tossed in Texan BBQ sauce with shredded lettuce and a herb garnish (480 kcal)

### HALLOUMI FRIES <sup>V</sup>

Served with sweet chilli sauce and rocket (506 kcal)

### NACHO SHARER <sup>V</sup>

Corn tortilla chips with mozzarella, Cheddar and nacho cheese sauce served with salsa, jalapeños, soured cream and a herb garnish (1177 kcal, serves 2)

## MAINS

### MAC & CHEESE <sup>V</sup>

Macaroni in a rich Cheddar cheese sauce served with garlic bread and a dressed mixed salad (745 kcal)  
**Swap your sides for a large salad** (578 kcal)

### VEGAN KATSU CURRY <sup>VE</sup>

Crispy breaded plant based goujons with katsu curry sauce, served with basmati & wild rice and oven-baked chips (1065 kcal)

### SUPER GRAIN SALAD <sup>VE</sup>

Mixed grains, tomato, cucumber, roasted peppers, smashed avocado and rocket with charred, sweet chilli glazed corn ribs (759 kcal)

### PULLED MUSHROOM CHILLI <sup>VE</sup>

Pulled smoky mushroom chilli served with basmati & wild rice, smashed avocado and a herb garnish (780 kcal)

## SIDES

### CHIPS <sup>V</sup> (428 kcal)

### ROSEMARY SEA SALTED SKIN-ON FRIES <sup>V</sup> (546 kcal)

### OVEN-BAKED CHIPS <sup>VE</sup> (424 kcal)

### BUTTERED MASH <sup>V</sup> (323 kcal)

### BUTTERED BABY POTATOES <sup>V</sup> (321 kcal)

### JACKET POTATO WITH BUTTER <sup>V</sup> (252 kcal)

### ONION RINGS<sup>°</sup> <sup>V</sup> (356 kcal)

### GARLIC BREAD <sup>V</sup> (450 kcal)

### CHEESY GARLIC BREAD <sup>V</sup> (581 kcal)

### DRESSED MIXED SALAD <sup>VE</sup> (55 kcal)

## BURGERS

### BEYOND MEAT BURGER<sup>®</sup> <sup>V</sup>

Topped with a Violife vegan slice and served in a toasted brioche bun with tomato, lettuce, red onion and mayo. Served with rosemary sea salted skin-on fries, onion rings<sup>°</sup> and a pot of Texan BBQ sauce (1366 kcal)

### VEGAN BEYOND MEAT BURGER<sup>®</sup> <sup>VE</sup>

Topped with a Violife vegan slice and served in a poppy seed bun with tomato, lettuce, red onion and vegan mayo. Served with oven-baked chips and a pot of Texan BBQ sauce (1077 kcal)

## ADD MORE TO YOUR BURGER

**BEYOND MEAT BURGER<sup>®</sup>** <sup>VE</sup> (289 kcal)

**VIOLIFE VEGAN SLICE** <sup>VE</sup> (57 kcal)

**FRIED FREE RANGE EGG** <sup>V</sup> (146 kcal)

## LUNCH

AVAILABLE MONDAY TO SATURDAY 12PM - 5PM

### PLANT BASED MEATBALL MARINARA CIABATTA OR WRAP <sup>VE</sup>

Plant based meatballs in marinara sauce with a Violife vegan slice and vegan mayo served in a toasted ciabatta roll with dressed rocket (702 kcal)  
Wrap option (708 kcal)

## DESSERTS

### ETON MESS SUNDAE <sup>V</sup>

Two scoops of clotted cream ice cream and one scoop of frozen strawberry flavour yoghurt, topped with crushed meringue, mixed berries and cream (575 kcal)

**When you buy this dessert, we will donate 20p on your behalf to Macmillan Cancer Support\*\***



### TRIPLE CHOCOLATE BROWNIE <sup>V</sup>

Served warm with clotted cream ice cream (662 kcal)

### BRAMLEY APPLE & BLACKBERRY CRUMBLE PIE <sup>V</sup>

Served with raspberries (658 kcal) and custard (156 kcal) or clotted cream ice cream (159 kcal)

### CHOCOLATE FUDGE CAKE <sup>V</sup>

Served warm with clotted cream ice cream (724 kcal)

### CHOCOLATE MOCHA TART <sup>VE</sup>

Served with raspberries and vanilla & coconut ice cream (462 kcal)

### ICE CREAM

**Your choice of 3 ice cream scoops:**

Clotted Cream <sup>V</sup> (159 kcal) | Chocolate Flavour <sup>V</sup> (99 kcal)

Frozen Strawberry Flavour Yoghurt <sup>V</sup> (88 kcal)

Lemon Curd Sorbet <sup>V</sup> (95 kcal) | Vanilla & Coconut <sup>VE</sup> (113 kcal)

**Your choice of sauce:**

Chocolate Flavour <sup>V</sup> (28 kcal) | Strawberry Flavour <sup>VE</sup> (32 kcal)

Raspberry Coulis <sup>VE</sup> (16 kcal)

**Ice cream calories shown per scoop**

### MINI PUDDING & HOT DRINK <sup>V</sup>

Choose from: mini Eton mess sundae (261 kcal), or mini Belgian chocolate brownie (250 kcal) with a tea (0 kcal) or Americano (2 kcal)

## TAKE A LOOK AT OUR MAIN AND LUNCH MENUS FOR TODAY'S DEALS

ADULTS NEED AROUND 2000 KCAL A DAY

<sup>V</sup> Vegetarian <sup>VE</sup> Vegan. All tips are paid in full to our team members.

You can view our allergen information if you download the Greene King app, or visit our website at [greene-king-pubs.co.uk/allergens](https://www.greene-king.co.uk/allergens)

**Terms & Conditions:** Please advise the team of any dietary requirements before ordering. Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. We do not include 'may contain' information. <sup>V</sup> Suitable for vegetarians. <sup>VE</sup> Suitable for vegans. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. Our menu descriptors do not include all ingredients. Some dishes may contain alcohol which is not listed on the menu. <sup>°</sup>Our onion rings are made from chopped and reformed onions. Full nutrition information is available on our website. Calorie counts are correct at time of print. We serve food 12noon-10pm (as a minimum) Monday to Sunday, selected sites will have extended hours. Photography and illustrations are for guidance only. Products are subject to availability. Lunch dishes are available Monday to Saturday 12pm-5pm only and are subject to availability, please ask a member of the team for details. Please refer to the main menu for details of our deals and offers. **\*\*For every Eton Mess Sundae sold 20p plus VAT will be paid to Macmillan Cancer Support\*\*** a registered charity in England and Wales (261017), in Scotland (SC039907) and in the Isle of Man (604) also operating in Northern Ireland. **\*\*Paid to Macmillan Cancer Support Trading Limited, a wholly owned subsidiary of Macmillan Cancer Support, to which it gives all of its taxable profits. Manager's decision is final. If you have any comments, suggestions or queries please do not hesitate to contact us at: Greene King Brewing and Retailing Ltd, Sunrise House, Ninth Avenue, Burton upon Trent, Staffordshire, DE14 3JZ.**