



# NO-GLUTEN CONTAINING INGREDIENTS



Dishes on this menu are made with ingredients that do not intentionally contain gluten. However, due to the risk of cross-contamination from a range of ingredients within our kitchens, traces of gluten may be present. Please ensure a member of the team is aware that you are ordering from our No-Gluten Containing Ingredients Menu.

*Season's Feasting*

## Christmas Day

AVAILABLE 25TH DECEMBER 2024

(PRE-BOOKING REQUIRED)

### Starters

#### PRAWN COCKTAIL†

Cold water prawns in Marie Rose sauce with baby gem lettuce leaves. Served with 2 grilled king prawns on the side, seeded bread & butter and a lemon wedge (415 kcal)

#### CHICKEN & HAM HOCK TERRINE

Served with dressed salad leaves, seeded bread & butter and red onion chutney dip (465 kcal)

#### MAPLE ROASTED ROOT VEG SOUP ①

Carrots, parsnips and onions caramelised in a sweet maple-flavoured syrup, seasoned with festive spices with a swirl of cream. Served with seeded bread & butter (368 kcal)

VEGAN OPTION AVAILABLE ② (260 kcal)

### Mains

#### TURKEY WITH ALL THE TRIMMINGS

Traditional turkey with mash, seasonal veg, sprouts, 2 pigs in blankets, a jug of gravy and cranberry sauce (1267 kcal)

#### SURF & TURF†

Flame-grilled 28 day matured 8oz\* sirloin steak seasoned with salt & pepper, on our sizzling skillet with fried onions. Cooked how you like it! Topped with 4 grilled king prawns in a garlic & herb glaze. Served with grilled tomato, peas and a jacket potato with butter (1113 kcal)

If you'd prefer a plate please ask when ordering†

#### GRILLED SALMON†

Served with new potatoes, peas, sprouts, carrots and a jug of smoky Hollandaise & chive sauce (693 kcal)

#### STICKY CRANBERRY NUT ROAST N ②

Filled with shredded root veg, cranberries, apricots and sweet potato, topped with a sticky cranberry glaze. Served with new potatoes, seasonal veg, sprouts and a jug of gravy (866 kcal)

VEGAN OPTION AVAILABLE N ② (838 kcal)

### Desserts

#### ICE CREAM ①

Your choice of 2 ice cream scoops:

» VANILLA FLAVOUR (97 kcal)

» CHOCOLATE FLAVOUR (113 kcal)

Your choice of sauce:

» STRAWBERRY FLAVOUR (32 kcal)

» CHOCOLATE FLAVOUR (28 kcal)

Ice cream calories shown per scoop

VEGAN OPTION AVAILABLE ② (465 kcal)

#### DULCE DE LECHE CHEESECAKE ①

Vanilla flavour cheesecake topped with a rich, creamy caramel-like dulce de leche sauce, meringue crumb and chocolate pencils. Served with vanilla flavour ice cream (773 kcal)

### To Finish

Served with your choice of tea (0 kcal) or coffee (2 kcal)

Adults need around 2000 kcal a day

Our Terms & Conditions are detailed on the back of this menu.



**You can view our allergen information if you download our app,  
or visit our website at [greeneking-pubs.co.uk/flaming-grill/allergens](https://greeneking-pubs.co.uk/flaming-grill/allergens)**

**Terms & Conditions:** Please advise the team of any dietary requirements before ordering. Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. We do not include 'may contain' information. 🥜 Dish contains nuts. 🌱 Suitable for vegetarians. 🌿 Suitable for vegans. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. Our menu descriptors do not include all ingredients. Some dishes may contain alcohol which is not listed on the menu. \*All weights are approximate prior to cooking. Metric equivalent 16oz = 1lb = 454g. †Sizzling skillet dishes come without fried onions when served on a plate. ‡Fish, poultry and shellfish dishes may contain bones and/or shell. ^Onion rings are made from chopped and reformed onions. Full nutrition information is available on our website. Please be aware the allergen information for our dishes may change between the date of booking and the date of your visit. We would advise all of our guests to contact a member of the team on the date of their visit to confirm the allergen information of their selected meals. Calorie counts are correct at time of print. Children between 5-10 years old need around 1800 calories a day, this will vary by age and level of activity, some children will need less, and some will need more. This information has been provided to allow you to make an informed choice when dining with us. Photography is for guidance only. Products are subject to availability at the price point advertised. We reserve the right to withdraw/change the offer (without notice) at any time. All prices are in GBP and are inclusive of VAT. Should the VAT rate change, menu pricing will be adjusted accordingly. Cadbury is a registered trademark of Mondelez International. Manager's decision is final. Promoter: Greene King Brewing and Retailing Ltd, Sunrise House, Ninth Avenue, Burton upon Trent, Staffordshire, DE14 3JZ.

Our Christmas Day menus are only available on 25th December 2024. No festive booking is confirmed until a deposit is received. Please speak to a member of the team at your chosen venue regarding maximum number of guests. Christmas Day bookings require a deposit of £10 per adult and £5 per child attending. If you need to cancel your booking, please contact us as soon as possible, as any meals not taken on the day may be charged, unless 7 days' notice is given.

Pre-orders are really important during our busiest time of year, Christmas takes so much planning so please get your group's pre-orders in on time. Christmas Day pre-orders should be received no later than 11th December or within 48 hours (and no later than 18th December) if booking after this date. You'll be sent all the information on how to make your pre-order once you've booked. Please don't forget the allergens and dietary needs section, if we know all of this in advance then it's all smooth sailing. Finally, if you can bring your booking confirmation and any pre-order details with you, that would be great. We know it's easy to forget what you've ordered so it would be a massive help if one person in the group took control. We are here to answer any of your questions or concerns, so please contact the pub if you need any more info or clarity.

Please refer to [flaming-grill.co.uk](https://flaming-grill.co.uk) for full terms & conditions and details on refunds & cancellations. Bookings are subject to change – please see our website for up-to-date guidance and policies at the time of your booking.

**All tips are paid in full to our team members**

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