



# The Big Cake Company Autumn Winter 2025 - Allergen Information

## Allergen Information

Whilst we take extensive steps to ensure that the list of allergen ingredients in our dishes is accurate, **we cannot say that any of our items are "free-from" any allergen**, but only that it does not contain that allergen as an ingredient.

Dishes may be handled and prepared in an environment which contains allergens so there is a risk of cross-contamination in our kitchens.

Our allergen information relates only to dishes which contain those 14 allergens which we are required to declare as ingredients and is as provided to us by our suppliers. As such, our dishes may contain additional ingredients which you could be allergic and/or intolerant to and which we have not highlighted. Our descriptions do not include all ingredients or allergens. If you have an allergy or intolerance to an allergen other than any one of those 14 then please contact our team before you order or consume any dishes from our selection.

## Food preparation

Our food can come into contact with allergens as it is prepared in a kitchen where dishes containing gluten, nuts, dairy and other allergens are also present.

If you suffer from sensitive trace reactions for any food-related allergen, please be aware that we are unable to guarantee full suitability, and dining with us may not be suitable for you.

## Our selection

If you are selecting dishes from any of our dietary menus such as our no-gluten containing ingredient menu – please highlight nature of your allergy or intolerance to a team member and let us know the menu you are ordering from when placing your order.

## Please check and ask about allergen information every time you order with us

- even if you have consumed a particular dish on a previous order. It is important to make your choices based on the current allergen content.

## Vegetarians and Vegans

Our Vegetarian and Vegan dishes are created using ingredients which have been confirmed suitable by our suppliers. They are however stored & prepared in kitchens where meat & dairy are also handled and may have come into contact with meat-based ingredients. If you would like further information on the preparation of these dishes please speak to a member of our team.

How to read our allergen information:-

**Yes** - Suitable for Vegan/ Vegetarian - The information that has been supplied to us indicates that the product is suitable for Vegans/Vegetarians

**No** - Suitable for Vegan/ Vegetarian - The information that has been supplied to us indicates the dish is **NOT** suitable for Vegans/ Vegetarians

**No** - Is not listed as an ingredient, but please note that absence in the final product cannot be guaranteed due to cross-contamination risks in production, supply and preparation

**No\*** - Indicates that whilst gluten is not a listed ingredient, due to the fryers being used for breaded & battered products there is an increased cross-contamination risk

\*\* Tree Nuts indicates the presence of the following:- almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts and their respective derivatives

\* Gluten is a protein component of wheat, rye, barley, kamut, spelt & oats



	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Big Cake Co. Autumn Winter 2025	Sponge Cakes	Keep Calm and Carrot On	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	No
Big Cake Co. Autumn Winter 2025	Sponge Cakes	The Martian	Total Allergen Outcome	No	Yes	Yes (Wheat, Barley)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	No
Big Cake Co. Autumn Winter 2025	Sponge Cakes	The Big Biscoff	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	No
Big Cake Co. Autumn Winter 2025	Sponge Cakes	Simply The Zest Cake	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	No
Big Cake Co. Autumn Winter 2025	Cheesecakes	How The Cookies Crumble Cheesecake	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	No	No	Yes	Yes
Big Cake Co. Autumn Winter 2025	Cheesecakes	When Life Gives You Lemons Cheesecake	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	No	No	No	Yes
Big Cake Co. Autumn Winter 2025	Cheesecakes	Caramelised Biscuit Cheesecake	Total Allergen Outcome	Yes	Yes	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Big Cake Co. Autumn Winter 2025	Desserts & Smaller Treats	Big Spender Shortbread	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	No	No	Yes	No
Big Cake Co. Autumn Winter 2025	Desserts & Smaller Treats	The BIG Éclair	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	Yes
Big Cake Co. Autumn Winter 2025	Hot Desserts	Sticky Toffee Pudding	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No
Big Cake Co. Autumn Winter 2025	Hot Desserts	The Brownie Points Brownie	Total Allergen Outcome	No	Yes	No	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	Yes
Big Cake Co. Autumn Winter 2025	Hot Desserts	~Oh Fudge! Chocolate Cake"	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	Yes

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Big Cake Co. Autumn Winter 2025	Extras	Custard	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Big Cake Co. Autumn Winter 2025	Extras	Cream	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Big Cake Co. Autumn Winter 2025	Extras	Vanilla Ice Cream	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No