

# KIDS MENU



Order at the bar or download our app for all menus, allergens and payment.

# Mains

### All dishes come with a side of cucumber sticks

Super Pork Sausages 2 3.95

With mashed potato, peas and gravy (623kcal, 8.8g sugar, 3.64g salt)

Chicken Nuggets † 2 3.95

With chips and peas (540kcal, 6.7g sugar, 0.79g salt)

Crispy Battered Fish † 2 3.95

With chips and peas (593kcal, 6.7g sugar, 0.92g salt)

Quorn Sausages (V) 0 3.95

With chips, peas and gravy (569kcal, 8.6g sugar, 2.85g salt)

Tomato Pasta (VE) 2 3.95

Rigatoni pasta in a rich tomato sauce (465kcal, 7.2g sugar, 1.06g salt)

Plant-based Nuggets (VE) @ 3.95

With jacket potato and peas (456kcal, 11.4g sugar, 0.83g salt)

# **SWAP**

Chips (245kcal, 0g sugar, 0.12g salt) for Mash (176 kcal, 1.5g sugar, 0.75g salt) Peas (60kcal, 6.0g sugar, 0g salt) for Beans (77kcal, 5.4g sugar, 0.72g salt)

# **Desserts**

# **Chocolate Brownie (V) 1.95**

Vanilla clotted cream ice cream and chocolate sauce (377kcal, 38.3g sugar, 0.16g salt)

### Ice Cream (V) 1.75

2 scoops of vanilla clotted cream ice cream with chocolate sauce (309kcal, 35.8g sugar, 0.22g salt)

# Fresh Strawberries (VE) 6 1.75

Dusted in icing sugar (34kcal, 7g sugar, 0g salt)

You can view our allergen information if you download our app, or visit our website at www.greeneking.co.uk.

Please advise the team of any dietary requirements before ordering. (V) Suitable for Vegetarians. (Ve) Suitable for Vegans. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. (N) Dish contains Nuts. fFish, poultry and shellfish dishes may contain bones and/or shell. Scampi may contain one or more tail per piece. \* All stated weights are approximate before cooking. Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. We do not include 'may contain' information. Our menu descriptions do not list all ingredients. Dishes may contain alcohol. Calorie counts are correct at time of print. This information has been provided to allow you to make an informed choice when dining with us. Children between 5-10 years old need around 1,800 calories a day, but this will vary by age and level of activity and some children will need less, and some will need more. Full nutrition information is available on our website. (1) 1 of your 5 a day = 40-60g of fruit or vegetables, or 150ml pure juice.