# NO-GLUTEN CONTAINING BUFFET WENU



# Adults needs around 2000 kcal a day

You can view our allergen information if you download our app, or visit our website at www.greeneking.co.uk.

Please advise the team of any dietary requirements before ordering. (V) Suitable for Vegetarians. (Ve) Suitable for Vegans. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. (N) Dish contains Nuts. †Fish, poultry and shellfish dishes may contain bones and/or shell. Scampi may contain one or more tail per piece. \*All stated weights are approximate before cooking. Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross containation. We do not include 'may contain' information.

Our menu descriptions do not list all ingredients. Dishes may contain alcohol. Calorie counts are correct at time of print.

# NO-GLUTEN CONTAINING BUFFET MENU

Dishes on this menu are made with ingredients that do not intentionally contain gluten. However, due to the risk of cross-contamination from a range of ingredients within our kitchens, traces of gluten may be present. Please ensure a member of the team is aware that you are ordering from our No Gluten Containing Menu.

### **Roasted New Potatoes (VE)**

Tossed in rosemary sea salt (124kcal per scoop)

# **Honey & Mustard Sausages**

Outdoor-bred Nidderdale pork chipolatas with a honey & English mustard glaze (141kcal per sausage)

### Sandwich Platter

Selection of sandwiches in a Ciabatta

Chicken & Bacon Mayo (113kcal per sandwich)

Barber's Vintage 1833 Cheddar, chilli jam and rocket (V) (93kcal per sandwich)

### Fresh Garden Salad (VE)

Dressed rocket with spring onions, cucumber, pickled watermelon and fresh mint (13kcal per scoop)

### Harissa Houmous and Ciabatta (V)

Smoked houmous with harissa, topped with seeds, served with toasted ciabatta and roasted red peppers (195kcal per 2 pieces)

# Grilled Halloumi (V)

With chilli jam, sour cream and pickled watermelon (250kcal per 2 pieces)