



GLUTEN FREE MENU

Processes and training are in place to ensure that meals on this menu are gluten free. Gluten free describes foods that contain gluten at a level of no more than 20 parts per million (ppm). However, due to the risk of cross-contamination from a range of ingredients within our kitchens, traces of other allergens may be present. Please ensure a member of the team is aware that you are ordering from our gluten free menu.

HOLLY JOLLY PLATES

MAKE A DEAL OF IT

CHOOSE **THREE** OF YOUR FAVOURITE **SMALL PLATES** INCLUDING THOSE FROM OUR MAIN GLUTEN FREE MENU. DARE TO SHARE?

3 FOR

£12

HighTales Sticky Pigs

4.99

Pigs in blankets, but better. Smothered in a sticky Texan BBQ sauce for full-on flavour. (748 kcal)

FESTIVE PIZZAS

MAKE IT AS **SMALL** OR **BIG** AS YOU LIKE.

TOPPED WITH OUR **SIGNATURE** PIZZA SAUCE, MOZZARELLA AND CHEDDAR CHEESE.

Totally Turkey

11.49

Piled high with smoked pulled turkey and cranberry salsa. (1032 kcal)

Camembert and Cranberry **v**

10.99

Ooey gooey camembert with red onion, drizzled with cranberry sauce. (1058 kcal)

FEEDING THE FAMILY?

MAKE IT BIGGER, CHOOSE YOUR **SIZE** AND **FLAVOURS**.

4 PIZZAS

3 PIZZAS

2 PIZZAS

£41.99

£31.49

£20.99

YULETIDE MELTS

CRUNCHY CIABATTA, LOADED WITH OUR HIGHTALES **TOASTIE CHEESE** BLEND. SERVED WITH A SIDE OF PICKLED VEG.

Hunter's Turkey

5.49

Smoked pulled turkey in a BBQ & cranberry sauce. (778 kcal)

Pigs in a Blanket

5.99

Festive flavours meet comforting grilled perfection. (1029 kcal)

Brussel Cheese **v**

5.49

Crispy pan fried brussels. (698 kcal)

ADULTS NEED AROUND 2000 KCAL A DAY

**ORDER ON THE APP
LEAVE THE REST TO US**



You can view our allergen information if you download the app, or visit our website at www.hightales.co.uk. Adults need around 2000 kcal a day.

v Suitable for Vegetarians. **vo** Suitable for Vegans. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. Our dishes are prepared in kitchens where nuts and other allergens are present. We cannot guarantee that any food item is completely free from traces of allergens due to the risk of unexpected cross contamination, with the exception of our gluten free dishes that contain gluten at a level of no more than 20 parts per million (ppm). We do not include 'may contain' information. Our menu descriptions do not list all ingredients. Please advise the team of any dietary requirements before ordering. Calorie counts are correct at time of print.

