



2024

NO-GLUTEN CONTAINING
FESTIVE MENU

SEASON'S EATINGS

*Pub favourites with
a holiday twist*

Dishes on this menu are made with ingredients that do not intentionally contain gluten. However, due to the risk of cross-contamination from a range of ingredients within our kitchens, traces of gluten may be present. Please ensure a member of the team is aware that you are ordering from our No Gluten Containing Menu.

STARTERS

Maple Glazed Pigs in Blankets 8.25

Tossed in maple syrup and orange zest (782kcal)

Ciabatta with Sprout Pesto & Harissa Houmous (V) 6.95

Smoked houmous with harissa, topped with sprout pesto and seeds, served with toasted ciabatta and roasted red peppers (636kcal)

Crispy Smashed Potatoes 6.95

Roasted and smashed new potatoes served with garlic aioli. Topped with rosemary sea salt (VE) (511kcal) or crispy Italian hard cheese (V) (589kcal)

Nachos (V) 10.95

Spiced tortilla chips topped with nacho cheese sauce & Barber's 1833 Vintage Cheddar, smashed avocado, sour cream, salsa and jalapeños (1190kcal, serves 2)

PUB CLASSICS

Turkey Dinner 16.95

Turkey with a pig in blanket, duck fat roast potatoes, sprouts, glazed carrots and turkey gravy (1152kcal)

Flat Iron Steak 17.75

14-day-aged flat iron steak served pink with a jacket potato & butter and blistered vine tomatoes (618kcal)

Add a steak sauce for £1.50 : choose from merlot beef dripping gravy (66kcal), Béarnaise (184kcal) or peppercorn (42kcal)

Pulled Mushroom Chilli (VE) 14.95

Pulled smoky mushroom chilli served with parsley basmati rice, smashed avocado and spicy herb garnish (783kcal)

Fresh Garden Salad (VE) 13.45

Dressed rocket with roasted new potatoes, spring onions, cucumber, pickled watermelon and fresh mint (298kcal)

Add grilled chilli-glazed chicken breast (193kcal) or grilled halloumi (V) (348kcal) for £2.50

SANDWICHES *Available until 7pm*

Turkey Toastie 10.45

Sliced turkey breast, cranberry sauce and Barber's 1833 Vintage Cheddar in a toasted Ciabatta, served with turkey gravy and duck fat roast potatoes (1161kcal)

All of our sandwiches are served with garden salad.

Grilled Cheese Toastie (V) 8.95

Barber's 1833 Vintage Cheddar in a ciabatta (477kcal)

Halloumi & Chilli Jam Ciabatta (V) 8.95

Grilled halloumi, chilli jam, roasted red peppers, rocket and mayo in a ciabatta (1108kcal)

Chicken BLT 9.45

Sliced chicken breast, beechwood-smoked streaky bacon, sliced vine tomatoes and baby gem lettuce with mayo in a ciabatta (751kcal)

SIDES

Fresh Garden Side Salad (VE) (25kcal) 2.25

Ciabatta & Butter (V) (357kcal) 1.50

Coleslaw (VE) (183kcal) 2.25

BURGERS

Beyond Meat® Sprout Pesto Burger (V) 13.95

Beyond Meat® burger topped with a Violife slice, sprout & herb pesto slaw, lettuce and red onion, served in a ciabatta with a jacket potato & butter and house relish (1085kcal)

Cheese & Bacon Burger 14.75

6oz* aged beef patty with beechwood-smoked streaky bacon, Barber's 1833 Vintage Cheddar, coleslaw and lettuce, served in a ciabatta with a jacket potato & butter and house relish (1295kcal)

DESSERTS

Festive Black Forest Brownie (V) 6.75

A warm chocolate brownie topped with clotted cream ice cream, sour cherry molasses and flaked chocolate (678kcal)

Ice Cream (V) 2.75

3 scoops of your choice. Choose from: clotted cream (126kcal per scoop), chocolate (146kcal per scoop) or strawberry (138kcal per scoop)

Vegan Ice Cream (VE) 2.75

3 scoops of vegan vanilla ice cream (338kcal)



GREENE KING
BURY ST EDMUNDS

Order at the bar or download our app for all menus, allergens and payment.

Adults need around 2000kcal a day

You can view our allergen information if you download our app, or visit our website at www.greeneking.co.uk.



Please advise the team of any dietary requirements before ordering. (V) Suitable for Vegetarians. (Ve) Suitable for Vegans. Please note that we do not operate a dedicated vegetarian/vegan kitchen area.

(N) Dish contains Nuts. †Fish, poultry and shellfish dishes may contain bones and/or shell. Scampi may contain one or more tail per piece. *All stated weights are approximate before cooking. Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. We do not include 'may contain' information. Our menu descriptions do not list all ingredients. Dishes may contain alcohol. Calorie counts are correct at time of print. Please be aware the allergen information for our dishes may change between the date of booking and the date of your visit. We would advise all of our guests contact a member of the team on the date of their visit to confirm the allergen information of their selected meals. GK9286/64562A