

THE FRESHFIELD

Known to locals as The Freshie, this larger-than-life pub has been at the heart of Formby life since the 1870s. The area takes its name from Thomas Fresh, the country's first-ever Inspector of Nuisances, while the pub's squirrel emblem is a fitting nod to one of the area's most cherished residents. With red squirrels now a rare sight across Britain, Formby remains one of their last natural strongholds - and spotting this pub at its best is every bit as rewarding.

Moments from sweeping dunes, ancient pine forests and the National Trust reserve, it's a natural refuge for walkers, wildlife lovers and those seeking a warm, welcoming place to pause.

GREENE KING
EST⁹ 1799

STARTERS

Spiced Minestrone Soup (V) 5.45
Served with a toasted ciabatta and butter 385kcal
Vegan **(Ve)** option available 284kcal

Smoked Salmon† 7.75
Served on a toasted ciabatta with creamy horseradish and cucumber garnish 493kcal

Crispy Squid † 6.25
Served with garlic aioli 383kcal

Japanese-style Karaage Chicken 7.25
608kcal Served with your choice of sauce:
Korean BBQ 100kcal, garlic aioli 84kcal
or chipotle mayo 174kcal

Burrata & Heritage Tomato Salad (V) 7.75
Topped with basil pesto 327kcal

SHARER

Crispy Duck Nachos 12.95
Home-fried nachos topped with crispy Korean-style Duck, West Country mature cheddar cheese, guacamole, cheese sauce, sour cream, corn salsa and red chilli 1676kcal, serves 2
Vegetarian **(V)** option available 1147kcal, serves 2 10.45

PUB CLASSICS

Beef & Raclette Cheese Shortcrust Pie 15.25
Served with seasonal veg, creamy chive mash and Merlot beef dripping gravy 1217kcal

Fish & Chips † 15.95
Hand-battered cod served with proper chips, crushed peas and char-grilled lemon 1187kcal

Mediterranean-style Salad (Ve) 10.45
Lentils, grains, roasted vegetables, heritage tomatoes, cucumber, rocket and corn salsa, served with a creamy lemon parsley dressing 416kcal
Add a salad topper for 3.00
Falafel **(Ve)** 193kcal, Feta **(V)** 275kcal or Chicken 206kcal

SIDES

Proper Chips (V) 403kcal 3.50

House-seasoned Fries (V) 566kcal 3.50

Crispy Smashed Potatoes (Ve) 278kcal 2.50

Garlic Ciabatta (V) 576kcal 3.75

Cheesy Garlic Ciabatta (V) 747kcal 4.25

Side Salad (Ve) 72kcal 2.50

Seasonal Veg (V) 113kcal 2.45

Onion Rings (V) 469kcal 3.50

Ciabatta & Butter (V) 239kcal 1.95

Scan to see our allergen information

Adults need around 2000kcal a day

SUNDAY ROASTS

Our Sunday roasts are served with roast potatoes, seasonal veg, stuffing, a Yorkshire pudding and rich gravy.

Choose from...

Beef Rump
1133kcal 15.95

Lamb Rump
1568kcal 16.45

Turkey
994kcal 15.45

Mushroom Galette (V)
1319kcal 14.45

EXTRAS

Yorkshire Pudding (V)
106kcal 50p

Pigs in Blankets
211kcal 1.00

Cauliflower Cheese (V)
183kcal 1.50

Duck Fat Roast Potatoes 403kcal 1.50
Vegetarian **(V)** option available 322kcal

BURGERS

All our burgers are served in a seeded bun with lettuce and red onion, with seasoned fries and a skewered gherkin

Festive Burger 15.95
6oz* beef burger topped with Merlot beef dripping gravy, maple glazed pigs in blankets, and melted camembert, served with hand-battered onion rings 1579kcal

Chicken & Bacon Burger 14.75
Breaded chicken breast topped with melted West Country mature cheddar, smoked streaky bacon and chipotle mayo, served with hand-battered onion rings 1377kcal

Cheese & Bacon Burger 14.95
6oz* beef burger topped with West Country mature cheddar, smoked streaky bacon and mayo, served with hand-battered onion rings 1517kcal

Falafel & Spinach Burger (Ve) 14.45
Topped with grilled mixed peppers and chipotle mayo 964kcal

PUDDINGS

Christmas Pudding (V) 6.25
501kcal Served with your choice of custard 87kcal
or Jersey clotted cream ice cream 147kcal

Bramley Apple & Blackberry Crumble Tart (V) 5.95
500kcal Served with your choice of Jersey clotted cream ice cream 126kcal or custard 87kcal
Vegan **(Ve)** option available 649kcal

Triple Chocolate Brownie (V) 5.95
Served with Jersey clotted cream ice cream and chocolate flavour sauce 711kcal

Sticky Toffee Pudding (V) 6.25
480kcal Served with your choice of Jersey clotted cream ice cream 126kcal or custard 87kcal

Baked Vanilla Cheesecake (V) (N) 6.25
Topped with pistachio sauce and chocolate flavour sauce 611kcal

Order to your table, pay and earn rewards with the Greene King app

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Please advise the team of any dietary requirements before ordering. (V) Suitable for Vegetarians. (VE) Suitable for Vegans. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. (N) Dish contains Nuts. †Fish, poultry and shellfish dishes may contain bones and/or shell. Scampi may contain one or more tail per piece. *All stated weights are approximate before cooking. Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. We do not include 'may contain' information. Our menu descriptions do not list all ingredients. Dishes may contain alcohol. Calorie counts are correct at time of print. Please be aware the allergen information for our dishes may change between the date of booking and the date of your visit. We would advise all of our guests contact a member of the team on the date of their visit to confirm the allergen information of their selected meals. Products & offers are subject to availability at the price point advertised. Deals and offers are only available on the days and times advertised on the menu and cannot be used in conjunction with any other offer. Discounts will be applied to the cheapest qualifying items in your order.

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