

SEASON'S EATINGS

Children's Festive Food Menu



PERFECT PORTIONS FOR LITTLE FOODIES

🍏 Indicates how many portions of your 5 a day

MAINS

TRADITIONAL TURKEY DINNER 🍏 5.25

With a pig in blanket, duck fat roast potatoes, stuffing, Chantenay carrots, sprouts and rich gravy 720kcal, 9.1g sugar, 3.37g salt

All dishes come with a side of cucumber sticks 🍏 1

2 SUPER PORK SAUSAGES 🍏 4.95

With mashed potato, peas and gravy 628kcal, 9.7g salt, 3.48g sugar

HAND-BATTERED FISH † 🍏 4.95

With chips and peas 898kcal, 8.9g sugar, 1.22g salt

4 CHICKEN NUGGETS † 🍏 4.95

With chips and peas 581kcal, 6.7g sugar, 1.32g salt

2 QUORN SAUSAGES (V) 🍏 4.95

With chips and peas 590kcal, 8.7g sugar, 1.78g salt

TOMATO PASTA (VE) 🍏 4.95

Rigatoni pasta in a rich tomato sauce 467kcal, 7.3g sugar, 1.07g salt

SWAP CHIPS 288kcal, 0g sugar, 0.24g salt **FOR MASH** 176kcal, 1.5g sugar, 0.75g salt
SWAP PEAS 71kcal, 6g sugar, 0g salt **FOR BEANS** 77kcal, 5.4g sugar, 0.72g salt

DESSERTS

FRESH STRAWBERRIES (VE)

🍏 2.25

Dusted in icing sugar 34kcal, 7g sugar, 0g salt

CHOCOLATE BROWNIE (V) 2.45

With vanilla Jersey clotted cream ice cream and chocolate sauce 376kcal, 37.5g sugar, 0.16g salt

ICE CREAM (V) 1.75

2 scoops of vanilla Jersey clotted cream ice cream served with chocolate sauce 307kcal, 34.2g sugar, 0.22g salt



You can view our allergen information if you download the Greene King app, or visit our website at www.greeneeking.co.uk. This information has been provided to allow you to make an informed choice when dining with us. Children between 5-10 years old need around 1,800 calories a day, but this will vary by age and level of activity and some children will need less, and some will need more. Full nutrition information is available on our website. 🍏 1 of your 5 a day = 40-60g of fruit or vegetables, or 150ml pure juice. (V) Suitable for Vegetarians. (VE) Suitable for Vegans. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. (N) Dish contains Nuts. †Fish, poultry and shellfish dishes may contain bones and/or shell. Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. We do not include 'may contain' information. Our menu descriptions do not list all ingredients. Please advise the team of any dietary requirements before ordering. Calorie counts are correct at time of print. Please be aware the allergen information for our dishes may change between the date of booking and the date of your visit. We would advise all of our guests contact a member of the team on the date of their visit to confirm the allergen information of their selected meals. Dishes may contain alcohol. GK11465/75382

Order at the bar or download our app for all menus, allergens and payment.