



THE BLUE POSTS

NO GLUTEN CONTAINING INGREDIENTS MENU

Dishes on this menu are made with ingredients that do not intentionally contain gluten. However, due to the risk of cross-contamination from a range of ingredients within our kitchens, traces of gluten may be present. Please ensure a member of the team is aware that you are ordering from our No Gluten Containing Menu.

STARTERS & SHARERS

- Beef Rillettes Rustic seeded roll, truffle & thyme butter, caramelised red onion chutney 596 kcal **8.50**
- Creamy Burrata & Heritage Tomato Salad (v) Lemon & basil dressing 447 kcal **10.50**
- Cauliflower & Chestnut Soup (v) Warmed rustic seeded roll, butter 477 kcal **7.50**
- Baked Somerset Camembert Sharer (v) Garlic-infused Cricket St. Thomas Camembert, caramelised red onion chutney, rustic seeded rolls to dip 1201 kcal, serves 2 **20.00**

MAINS

- Halibut Fillet† (n) Smashed roasted new potatoes, smoky romesco, green beans 948 kcal **21.00**
- Turkey Roast Pig in blanket, crispy duck fat roast potatoes, Chantenay carrots, sprouts, braised red cabbage & apple, rich gravy 855 kcal **21.00**
- Wild Grain Salad (v) Heritage tomatoes, fennel, butternut squash, Gordal olives, rocket, feta, zesty orange 832 kcal **17.50**
(Add grilled chicken 232 kcal 3.50)
- Grassfed Sirloin Steak Smashed roasted new potatoes, salsa verde, heritage tomato salad 885 kcal **24.00**
- Smoked Bacon & Cheddar Beef Burger Toasted rustic roll, smashed roasted new potatoes 1238 kcal **18.00**
- Beyond Meat® Burger (v) Melting Violife slice, chutney, smashed roasted new potatoes, garlic aioli dip 1216 kcal **18.00**
- Duck, Chive Mash & Demi-Glace Confit duck leg, creamy chive mash, braised red cabbage & apple, charred orange 1085 kcal **20.00**

PUDDINGS

- Brandy Butter Ice Cream (v) 411 kcal **6.50**
- Single-Origin Chocolate Brownie (v)(n) Classic Jersey clotted cream ice cream 575 kcal **8.50**

Adults need around 2000 kcal a day.



Order at the bar or
download our app for
all menus, allergens
and payment.

(v) Suitable for Vegetarians. (ve) Suitable for Vegans.

Please note that we do not operate a dedicated vegetarian/vegan kitchen area.

(n) Dish contains Nuts. †Fish, poultry and shellfish dishes may contain bones and/or shell.

Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. We do not include 'may contain' information. Our menu descriptions do not list all ingredients. Please advise the team of any dietary requirements before ordering. Dishes may contain alcohol. Calorie counts are correct at time of print. Please be aware the allergen information for our dishes may change between the date of booking and the date of your visit. We would advise all of our guests contact a member of the team on the date of their visit to confirm the allergen information of their selected meals.