# FOLLY INN

# BRUNCH MENU

AVAILABLE 9AM-12PM

#### FULL BREAKFAST 9.99

Two rashers of bacon, a sausage, grilled half tomato, pan-fried mushrooms, beans, black pudding, hash browns (1174 kcal) and your choice of egg, fried (136 kcal), poached (78 kcal), or scrambled (82 kcal). Served with your choice of malted bloomer (130 kcal) or sourdough (197 kcal) toast & butter

## VEGGIE BREAKFAST (v) 9.99 Two vegan sausages, grilled half

tomato, pan-fried mushrooms, beans, hash browns, grilled halloumi (1137 kcal) and your choice of egg, fried (136 kcal), poached (78 kcal), or scrambled (82 kcal). Served with your choice of malted bloomer (130 kcal) or sourdough (197 kcal) toast & butter VEGAN BREAKFAST (ve) 8.99

Two vegan sausages, grilled half tomato, pan-fried mushrooms, hash browns, beans, guacamole topped with lime, mixed seeds and a spicy herb garnish (1158 kcal). Served with your choice of malted bloomer (130 kcal) or sourdough (197 kcal) toast & butter

#### OUR BREAKFAST ROLL 6.49

Soft white breakfast roll (190 kcal) your way, with your choice of 3 fillings: Bacon rashers (224 kcal), sausages (262 kcal), vegan sausages (ve) (223 kcal), fried eggs (v) (272 kcal), hash browns (ve) (353 kcal),

grilled tomato (ve) (20 kcal),
pan-fried mushrooms (ve) (53 kcal),

beans (ve) (73 kcal), halloumi (ve) (200 kcal)

OUR EGGS BENEDICT 7.49

Toasted sourdough topped with bacon, two poached eggs and hollandaise sauce (594 kcal)

AVOCADO & EGGS ON TOAST (v) 7.49 Toasted sourdough topped with guacamole, two poached eggs, toasted seeds, fresh tomatoes and corriander (368 kcal)

VEGAN OPTION AVAILABLE (ve) (213 Kcal)

BERRY YOGHURT BOWL (v)(n) 3.49

Greek-style yoghurt, topped with strawberries, muesli, maple syrup and toasted seeds (406 kcal)

# FOLLY PANCAKES

Choose from 3 for 7.49 or 6 for 9.49 warm buttermilk pancakes with your choice of topping:

#### BACON AND MAPLE Smoked streaky bacon and maple flavour syrup (3 for 750 kcal or 6 for 1339 kcal)

BERRY SUNDAE

Strawberries, raspberry coulis, maple syrup and clotted cream ice cream (3 for 562 kcal or 6 for 1222 kcal) CHOCOLATE DELIGHT

Warm chocolate sauce topped with chocolate pieces and cookies & cream ice cream (3 for 801 kcal or 6 for 1391 kcal)

## COLD DRINKS

HOUSE LEMONADES 2.99 Passion Fruit Lemonade (86 kcal) Rhubarb Lemonade (81 kcal) Strawberry Lemonade (84 kcal)

> STILL JUICE Orange (186 kcal) Apple (204 kcal) Cranberry (91 kcal)

Single Double **ESPRESSO** 2.00 2.45 (2 kcal) (2 kcal) Regular Large 2.45 2.60 AMERICANO (2 kcal) (2 kcal) 2.95 3.10 CAPPUCCINO (54 kcal) (100 kcal) 2.95 (66 kcal) 3.10 (112 kcal) LATTE MOCHA 2.95 3.10 (180 kcal) (226 kcal) FLAT WHITE 2.95 (55 kcal)

# HOT DRINKS

# HOT CHOCOLATE 3.10

ULTIMATE HOT CHOCOLATE 3.55 Whipped cream, Cadbury™ 99 Flake and mini marshmallows (480 kcal)

> TWININGS EVERYDAY TEA 2.35 (0 kcal)

TWININGS SPECIALITY TEA 2.35 Ask a team member for our selection

Enjoy the smooth, full-bodied taste of our coffee blend. Our beans are sourced from Brazil, Central America and India, and are Rainforest Alliance certified.

# KIDS BREAKFAST

## KIDS' FULL BREAKFAST 4.50

Rasher of bacon, sausage, grilled half tomato, beans (325 kcal) and your choice of egg, fried (136 kcal), poached (78 kcal), or scrambled (82 kcal). Served with your choice of malted bloomer (130 kcal) or sourdough (98 kcal) toast & butter.

### KIDS' VEGETARIAN BREAKFAST 4.50

Vegan sausage, pan-fried mushrooms, grilled half tomato, beans (247 kcal) and your choice of egg, fried (136 kcal), poached (78 kcal), or scrambled (82 kcal). Served with your choice of malted bloomer (130 kcal) or sourdough (98 kcal) toast & butter.

## KIDS DRINKS

FRUIT JUICE Apple (128 kcal), Orange (116 kcal) or Cranberry (57 kcal)

BABYCCINO (58 kcal) 0.99

> GLASS OF MILK 1.00 Semi-skimmed (134 kcal)

KIDS' BACON PANCAKE 3.50

One warm buttermilk pancake, smoked streaky bacon and maple flavour syrup (242 kcal)

KIDS' FRUIT PANCAKE 3.50 One warm buttermilk pancake, topped with Greek-style yoghurt and strawberry pieces & maple flavour syrup (288 kcal)

CAPRI-SUN (No added sugar) 200ml 1.30 Blackcurrant (16 kcal) or Orange (14 kcal)

> TAP WATER Our tap water is free!

Adults need around 2000 kcal a day

You can view our allergen information if you download the Greene King app, or visit our website at www.greeneking.co.uk. Please advise the team of any dietary requirements before ordering. Suitable for Vegetarians. Suitable for Vegans. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. †Fish, poultry and shellfish dishes may contain bones and/or shells. \* All stated weights are approximate before cooking. Our dishes are prepared in kitchens where nuts and gluten are prepared well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. We do not include 'may contain' information. Our menu descriptions do not list all ingredients. Dishes may contain alcohol. Calorie counts are correct at the time of print.