

# KIDS



# STARTERS

## CARROT & CUCUMBER VEG STICKS

With a tomato dip

(43 kcal / 5.2g Sugar / 0.29g Salt)

## GARLIC BREAD

(225 kcal / 1.2g Sugar / 0.60g Salt)

## CHICKEN STRIPS†

With a tomato dip

(249 kcal / 3.0g Sugar / 1.55g Salt)

## CRISPY SQUID†

With ketchup

(279 kcal / 12.8g Sugar / 3.15g Salt)

# LITTLE EATS

MAIN + DESSERT + DRINK

CHOOSE YOUR MAIN

PICK  
EITHER  
TWO VEGGIES  
OR  
ONE SIDE  
AND ONE  
VEGGIE

## CHEESE & TOMATO PIZZA

(457 kcal / 3.6g Sugar / 1.41g Salt)

## THREE FISH FINGERS†

Omega-3 fish fingers

(216 kcal / 1.2g Sugar / 0.65g Salt)

## TWO PORK SAUSAGES

Served with gravy

(246 kcal / 5.4g Sugar / 2.84g Salt)

## TWO QUORN™ SAUSAGES

Served with gravy

(247 kcal / 2.0g Sugar / 2.73g Salt)

## SLICED CHICKEN FILLET

(79 kcal / 0.3g Sugar / 0.56g Salt)

## FOUR CHICKEN NUGGETS†

(214 kcal / 0.0g Sugar / 1.07g Salt)

## 2oz\* BEEF BURGER

Served with lettuce in a bun

(304 kcal / 2.4g Sugar / 0.57g Salt)

## ADD CHEESE TO YOUR BURGER:




(26 kcal / 0.3g Sugar / 0.26g Salt)


## TOMATO PASTA


Pasta tubes in a tomato sauce


(229 kcal / 3.3g Sugar / 0.53g Salt)




 All main meals can be served with 2 of your 5 a day - spot the symbols  

 The calorie, salt and sugar content of meals is indicated

 Yummy vegetarian and vegan options are available

 Pick & mix options mean you can create something just right

 No added sugar in any of our kids menu drink options



# BIG EATS

MAIN + DESSERT + DRINK

CHOOSE YOUR MAIN

PICK  
EITHER  
TWO VEGGIES  
OR  
ONE SIDE  
AND ONE  
VEGGIE

## DIY HUNTER'S CHICKEN TACOS

Sliced chicken, grated cheese, lettuce, Texan BBQ sauce and two tortillas

(450 kcal / 17.2g Sugar / 2.15g Salt)



## DOUBLE 2oz\* BEEF BURGER

Served with lettuce in a bun

(494 kcal / 2.6g Sugar / 0.94g Salt)

**ADD CHEESE TO YOUR BURGER:**

(26 kcal / 0.3g Sugar / 0.26g Salt)

## VEGGIE LASAGNE

(175 kcal / 8.8g Sugar / 0.41g Salt)

## CHICKEN KATSU†

Chicken nuggets topped with katsu sauce

(289 kcal / 5.1g Sugar / 1.29g Salt)

## VEGAN KATSU

Crispy breaded plant based goujons topped with katsu sauce

(294 kcal / 8.4g Sugar / 1.00g Salt)

## VEGGIES

### CARROT & CUCUMBER VEG STICKS

(23 kcal / 3.6g Sugar / 0.05g Salt)

### GARDEN PEAS

(60 kcal / 6.0g Sugar / 0.00g Salt)

### MINI CORN ON THE COB

(91 kcal / 2.8g Sugar / 0.01g Salt)

### BAKED BEANS

(77 kcal / 5.4g Sugar / 0.72g Salt)

## SIDES

### MASHED POTATO

(176 kcal / 1.5g Sugar / 0.75g Salt)

### GARLIC BREAD

(225 kcal / 1.2g Sugar / 0.60g Salt)

### VEGETABLE RICE

(128 kcal / 1.4g Sugar / 0.34g Salt)

### CHIPS

(245 kcal / 0.0g Sugar / 0.12g Salt)

CHECK OUT THE BACK PAGE TO  
CHOOSE YOUR DESSERT + DRINK



# DESSERTS



## FRUIT KEBAB

Fresh strawberry and banana served with chocolate flavour sauce  
(155 kcal / 30.3g Sugar / 0.03g Salt)

## VEGAN FRUIT KEBAB

Fresh strawberry and banana served with strawberry flavour sauce  
(167 kcal / 38.1g Sugar / 0.00g Salt)

## CHURROS

(223 kcal / 2.2g Sugar / 0.39g Salt)

**Served with your choice of sauce:**

Chocolate Flavour

(28 kcal / 4.9g Sugar / 0.01g Salt)

Strawberry Flavour

(32 kcal / 7.5g Sugar / 0.00g Salt)

## GOOEY CHOCOLATE BROWNIE


Warm chocolate brownie with a scoop of vanilla flavour ice cream and chocolate flavour sauce  
(382 kcal / 42.9g Sugar / 0.26g Salt)

## ICE CREAM

ONE SCOOP

TWO SCOOPS

**Choose your favourite:**

Clotted Cream 

(97 kcal / 12.2g Sugar / 0.15g Salt)

Chocolate Flavour 

(99 kcal / 13.0g Sugar / 0.09g Salt)

Frozen Strawberry Flavour Yoghurt 

(88 kcal / 15.2g Sugar / 0.05g Salt)


Lemon Curd Sorbet 

(95 kcal / 19.3g Sugar / 0.09g Salt)


Vanilla & Coconut 

(113 kcal / 9.1g Sugar / 0.02g Salt)

**Top with your favourite sauce:**

Chocolate Flavour 

(28 kcal / 4.9g Sugar / 0.01g Salt)

Strawberry Flavour 

(32 kcal / 7.5g Sugar / 0.00g Salt)

**Ice cream calories shown per scoop**

# DRINKS

## FRUIT SHOOT

Orange (17 kcal)

Blackcurrant & Apple (11 kcal)

## ORANGE JUICE

(116 kcal)

## APPLE JUICE



(128 kcal)

## MILK

(134 kcal)

 Vegetarian  Vegan † May contain shell or bones.  Contains 1 of your 5 a day.  Contains 2 of your 5 a day.  
1 of your 5 a day = 40-60g fruit or vegetables or 150ml pure juice. All tips are paid in full to our team members.

**You can review our allergen information if you download the Greene King app or visit our website.  
Please refer to main menu for web link**

**Terms & Conditions:** Please advise the team of any dietary requirements before ordering. Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. We do not include 'may contain' information.  Suitable for vegetarians.  Suitable for vegans. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. Our menu descriptors do not include all ingredients. †Fish, poultry and shellfish dishes may contain bones and/or shell. \*All weights are approximate prior to cooking. Metric equivalent 16oz = 1lb = 454g. Full nutrition information is available on our website. Calorie counts are correct at time of print. Children between 5-10 years old need around 1800 calories a day, this will vary by age and level of activity, some children will need less, and some will need more. This information has been provided to allow you to make an informed choice when dining with us. All items are subject to availability. Menu available for children under 12 years only. We serve food 12noon-10pm (as a minimum) Monday to Sunday, selected sites will have extended hours. Photography is for guidance only. Products are subject to availability at the price point advertised. All prices are in GBP and are inclusive of VAT. Should the VAT rate change, menu pricing will be adjusted accordingly. Manager's decision is final. If you have any comments, suggestions or queries please do not hesitate to contact us at: Greene King Brewing and Retailing Ltd, Sunrise House, Ninth Avenue, Burton upon Trent, Staffordshire, DE14 3JZ.