

# NO-GLUTEN CONTAINING INGREDIENTS



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Dishes on this menu are made with ingredients that do not intentionally contain gluten. Due to the risk of cross-contamination we cannot guarantee our dishes are 100% free from gluten. Please ensure a member of the team is aware you are ordering from our No-Gluten Containing Ingredients Menu

## STARTERS & SHARERS

### CORN RIBS <sup>VE</sup>

Charred, sweet chilli glazed corn ribs served with vegan mayo and a spicy herb garnish (329 kcal)

### NACHO SHARER <sup>V</sup>

Corn tortilla chips with mozzarella, Cheddar and nacho cheese sauce served with salsa, jalapeños, soured cream and a spicy herb garnish (1177 kcal, serves 2)

#### ADD A TOPPER:

**TEXAN BBQ PULLED PORK** (325 kcal)

## MAINS

### HUNTER'S CHICKEN

Chicken breast topped with smoked streaky bacon, melted Cheddar, mozzarella and Texan BBQ sauce with a dressed salad garnish (420 kcal). Served with your choice of buttered mash (323 kcal), buttered baby potatoes (321 kcal) or a jacket potato with butter (252 kcal)

### GRILLED GAMMON

8oz\* gammon steak topped with a fried free range egg and grilled pineapple. Served with garden peas (529 kcal) and your choice of buttered mash (323 kcal), buttered baby potatoes (321 kcal) or a jacket potato with butter (252 kcal)

### PULLED MUSHROOM CHILLI <sup>VE</sup>

Pulled smoky mushroom chilli served with basmati & wild rice and a spicy herb garnish (676 kcal)

## LUNCH

AVAILABLE MONDAY TO SATURDAY 12PM - 5PM

All served in brown seeded bread with rocket on the side

### SWEET CHILLI CHICKEN SANDWICH

Chicken shawarma in a sweet chilli glaze, with mayo, and topped with roasted peppers & onions (578 kcal)

### STEAK & CHEESE SANDWICH

28 day aged rump steak and cheese, topped with roasted peppers & onions (595 kcal)

### PLANT BASED MEATBALL MARINARA SANDWICH <sup>VE</sup>

Plant based meatballs in a marinara sauce, with a Violife slice and vegan mayo (725 kcal)

### HOT HONEY HALLOUMI SANDWICH <sup>V</sup> <sup>NEW</sup>

Grilled halloumi drizzled with hot honey, and topped with roasted peppers & onions (835 kcal)

## FROM THE GRILL

28 day aged steaks for a succulent full flavour - perfectly grilled to your liking. Served with half a grilled tomato, rocket and your choice of buttered mash (323 kcal), buttered baby potatoes (321 kcal) or a jacket potato with butter (252 kcal)

### 28 DAY AGED STEAKS

#### 8oz\* RUMP (331 kcal)

Add an extra rump steak (319 kcal)

#### 8oz\* SIRLOIN (375 kcal)

Add an extra sirloin steak (363 kcal)

### GET SAUCY

**CREAMY PEPPERCORN & BRANDY** (104 kcal)

**MERLOT & BEEF**

**DRIPPING GRAVY** (53 kcal)

**GARLIC & MUSHROOM** (126 kcal)

### TOP IT OFF

**FRIED FREE RANGE EGG** (146 kcal)



## SIDES

**BUTTERED MASH <sup>V</sup>** (323 kcal)

**BUTTERED BABY POTATOES <sup>V</sup>** (321 kcal)

**JACKET POTATO WITH BUTTER <sup>V</sup>** (252 kcal)

**DRESSED MIXED SALAD <sup>VE</sup>** (55 kcal)

**SEASONAL VEGETABLES <sup>V</sup>** (136 kcal)

**BREAD & BUTTER <sup>V</sup>** (342 kcal)

## DESSERTS

### ICE CREAM

Your choice of 3 ice cream scoops:

Clotted Cream <sup>V</sup> (126 kcal) | Chocolate Flavour <sup>V</sup> (113 kcal)

Frozen Strawberry Flavour Yoghurt <sup>V</sup> (88 kcal)

Lemon Curd Sorbet <sup>V</sup> (85 kcal) | Vanilla & Coconut <sup>VE</sup> (113 kcal)

Your choice of sauce:

Chocolate Flavour <sup>V</sup> (28 kcal)

Strawberry Flavour <sup>VE</sup> (32 kcal)

Raspberry Coulis <sup>VE</sup> (16 kcal)

Ice cream calories shown per scoop



ADULTS NEED AROUND 2000 KCAL A DAY

<sup>V</sup> Vegetarian <sup>VE</sup> Vegan

All tips are paid in full to our team members.

You can view our allergen information if you download the Greene King app, or visit our website at [greene-king-pubs.co.uk/allergens](https://www.greene-king-pubs.co.uk/allergens)

**Terms & Conditions:** Please advise the team of any dietary requirements before ordering. Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. <sup>V</sup> Suitable for vegetarians. <sup>VE</sup> Suitable for vegans. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. Our menu descriptors do not include all ingredients. Some dishes may contain alcohol which is not listed on the menu. \*All stated weights are approximate before cooking. Metric equivalent 16oz = 1lb = 454g. Fish, poultry and shellfish dishes may contain bones and/or shell. Full nutrition information is available on our website. Calorie counts are correct at time of print. Photography and illustrations are for guidance only. Products are subject to availability. Lunch dishes are available Monday to Saturday 12pm-5pm only and are subject to availability, please ask a member of the team for details. Please refer to the main menu for details of our deals and offers. Manager's decision is final. If you have any comments, suggestions or queries please do not hesitate to contact us at: Greene King Brewing and Retailing Ltd, Sunrise House, Ninth Avenue, Burton upon Trent, Staffordshire, DE14 3JZ.