

# Chef & Brewer Main Menu - Spring Summer 2024

## Nutritional Information



### Key & Interpreting the data

The figures below highlight the nutrition values for each complete dish as listed on the menu.

The RI columns indicates the % of recommended Reference Intakes (RI) for an average adult (8400 KJ/ 2000 kcal per day) for each nutrient. They are based on official recommendations for an average adult, doing an average amount of physical activity. These are intended as a guide, not a target.

Figures are typical for that dish and may vary slightly as a result of manufacturing tolerances and cooking assembly.

Where there are options available, these will appear underneath the corresponding dish, please add the nutrition for the choice to the total dish.

When referring to Children's menu nutritional information, please be aware Children between 5-10 years old need around 1,800 calories a day, but this will vary by age and level of activity and some children will need less, and some will need more.

As a result of the above, we do not provide this information as medical advice. However we provide this information to ensure our guests are able to make an informed decision when choosing to dine with us.

### Reference Intakes (RI's) for an average adult

| Nutrient          | Reference Intake  |
|-------------------|-------------------|
| Energy (kj/kcal)  | 8400kj / 2000kcal |
| Fat (g)           | 70g               |
| Saturates (g)     | 20g               |
| Carbohydrates (g) | 260g              |
| Sugars (g)        | 90g               |
| Protein (g)       | 50g               |
| Salt (g)          | 6g                |

| Menu   | Menu Cat. | Dish Name  | Energy (Kj) |                    | Energy (kcal) |                    | Fat (g)     |                    | Saturated Fat (g) |                    | Carbohydrates (g) |                    | Sugars (g)  |                    | Protein (g) |                    | Salt (g)    |                    |
|--|-----------|--|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
|  |           |  | Per Serving | % Reference Intake | Per Serving   | % Reference Intake | Per Serving | % Reference Intake | Per Serving       | % Reference Intake | Per Serving       | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| Chef and Brewer Main Menu (Spring Summer 2024) | Nibbles   | Sticky Pickle Sausage Roll   | 1216        | 14%                | 291           | 15%                | 21.0        | 30%                | 8.9               | 45%                | 18.6              | 7%                 | 3.4         | 4%                 | 6.5         | 13%                | 0.81        | 14%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Nibbles   | Mini Steak & Ale Pie   | 890         | 11%                | 213           | 11%                | 11.8        | 17%                | 7.0               | 35%                | 19.6              | 8%                 | 1.4         | 2%                 | 6.5         | 13%                | 0.91        | 15%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Nibbles   | Cottage Pie Croquettes   | 2539        | 30%                | 607           | 30%                | 52.8        | 75%                | 18.5              | 92%                | 22.8              | 9%                 | 5.3         | 6%                 | 9.2         | 18%                | 1.76        | 29%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Nibbles   | Honey & Grain Mustard Chipolatas                                     | 2096        | 25%                | 501           | 25%                | 28.1        | 40%                | 8.8               | 44%                | 33.8              | 13%                | 17.1        | 19%                | 26.9        | 54%                | 2.76        | 46%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | To Begin  | Pork, Apple & Cider Terrine  | 2084        | 25%                | 498           | 25%                | 22.1        | 32%                | 12.1              | 60%                | 58.6              | 23%                | 21.1        | 23%                | 15.2        | 30%                | 2.36        | 39%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | To Begin  | Wild Garlic Mushrooms (V)  | 2321        | 28%                | 555           | 28%                | 35.9        | 51%                | 17.8              | 89%                | 45.9              | 18%                | 5.9         | 7%                 | 10.2        | 20%                | 1.66        | 28%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | To Begin  | Honey & Ale Crispy Chicken   | 1645        | 20%                | 394           | 20%                | 16.7        | 24%                | 3.9               | 19%                | 28.9              | 11%                | 20.9        | 23%                | 31.9        | 64%                | 2.00        | 33%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | To Begin  | Soup of the Day (V) - Please select your flavour from the following: | 1722        | 20%                | 411           | 21%                | 28.5        | 41%                | 11.4              | 57%                | 33.0              | 13%                | 0.5         | 1%                 | 4.7         | 9%                 | 1.13        | 19%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | To Begin  | Roasted Butternut & Carrot Soup                                      | 670         | 8%                 | 160           | 8%                 | 7.5         | 11%                | 2.0               | 10%                | 19.8              | 8%                 | 8.5         | 9%                 | 2.3         | 5%                 | 1.25        | 21%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | To Begin  | Country Veg Soup   | 348         | 4%                 | 83            | 4%                 | 2.5         | 4%                 | 1.0               | 5%                 | 12.3              | 5%                 | 4.0         | 4%                 | 1.5         | 3%                 | 1.44        | 24%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | To Begin  | Tomato Soup  | 423         | 5%                 | 100           | 5%                 | 4.8         | 7%                 | 0.3               | 2%                 | 12.3              | 5%                 | 8.5         | 9%                 | 1.3         | 3%                 | 1.00        | 17%                |

| Menu   | Menu Cat.            | Dish Name   | Energy (Kj) |                    | Energy (kcal) |                    | Fat (g)     |                    | Saturated Fat (g) |                    | Carbohydrates (g) |                    | Sugars (g)  |                    | Protein (g) |                    | Salt (g)    |                    |
|--|----------------------|---|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
|  |                      |   | Per Serving | % Reference Intake | Per Serving   | % Reference Intake | Per Serving | % Reference Intake | Per Serving       | % Reference Intake | Per Serving       | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| Chef and Brewer Main Menu (Spring Summer 2024) | To Begin             | Soup of the Day (Ve) - Please select your flavour from the following:       | 972         | 12%                | 232           | 12%                | 2.0         | 3%                 | 1.0               | 5%                 | 46.0              | 18%                | 0.0         | 0%                 | 6.0         | 12%                | 0.90        | 15%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | To Begin             | Roasted Butternut & Carrot Soup   | 670         | 8%                 | 160           | 8%                 | 7.5         | 11%                | 2.0               | 10%                | 19.8              | 8%                 | 8.5         | 9%                 | 2.3         | 5%                 | 1.25        | 21%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | To Begin             | Country Veg Soup  | 348         | 4%                 | 83            | 4%                 | 2.5         | 4%                 | 1.0               | 5%                 | 12.3              | 5%                 | 4.0         | 4%                 | 1.5         | 3%                 | 1.44        | 24%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | To Begin             | Tomato Soup   | 423         | 5%                 | 100           | 5%                 | 4.8         | 7%                 | 0.3               | 2%                 | 12.3              | 5%                 | 8.5         | 9%                 | 1.3         | 3%                 | 1.00        | 17%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | To Begin             | Crispy Squid †  | 2337        | 28%                | 558           | 28%                | 37.8        | 54%                | 4.1               | 21%                | 43.0              | 17%                | 1.7         | 2%                 | 13.6        | 27%                | 4.93        | 82%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | To Begin             | Garden Patch Medley (Ve)  | 1546        | 18%                | 369           | 18%                | 25.9        | 37%                | 2.3               | 11%                | 22.6              | 9%                 | 8.2         | 9%                 | 9.3         | 19%                | 0.98        | 16%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | To Graze             | Baked British Cheese (V) - Serves 2   | 6810        | 81%                | 1627          | 81%                | 94.8        | 135%               | 49.8              | 249%               | 128.6             | 49%                | 22.0        | 24%                | 62.3        | 125%               | 6.59        | 110%               |
| Chef and Brewer Main Menu (Spring Summer 2024) | To Graze             | Chef's Board † - Serves 2   | 8660        | 103%               | 2070          | 103%               | 134.7       | 192%               | 34.4              | 172%               | 136.0             | 52%                | 40.8        | 45%                | 77.1        | 154%               | 11.09       | 185%               |
| Chef and Brewer Main Menu (Spring Summer 2024) | Country Pub Classics | Glazed Pork Belly   | 7115        | 85%                | 1700          | 85%                | 102.3       | 146%               | 35.5              | 178%               | 91.3              | 35%                | 51.5        | 57%                | 95.8        | 192%               | 5.74        | 96%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Country Pub Classics | Hand-Battered Cod & Chips † - Please select your choice from the following: | 4122        | 49%                | 983           | 49%                | 45.1        | 64%                | 9.2               | 46%                | 101.7             | 39%                | 2.9         | 3%                 | 38.2        | 76%                | 1.44        | 24%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Country Pub Classics | Garden Peas   | 295         | 4%                 | 71            | 4%                 | 0.9         | 1%                 | 0.0               | 0%                 | 9.4               | 4%                 | 6.0         | 7%                 | 5.1         | 10%                | 0.00        | 0%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Country Pub Classics | Mushy Peas  | 372         | 4%                 | 89            | 4%                 | 0.0         | 0%                 | 0.0               | 0%                 | 14.0              | 5%                 | 1.0         | 1%                 | 6.0         | 12%                | 0.50        | 8%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Country Pub Classics | Vegetable Grill (Ve)  | 4742        | 56%                | 1130          | 56%                | 50.6        | 72%                | 4.2               | 21%                | 141.4             | 54%                | 31.3        | 35%                | 20.7        | 41%                | 4.89        | 82%                |

| Menu   | Menu Cat.            | Dish Name   | Energy (Kj) |                    | Energy (kcal) |                    | Fat (g)     |                    | Saturated Fat (g) |                    | Carbohydrates (g) |                    | Sugars (g)  |                    | Protein (g) |                    | Salt (g)    |                    |
|--|----------------------|---|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
|  |                      |   | Per Serving | % Reference Intake | Per Serving   | % Reference Intake | Per Serving | % Reference Intake | Per Serving       | % Reference Intake | Per Serving       | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| Chef and Brewer Main Menu (Spring Summer 2024) | Country Pub Classics | Cumberland Sausage & Mash   | 3899        | 46%                | 932           | 47%                | 49.0        | 70%                | 18.8              | 94%                | 78.2              | 30%                | 19.5        | 22%                | 40.4        | 81%                | 5.98        | 100%               |
| Chef and Brewer Main Menu (Spring Summer 2024) | Country Pub Classics | Gammon Steak  | 4537        | 54%                | 1082          | 54%                | 50.5        | 72%                | 7.2               | 36%                | 103.3             | 40%                | 27.2        | 30%                | 50.8        | 102%               | 3.69        | 62%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Country Pub Classics | Duo of Chicken  | 3866        | 46%                | 925           | 46%                | 42.6        | 61%                | 5.8               | 29%                | 65.2              | 25%                | 13.9        | 15%                | 67.8        | 136%               | 5.79        | 97%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Country Pub Classics | Garden Plot Medley (Ve)   | 3047        | 36%                | 728           | 36%                | 50.5        | 72%                | 4.3               | 22%                | 46.9              | 18%                | 14.4        | 16%                | 17.5        | 35%                | 2.12        | 35%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Country Pub Classics | Garden Plot Medley and Butternut Squash (Ve)  | 3417        | 41%                | 817           | 41%                | 52.2        | 75%                | 4.3               | 22%                | 60.3              | 23%                | 21.0        | 23%                | 19.2        | 38%                | 3.12        | 52%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Country Pub Classics | Garden Plot Medley and Chicken  | 4431        | 53%                | 1059          | 53%                | 67.2        | 96%                | 6.3               | 31%                | 47.8              | 18%                | 15.1        | 17%                | 61.1        | 122%               | 3.09        | 52%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Country Pub Classics | Garden Plot Medley and Halloumi (V)   | 4806        | 57%                | 1151          | 58%                | 82.2        | 117%               | 26.7              | 134%               | 49.2              | 19%                | 16.7        | 19%                | 49.8        | 100%               | 6.17        | 103%               |
| Chef and Brewer Main Menu (Spring Summer 2024) | Country Pub Classics | Grilled Seabass †   | 3915        | 47%                | 936           | 47%                | 61.2        | 87%                | 14.8              | 74%                | 46.6              | 18%                | 9.4         | 10%                | 43.7        | 87%                | 3.15        | 53%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Country Pub Classics | Lamb Shank Shepherd's Pie   | 6716        | 80%                | 1605          | 80%                | 110.9       | 158%               | 53.5              | 267%               | 62.1              | 24%                | 18.4        | 20%                | 87.1        | 174%               | 4.75        | 79%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Country Pub Classics | Mushroom & Ale Pie (Ve) - Please select your choice from the following:             | 3455        | 41%                | 825           | 41%                | 39.8        | 57%                | 15.6              | 78%                | 100.4             | 39%                | 15.5        | 17%                | 15.3        | 31%                | 2.10        | 35%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Country Pub Classics | Mash  | 1035        | 12%                | 247           | 12%                | 9.1         | 13%                | 2.3               | 11%                | 36.3              | 14%                | 2.3         | 3%                 | 4.5         | 9%                 | 1.59        | 26%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Country Pub Classics | Oven-Baked Chips  | 1874        | 22%                | 444           | 22%                | 13.2        | 19%                | 2.2               | 11%                | 79.2              | 30%                | 0.0         | 0%                 | 6.6         | 13%                | 1.10        | 18%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Country Pub Classics | British Slow-Cooked Steak & Ale Pie - Please select your choice from the following: | 4612        | 55%                | 1101          | 55%                | 50.8        | 73%                | 20.1              | 101%               | 115.9             | 45%                | 15.0        | 17%                | 41.1        | 82%                | 4.99        | 83%                |

| Menu   | Menu Cat.            | Dish Name                        | Energy (Kj) |                    | Energy (kcal) |                    | Fat (g)     |                    | Saturated Fat (g) |                    | Carbohydrates (g) |                    | Sugars (g)  |                    | Protein (g) |                    | Salt (g)    |                    |
|--|----------------------|----------------------------------|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
|  |                      |                                  | Per Serving | % Reference Intake | Per Serving   | % Reference Intake | Per Serving | % Reference Intake | Per Serving       | % Reference Intake | Per Serving       | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| Chef and Brewer Main Menu (Spring Summer 2024) | Country Pub Classics | <b>Chips</b>                     | 1892        | 23%                | 449           | 22%                | 13.2        | 19%                | 0.0               | 0%                 | 72.6              | 28%                | 0.0         | 0%                 | 6.6         | 13%                | 0.22        | 4%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Country Pub Classics | <b>Buttery Mash</b>              | 1406        | 17%                | 336           | 17%                | 17.9        | 26%                | 7.8               | 39%                | 37.9              | 15%                | 3.9         | 4%                 | 5.6         | 11%                | 1.90        | 32%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Country Pub Classics | Barber's Smothered Chicken       | 6551        | 78%                | 1563          | 78%                | 80.6        | 115%               | 19.3              | 97%                | 117.6             | 45%                | 32.6        | 36%                | 87.9        | 176%               | 6.03        | 101%               |
| Chef and Brewer Main Menu (Spring Summer 2024) | Steaks & Burgers     | 28-Day-Aged Prime Sirloin 8oz    | 3998        | 48%                | 952           | 48%                | 48.2        | 69%                | 13.9              | 70%                | 80.9              | 31%                | 5.9         | 7%                 | 44.1        | 88%                | 2.12        | 35%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Steaks & Burgers     | 28-Day-Aged Bistro Rump 8oz      | 3814        | 45%                | 908           | 45%                | 43.9        | 63%                | 11.8              | 59%                | 80.9              | 31%                | 5.9         | 7%                 | 42.6        | 85%                | 2.09        | 35%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Steaks & Burgers     | Mixed Grill                      | 5558        | 66%                | 1326          | 66%                | 64.6        | 92%                | 14.2              | 71%                | 86.4              | 33%                | 6.7         | 7%                 | 93.8        | 188%               | 6.46        | 108%               |
| Chef and Brewer Main Menu (Spring Summer 2024) | Steaks & Burgers     | Signature Burger                 | 7599        | 90%                | 1817          | 91%                | 111.6       | 159%               | 38.4              | 192%               | 118.5             | 46%                | 14.1        | 16%                | 79.4        | 159%               | 8.10        | 135%               |
| Chef and Brewer Main Menu (Spring Summer 2024) | Steaks & Burgers     | Crispy Chicken Burger            | 6570        | 78%                | 1572          | 79%                | 92.0        | 131%               | 23.6              | 118%               | 118.4             | 46%                | 14.3        | 16%                | 65.2        | 130%               | 5.83        | 97%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Steaks & Burgers     | Grilled Chicken Burger           | 5821        | 69%                | 1392          | 70%                | 77.9        | 111%               | 20.4              | 102%               | 113.0             | 43%                | 14.7        | 16%                | 57.0        | 114%               | 4.64        | 77%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Steaks & Burgers     | Barber's Cheddar & Bacon Burger  | 6778        | 81%                | 1621          | 81%                | 96.9        | 138%               | 33.8              | 169%               | 123.7             | 48%                | 25.0        | 28%                | 60.9        | 122%               | 6.16        | 103%               |
| Chef and Brewer Main Menu (Spring Summer 2024) | Steaks & Burgers     | Garden Vegetable Burger (V)      | 6088        | 72%                | 1456          | 73%                | 82.5        | 118%               | 17.3              | 86%                | 141.5             | 54%                | 21.1        | 23%                | 32.3        | 65%                | 5.07        | 85%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Steaks & Burgers     | Garden Vegetable Burger (Ve)     | 5217        | 62%                | 1243          | 62%                | 57.0        | 81%                | 9.9               | 50%                | 161.2             | 62%                | 19.8        | 22%                | 21.4        | 43%                | 5.01        | 84%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Steak Sauces         | Creamy Peppercorn & Brandy Sauce | 433         | 5%                 | 104           | 5%                 | 6.5         | 9%                 | 4.4               | 22%                | 5.7               | 2%                 | 2.8         | 3%                 | 0.9         | 2%                 | 0.88        | 15%                |

| Menu   | Menu Cat.        | Dish Name   | Energy (Kj) |                    | Energy (kcal) |                    | Fat (g)     |                    | Saturated Fat (g) |                    | Carbohydrates (g) |                    | Sugars (g)  |                    | Protein (g) |                    | Salt (g)    |                    |
|--|------------------|---|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
|  |                  |   | Per Serving | % Reference Intake | Per Serving   | % Reference Intake | Per Serving | % Reference Intake | Per Serving       | % Reference Intake | Per Serving       | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| Chef and Brewer Main Menu (Spring Summer 2024) | Steak Sauces     | Merlot & Beef Dripping Gravy                        | 220         | 3%                 | 53            | 3%                 | 2.1         | 3%                 | 1.1               | 6%                 | 4.1               | 2%                 | 1.8         | 2%                 | 1.1         | 2%                 | 0.83        | 14%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Steak Sauces     | Grilled Flat Field Mushroom with Garlic Cream Sauce | 465         | 6%                 | 111           | 6%                 | 8.2         | 12%                | 2.8               | 14%                | 5.5               | 2%                 | 2.8         | 3%                 | 2.7         | 5%                 | 0.47        | 8%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Sides            | Chips (V)   | 1892        | 23%                | 449           | 22%                | 13.2        | 19%                | 0.0               | 0%                 | 72.6              | 28%                | 0.0         | 0%                 | 6.6         | 13%                | 0.22        | 4%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Sides            | Skin-on Fries (V)                                   | 1699        | 20%                | 406           | 20%                | 19.2        | 27%                | 4.8               | 24%                | 52.8              | 20%                | 0.0         | 0%                 | 4.8         | 10%                | 0.32        | 5%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Sides            | Garlic Bread (V)                                    | 1310        | 16%                | 313           | 16%                | 13.6        | 19%                | 8.7               | 43%                | 39.7              | 15%                | 2.5         | 3%                 | 7.0         | 14%                | 1.08        | 18%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Sides            | Garlic Bread & Cheddar (V)                          | 1827        | 22%                | 437           | 22%                | 23.8        | 34%                | 15.3              | 76%                | 40.0              | 15%                | 2.8         | 3%                 | 14.5        | 29%                | 1.62        | 27%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Sides            | Dressed Rocket & Cucumber Salad (V)                 | 542         | 6%                 | 129           | 6%                 | 10.7        | 15%                | 0.8               | 4%                 | 6.4               | 2%                 | 4.9         | 5%                 | 1.9         | 4%                 | 0.42        | 7%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Sides            | Onion Rings (V)                                     | 2051        | 24%                | 492           | 25%                | 37.0        | 53%                | 6.2               | 31%                | 27.8              | 11%                | 2.6         | 3%                 | 14.1        | 28%                | 2.02        | 34%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Sides            | Spiced Sweet Potato (V)                             | 1769        | 21%                | 421           | 21%                | 18.4        | 26%                | 3.4               | 17%                | 61.2              | 24%                | 1.4         | 2%                 | 6.5         | 13%                | 0.18        | 3%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Sides            | Halloumi Fries (V)                                  | 4031        | 48%                | 968           | 48%                | 76.1        | 109%               | 45.0              | 225%               | 7.1               | 3%                 | 6.4         | 7%                 | 63.8        | 128%               | 8.61        | 144%               |
| Chef and Brewer Main Menu (Spring Summer 2024) | Sides            | Cottage Pie Croquettes                              | 2539        | 30%                | 607           | 30%                | 52.8        | 75%                | 18.5              | 92%                | 22.8              | 9%                 | 5.3         | 6%                 | 9.2         | 18%                | 1.76        | 29%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Add Scampi, Bloomer Bread & Butter                  | 2230        | 27%                | 533           | 27%                | 26.2        | 37%                | 12.0              | 60%                | 58.9              | 23%                | 0.9         | 1%                 | 13.9        | 28%                | 1.47        | 25%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Add Bread & Butter (V)                              | 1988        | 24%                | 475           | 24%                | 14.7        | 21%                | 8.9               | 44%                | 73.7              | 28%                | 0.1         | 0%                 | 9.7         | 19%                | 1.65        | 28%                |

| Menu   | Menu Cat.        | Dish Name                      | Energy (Kj) |                    | Energy (kcal) |                    | Fat (g)     |                    | Saturated Fat (g) |                    | Carbohydrates (g) |                    | Sugars (g)  |                    | Protein (g) |                    | Salt (g)    |                    |
|--|------------------|--------------------------------|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
|  |                  |                                | Per Serving | % Reference Intake | Per Serving   | % Reference Intake | Per Serving | % Reference Intake | Per Serving       | % Reference Intake | Per Serving       | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Extra Fried Egg (V)            | 565         | 7%                 | 136           | 7%                 | 10.7        | 15%                | 2.3               | 11%                | 0.0               | 0%                 | 0.0         | 0%                 | 10.0        | 20%                | 0.29        | 5%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Extra Butter (V)               | 435         | 5%                 | 104           | 5%                 | 11.5        | 16%                | 7.3               | 36%                | 0.1               | 0%                 | 0.1         | 0%                 | 0.1         | 0%                 | 0.21        | 4%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Extra Barber's Cheese (V)      | 517         | 6%                 | 124           | 6%                 | 10.2        | 15%                | 6.6               | 33%                | 0.3               | 0%                 | 0.3         | 0%                 | 7.5         | 15%                | 0.54        | 9%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Extra Pineapple (V)            | 335         | 4%                 | 80            | 4%                 | 0.0         | 0%                 | 0.0               | 0%                 | 21.3              | 8%                 | 21.3        | 24%                | 1.3         | 3%                 | 0.00        | 0%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Extra Streaky Bacon            | 515         | 6%                 | 123           | 6%                 | 9.2         | 13%                | 3.5               | 17%                | 0.1               | 0%                 | 0.1         | 0%                 | 10.0        | 20%                | 1.14        | 19%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Extra Chicken Breast           | 1384        | 16%                | 331           | 17%                | 16.7        | 24%                | 1.9               | 10%                | 0.8               | 0%                 | 0.8         | 1%                 | 43.5        | 87%                | 0.97        | 16%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Extra Butternut Squash (Ve)    | 370         | 4%                 | 89            | 4%                 | 1.7         | 2%                 | 0.0               | 0%                 | 13.4              | 5%                 | 6.7         | 7%                 | 1.7         | 3%                 | 1.00        | 17%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Extra Seasonal Vegetables (Ve) | 380         | 5%                 | 90            | 4%                 | 1.0         | 1%                 | 0.0               | 0%                 | 14.0              | 5%                 | 10.5        | 12%                | 4.5         | 9%                 | 0.30        | 5%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Extra Mushy Peas (Ve)          | 372         | 4%                 | 89            | 4%                 | 0.0         | 0%                 | 0.0               | 0%                 | 14.0              | 5%                 | 1.0         | 1%                 | 6.0         | 12%                | 0.50        | 8%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Extra Garden Peas (Ve)         | 295         | 4%                 | 71            | 4%                 | 0.9         | 1%                 | 0.0               | 0%                 | 9.4               | 4%                 | 6.0         | 7%                 | 5.1         | 10%                | 0.00        | 0%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Extra Buttery Mash (V)         | 1406        | 17%                | 336           | 17%                | 17.9        | 26%                | 7.8               | 39%                | 37.9              | 15%                | 3.9         | 4%                 | 5.6         | 11%                | 1.90        | 32%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Extra Jacket & Butter (V)      | 1248        | 15%                | 298           | 15%                | 12.0        | 17%                | 7.3               | 37%                | 41.1              | 16%                | 1.6         | 2%                 | 4.9         | 10%                | 0.21        | 4%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Extra Custard (V)              | 435         | 5%                 | 104           | 5%                 | 3.0         | 4%                 | 2.0               | 10%                | 16.0              | 6%                 | 11.0        | 12%                | 3.0         | 6%                 | 0.10        | 2%                 |

| Menu   | Menu Cat.        | Dish Name   | Energy (Kj) |                    | Energy (kcal) |                    | Fat (g)     |                    | Saturated Fat (g) |                    | Carbohydrates (g) |                    | Sugars (g)  |                    | Protein (g) |                    | Salt (g)    |                    |             |
|--|------------------|---|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|
|  |                  |   | Per Serving | % Reference Intake | Per Serving   | % Reference Intake | Per Serving | % Reference Intake | Per Serving       | % Reference Intake | Per Serving       | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Extra Ice Cream 1 Scoop (V) - Please select your choice from the following: |             |                    |               |                    |             |                    |                   |                    |                   |                    |             |                    |             |                    |             |                    |             |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Clotted Cream Ice Cream   | 527         | 6%                 | 126           | 6%                 | 7.1         | 10%                | 4.3               | 21%                | 12.4              | 5%                 | 12.4        | 14%                | 2.9         | 6%                 | 0.11        | 2%                 |             |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Prosecco Sorbet   | 346         | 4%                 | 83            | 4%                 | 0.0         | 0%                 | 0.0               | 0%                 | 20.3              | 8%                 | 16.8        | 19%                | 0.0         | 0%                 | 0.00        | 0%                 |             |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Lemon Sorbet  | 357         | 4%                 | 85            | 4%                 | 0.1         | 0%                 | 0.0               | 0%                 | 20.8              | 8%                 | 16.8        | 19%                | 0.1         | 0%                 | 0.00        | 0%                 |             |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Strawberry Ice Cream  | 577         | 7%                 | 138           | 7%                 | 6.7         | 10%                | 4.1               | 20%                | 17.3              | 7%                 | 15.0        | 17%                | 1.9         | 4%                 | 0.13        | 2%                 |             |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Chocolate Ice Cream   | 612         | 7%                 | 146           | 7%                 | 7.0         | 10%                | 4.2               | 21%                | 18.1              | 7%                 | 16.9        | 19%                | 2.3         | 5%                 | 0.14        | 2%                 |             |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Eton Mess Ice Cream   | 597         | 7%                 | 143           | 7%                 | 6.8         | 10%                | 4.1               | 21%                | 18.6              | 7%                 | 15.7        | 17%                | 1.8         | 4%                 | 0.11        | 2%                 |             |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Mint Choc Chip Ice Cream  | 621         | 7%                 | 148           | 7%                 | 7.8         | 11%                | 4.8               | 24%                | 17.1              | 7%                 | 14.8        | 16%                | 2.1         | 4%                 | 0.14        | 2%                 |             |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Mango Sorbet  | 431         | 5%                 | 103           | 5%                 | 0.2         | 0%                 | 0.2               | 1%                 | 24.6              | 9%                 | 21.6        | 24%                | 0.2         | 0%                 | 0.10        | 2%                 |             |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Raspberry Sorbet  | 366         | 4%                 | 88            | 4%                 | 0.2         | 0%                 | 0.2               | 1%                 | 21.2              | 8%                 | 19.0        | 21%                | 0.1         | 0%                 | 0.07        | 1%                 |             |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Strawberry Frozen Yoghurt   | 370         | 4%                 | 88            | 4%                 | 1.3         | 2%                 | 0.8               | 4%                 | 17.3              | 7%                 | 15.2        | 17%                | 1.7         | 3%                 | 0.05        | 1%                 |             |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Vegan Ice Cream   | 472         | 6%                 | 113           | 6%                 | 5.5         | 8%                 | 4.8               | 24%                | 13.5              | 5%                 | 9.1         | 10%                | 0.6         | 1%                 | 0.02        | 0%                 |             |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Banana & Butterscotch Ice Cream   | 612         | 7%                 | 146           | 7%                 | 7.1         | 10%                | 4.3               | 21%                | 18.2              | 7%                 | 15.6        | 17%                | 2.0         | 4%                 | 0.19        | 3%                 |             |



| Menu   | Menu Cat.        | Dish Name   | Energy (Kj) |                    | Energy (kcal) |                    | Fat (g)     |                    | Saturated Fat (g) |                    | Carbohydrates (g) |                    | Sugars (g)  |                    | Protein (g) |                    | Salt (g)    |                    |
|--|------------------|---|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
|  |                  |   | Per Serving | % Reference Intake | Per Serving   | % Reference Intake | Per Serving | % Reference Intake | Per Serving       | % Reference Intake | Per Serving       | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Extra Cream   | 939         | 11%                | 225           | 11%                | 24.0        | 34%                | 15.0              | 75%                | 1.5               | 1%                 | 1.5         | 2%                 | 1.0         | 2%                 | 0.05        | 1%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Extra Vegan Mash (Ve)   | 1035        | 12%                | 247           | 12%                | 9.1         | 13%                | 2.3               | 11%                | 36.3              | 14%                | 2.3         | 3%                 | 4.5         | 9%                 | 1.59        | 27%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Extra Cumberland Sausage  | 675         | 8%                 | 161           | 8%                 | 9.5         | 14%                | 3.2               | 16%                | 8.7               | 3%                 | 3.0         | 3%                 | 9.5         | 19%                | 0.86        | 14%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Add to Your Dish | Extra 4oz Tenderised Rump Steak   | 592         | 7%                 | 142           | 7%                 | 8.2         | 12%                | 3.5               | 18%                | 0.0               | 0%                 | 0.0         | 0%                 | 16.8        | 34%                | 0.11        | 2%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Lunch Classics   | 4oz Rump Steak Sandwich   | 3847        | 46%                | 920           | 46%                | 39.5        | 56%                | 8.7               | 44%                | 102.0             | 39%                | 9.3         | 10%                | 32.8        | 66%                | 4.65        | 78%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Lunch Classics   | Chicken and Bacon Sandwich  | 3987        | 47%                | 953           | 48%                | 40.1        | 57%                | 9.4               | 47%                | 93.9              | 36%                | 5.9         | 7%                 | 50.9        | 102%               | 4.19        | 70%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Lunch Classics   | Great British Cheese Toastie (V)  | 5311        | 63%                | 1269          | 63%                | 69.8        | 100%               | 38.0              | 190%               | 118.3             | 46%                | 17.8        | 20%                | 39.8        | 80%                | 4.03        | 67%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Lunch Classics   | Coronation Chickpea Sandwich (Ve)   | 4224        | 50%                | 1008          | 50%                | 53.1        | 76%                | 5.7               | 29%                | 112.3             | 43%                | 13.1        | 15%                | 20.1        | 40%                | 2.52        | 42%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Lunch Classics   | Pan Fried Chicken Breast  | 2773        | 33%                | 663           | 33%                | 38.5        | 55%                | 4.6               | 23%                | 27.1              | 10%                | 5.3         | 6%                 | 47.4        | 95%                | 2.15        | 36%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Lunch Classics   | Salmon & Mature Cheddar Fish Cake †                                       | 3146        | 37%                | 751           | 38%                | 57.5        | 82%                | 6.9               | 35%                | 34.5              | 13%                | 6.2         | 7%                 | 25.3        | 51%                | 2.14        | 36%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Lunch Classics   | Wholetail Whitby Scampi † - Please select your choice from the following: | 4411        | 53%                | 1051          | 53%                | 44.9        | 64%                | 9.2               | 46%                | 130.2             | 50%                | 4.7         | 5%                 | 27.1        | 54%                | 1.96        | 33%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Lunch Classics   | Garden Peas   | 295         | 4%                 | 71            | 4%                 | 0.9         | 1%                 | 0.0               | 0%                 | 9.4               | 4%                 | 6.0         | 7%                 | 5.1         | 10%                | 0.00        | 0%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Lunch Classics   | Mushy Peas  | 372         | 4%                 | 89            | 4%                 | 0.0         | 0%                 | 0.0               | 0%                 | 14.0              | 5%                 | 1.0         | 1%                 | 6.0         | 12%                | 0.50        | 8%                 |

| Menu   | Menu Cat.      | Dish Name  | Energy (Kj) |                    | Energy (kcal) |                    | Fat (g)     |                    | Saturated Fat (g) |                    | Carbohydrates (g) |                    | Sugars (g)  |                    | Protein (g) |                    | Salt (g)    |                    |
|--|----------------|--|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
|  |                |  | Per Serving | % Reference Intake | Per Serving   | % Reference Intake | Per Serving | % Reference Intake | Per Serving       | % Reference Intake | Per Serving       | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| Chef and Brewer Main Menu (Spring Summer 2024) | Lunch Classics | Roasted Vegetable Tart (Ve)  | 2681        | 32%                | 641           | 32%                | 39.2        | 56%                | 7.1               | 35%                | 57.1              | 22%                | 4.4         | 5%                 | 10.3        | 21%                | 2.63        | 44%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Puddings       | Bramley Apple Tart (Ve)  | 1829        | 22%                | 437           | 22%                | 16.9        | 24%                | 9.2               | 46%                | 65.0              | 25%                | 38.2        | 42%                | 3.0         | 6%                 | 0.03        | 1%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Puddings       | Trio of British Classics (V)   | 4087        | 49%                | 977           | 49%                | 50.2        | 72%                | 27.7              | 139%               | 120.7             | 46%                | 74.6        | 83%                | 9.3         | 19%                | 0.51        | 9%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Puddings       | Chocolate Fondant (V)  | 4098        | 49%                | 980           | 49%                | 40.0        | 57%                | 25.7              | 129%               | 140.9             | 54%                | 120.9       | 134%               | 12.3        | 25%                | 0.18        | 3%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Puddings       | Mini Pudding & Hot Drink (V) - Please select your choice from the following: |             |                    |               |                    |             |                    |                   |                    |                   |                    |             |                    |             |                    |             |                    |
| Chef and Brewer Main Menu (Spring Summer 2024) | Puddings       | Mini Caramelised Vanilla Cheesecake  | 1120        | 13%                | 268           | 13%                | 16.9        | 24%                | 6.6               | 33%                | 26.9              | 10%                | 19.4        | 22%                | 1.8         | 4%                 | 0.11        | 2%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Puddings       | Mini Chocolate Fudge Brownie   | 1195        | 14%                | 286           | 14%                | 10.7        | 15%                | 5.6               | 28%                | 42.8              | 16%                | 31.3        | 35%                | 3.3         | 7%                 | 0.10        | 2%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Puddings       | Mini Sherry Trifle   | 1100        | 13%                | 263           | 13%                | 19.8        | 28%                | 10.3              | 51%                | 18.8              | 7%                 | 12.2        | 14%                | 1.9         | 4%                 | 0.17        | 3%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Puddings       | Salted Caramel Sundae (V)  | 3616        | 43%                | 864           | 43%                | 55.6        | 79%                | 30.0              | 150%               | 80.4              | 31%                | 66.9        | 74%                | 9.4         | 19%                | 0.70        | 12%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Puddings       | Sticky Toffee Pudding (V)  | 3902        | 46%                | 933           | 47%                | 47.3        | 68%                | 21.5              | 107%               | 118.0             | 45%                | 62.9        | 70%                | 9.9         | 20%                | 0.60        | 10%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Puddings       | Bakewell Tart (V) (N)  | 2536        | 30%                | 606           | 30%                | 26.4        | 38%                | 6.1               | 31%                | 76.7              | 29%                | 42.6        | 47%                | 8.9         | 18%                | 0.58        | 10%                |
| Chef and Brewer Main Menu (Spring Summer 2024) | Puddings       | Bakewell Tart (Ve) (N)   | 2281        | 27%                | 545           | 27%                | 25.3        | 36%                | 6.6               | 33%                | 65.9              | 25%                | 37.5        | 42%                | 5.4         | 11%                | 0.39        | 7%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Puddings       | Ice Cream & Sorbet (V) - Please select your choice from the following:       | 1597        | 19%                | 382           | 19%                | 18.9        | 27%                | 10.3              | 52%                | 48.6              | 19%                | 32.5        | 36%                | 3.7         | 7%                 | 0.40        | 7%                 |

| Menu   | Menu Cat. | Dish Name                       | Energy (Kj) |                    | Energy (kcal) |                    | Fat (g)     |                    | Saturated Fat (g) |                    | Carbohydrates (g) |                    | Sugars (g)  |                    | Protein (g) |                    | Salt (g)    |                    |
|--|-----------|---------------------------------|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
|  |           |                                 | Per Serving | % Reference Intake | Per Serving   | % Reference Intake | Per Serving | % Reference Intake | Per Serving       | % Reference Intake | Per Serving       | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| Chef and Brewer Main Menu (Spring Summer 2024) | Puddings  | Clotted Cream Ice Cream         | 527         | 6%                 | 126           | 6%                 | 7.1         | 10%                | 4.3               | 21%                | 12.4              | 5%                 | 12.4        | 14%                | 2.9         | 6%                 | 0.11        | 2%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Puddings  | Prosecco Sorbet                 | 346         | 4%                 | 83            | 4%                 | 0.0         | 0%                 | 0.0               | 0%                 | 20.3              | 8%                 | 16.8        | 19%                | 0.0         | 0%                 | 0.00        | 0%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Puddings  | Lemon Sorbet                    | 357         | 4%                 | 85            | 4%                 | 0.1         | 0%                 | 0.0               | 0%                 | 20.8              | 8%                 | 16.8        | 19%                | 0.1         | 0%                 | 0.00        | 0%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Puddings  | White Chocolate Ice Cream       | 633         | 8%                 | 151           | 8%                 | 8.5         | 12%                | 5.7               | 28%                | 15.5              | 6%                 | 15.5        | 17%                | 3.2         | 6%                 | 0.05        | 1%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Puddings  | Strawberry Ice Cream            | 577         | 7%                 | 138           | 7%                 | 6.7         | 10%                | 4.1               | 20%                | 17.3              | 7%                 | 15.0        | 17%                | 1.9         | 4%                 | 0.13        | 2%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Puddings  | Chocolate Ice Cream             | 612         | 7%                 | 146           | 7%                 | 7.0         | 10%                | 4.2               | 21%                | 18.1              | 7%                 | 16.9        | 19%                | 2.3         | 5%                 | 0.14        | 2%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Puddings  | Eton Mess Ice Cream             | 597         | 7%                 | 143           | 7%                 | 6.8         | 10%                | 4.1               | 21%                | 18.6              | 7%                 | 15.7        | 17%                | 1.8         | 4%                 | 0.11        | 2%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Puddings  | Mint Choc Chip Ice Cream        | 621         | 7%                 | 148           | 7%                 | 7.8         | 11%                | 4.8               | 24%                | 17.1              | 7%                 | 14.8        | 16%                | 2.1         | 4%                 | 0.14        | 2%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Puddings  | Mango Sorbet                    | 431         | 5%                 | 103           | 5%                 | 0.2         | 0%                 | 0.2               | 1%                 | 24.6              | 9%                 | 21.6        | 24%                | 0.2         | 0%                 | 0.10        | 2%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Puddings  | Raspberry Sorbet                | 366         | 4%                 | 88            | 4%                 | 0.2         | 0%                 | 0.2               | 1%                 | 21.2              | 8%                 | 19.0        | 21%                | 0.1         | 0%                 | 0.07        | 1%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Puddings  | Strawberry Frozen Yoghurt       | 370         | 4%                 | 88            | 4%                 | 1.3         | 2%                 | 0.8               | 4%                 | 17.3              | 7%                 | 15.2        | 17%                | 1.7         | 3%                 | 0.05        | 1%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Puddings  | Vegan Ice Cream                 | 472         | 6%                 | 113           | 6%                 | 5.5         | 8%                 | 4.8               | 24%                | 13.5              | 5%                 | 9.1         | 10%                | 0.6         | 1%                 | 0.02        | 0%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Puddings  | Banana & Butterscotch Ice Cream | 612         | 7%                 | 146           | 7%                 | 7.1         | 10%                | 4.3               | 21%                | 18.2              | 7%                 | 15.6        | 17%                | 2.0         | 4%                 | 0.19        | 3%                 |

| Menu   | Menu Cat. | Dish Name  | Energy (Kj) |                    | Energy (kcal) |                    | Fat (g)     |                    | Saturated Fat (g) |                    | Carbohydrates (g) |                    | Sugars (g)  |                    | Protein (g) |                    | Salt (g)    |                    |
|--|-----------|--|-------------|--------------------|---------------|--------------------|-------------|--------------------|-------------------|--------------------|-------------------|--------------------|-------------|--------------------|-------------|--------------------|-------------|--------------------|
|  |           |  | Per Serving | % Reference Intake | Per Serving   | % Reference Intake | Per Serving | % Reference Intake | Per Serving       | % Reference Intake | Per Serving       | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake | Per Serving | % Reference Intake |
| Chef and Brewer Main Menu (Spring Summer 2024) | Puddings  | <b>Salted Caramel Sauce</b>  | 168         | 2%                 | 40            | 2%                 | 2.5         | 4%                 | 1.6               | 8%                 | 4.4               | 2%                 | 4.4         | 5%                 | 0.1         | 0%                 | 0.13        | 2%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Puddings  | <b>Rich Chocolate Sauce</b>  | 118         | 1%                 | 28            | 1%                 | 0.1         | 0%                 | 0.1               | 1%                 | 6.6               | 3%                 | 5.5         | 6%                 | 0.2         | 0%                 | 0.00        | 0%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Puddings  | <b>Vegan Ice Cream &amp; Sorbet (Ve) - Please select your choice from the following:</b> | 169         | 2%                 | 40            | 2%                 | 0.0         | 0%                 | 0.0               | 0%                 | 10.0              | 4%                 | 9.5         | 11%                | 0.1         | 0%                 | 0.00        | 0%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Puddings  | <b>Prosecco Sorbet</b>   | 346         | 4%                 | 83            | 4%                 | 0.0         | 0%                 | 0.0               | 0%                 | 20.3              | 8%                 | 16.8        | 19%                | 0.0         | 0%                 | 0.00        | 0%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Puddings  | <b>Raspberry Sorbet</b>  | 366         | 4%                 | 88            | 4%                 | 0.2         | 0%                 | 0.2               | 1%                 | 21.2              | 8%                 | 19.0        | 21%                | 0.1         | 0%                 | 0.07        | 1%                 |
| Chef and Brewer Main Menu (Spring Summer 2024) | Puddings  | <b>Vegan Ice Cream</b>   | 472         | 6%                 | 113           | 6%                 | 5.5         | 8%                 | 4.8               | 24%                | 13.5              | 5%                 | 9.1         | 10%                | 0.6         | 1%                 | 0.02        | 0%                 |