

KIDS' MENU



BELHAVEN
BREWERY

KIDS' MENU

PERFECT PORTIONS FOR LITTLE FOODIES

🍏 Indicates how many portions of your 5 a day

MAINS

2 SUPER PORK SAUSAGES 🍏 4.95

With mashed potato, peas and gravy
628kcal, 9.7g salt, 3.48g sugar

4 CHICKEN NUGGETS † 🍏 4.95

With chips and peas
581kcal, 6.7g sugar, 1.32g salt

HAND-BATTERED FISH † 🍏 4.95

With chips and peas
761kcal, 6.7g sugar, 1.02g salt

2 QUORN SAUSAGES (V) 🍏 4.95

With chips and peas
590kcal, 8.7g sugar, 1.78g salt

TOMATO PASTA (VE) 🍏 4.95

Rigatoni pasta in a rich tomato sauce
467kcal, 7.3g sugar, 1.07g salt

All dishes come with a side
of cucumber sticks 🍏

SWAP CHIPS 288kcal, 0g sugar, 0.24g salt FOR MASH 176kcal, 1.5g sugar, 0.75g salt
SWAP PEAS 71kcal, 6g sugar, 0g salt FOR BEANS 77kcal, 5.4g sugar, 0.72g salt

DESSERTS

FRESH STRAWBERRIES

(VE) 🍏 2.25

Dusted in icing sugar
34kcal, 7g sugar, 0g salt

ICE CREAM (V) 1.75

2 scoops of vanilla Jersey
clotted cream ice cream
served with chocolate sauce
307kcal, 34.2g sugar, 0.22g salt

CHOCOLATE BROWNIE

(V) 2.45

With vanilla Jersey clotted
cream ice cream and
chocolate sauce
376kcal, 37.5g sugar, 0.16g salt

You can view our allergen information if you download the Greene King app, or visit our website at www.greeneking.co.uk

This information has been provided to allow you to make an informed choice when dining with us. Children between 5-10 years old need around 1,800 calories a day, but this will vary by age and level of activity and some children will need less, and some will need more.

Full nutrition information is available on our website. 🍏 1 of your 5 a day = 40-60g of fruit or vegetables, or 150ml pure juice. (V) Suitable for Vegetarians. (VE) Suitable for Vegans. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. (N) Dish contains Nuts.

† Fish, poultry and shellfish dishes may contain bones and/or shell. Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination.

We do not include 'may contain' information. Our menu descriptions do not list all ingredients. Please advise the team of any dietary requirements before ordering. Calorie counts are correct at time of print. GK10830/70258