

# NO GLUTEN CONTAINING INGREDIENTS

## KIDS FESTIVE MENU



Dishes on this menu are made with ingredients that do not intentionally contain gluten. However, due to the risk of cross-contamination from a range of ingredients within our kitchens, traces of gluten may be present. Please ensure a member of the team is aware that you are ordering from our No Gluten Containing Ingredients Menu.

### STARTERS

#### Mini corn on the cob **V**

(110 kcal / 71g Sugar / 0.01g Salt)

#### Cucumber sticks **V**

Cucumber sticks with a tomato dip. (24 kcal / 2.4g Sugar / 0.04g Salt)

#### Winter warmer tomato soup **V**

Tomato soup with seeded bread & butter.

(293 kcal / 11.2g Sugar / 1.90g Salt)

**Vegan option available.** (235 kcal / 11.2g Sugar / 1.75g Salt) **V**

### MAINS

#### Traditional Christmas dinner

Hand-carved traditional turkey with a pig-in-blanket, mashed potato, seasonal winter veg and a jug of gravy.

(411 kcal / 9.1g Sugar / 1.99g Salt)

#### Sticky cranberry nut roast **V N**

Filled with shredded root veg, cranberries, apricots and sweet potato, topped with a sticky cranberry glaze. Served with mashed potato, seasonal winter veg and a jug of gravy.

(471 kcal / 10.8g Sugar / 1.31g Salt)

#### Tomato pasta **V**

Rigatoni pasta in a rich Neapolitana sauce. Served with mini jacket potato and fresh garden salad.

(344 kcal / 9.1g Sugar / 0.43g Salt)



### PUDDINGS

#### Fruitymania **V**

1 scoop of vanilla flavour ice cream and 1 scoop of frozen strawberry flavour yoghurt. Topped with peach, pear and berries with strawberry flavour sauce. (307 kcal / 55.6g Sugar / 0.07g Salt)

#### Vegan ice cream **V**

Vegan ice cream with berries and strawberry flavour sauce. (192 kcal / 24.4g Sugar / 0.07g Salt)

### DRINKS

#### Fruit Shoot

No Added Sugar.

Orange (17 kcal) or Apple & Blackcurrant (11 kcal) 275ml

#### Yazoo Flavoured Milk

Strawberry (92 kcal) or Chocolate (92 kcal) 200ml

#### Glass of Milk

Semi-skimmed 280ml (134 kcal / 14.0g Sugar / 0.56g Salt)

#### TAP WATER AVAILABLE

**FESTIVE MENU AVAILABLE  
FROM 11TH NOVEMBER 2025  
TO 1ST JANUARY 2026\***  
**\*EXCLUDES CHRISTMAS DAY**

#### LOOK OUT FOR THESE SYMBOLS

**V** SUITABLE FOR VEGETARIANS **V** SUITABLE FOR VEGANS  
**N** CONTAINS NUTS

Full allergen information on the ingredients in the food we serve is available on request. Full allergen information can be found at [www.hungryhorse.co.uk](http://www.hungryhorse.co.uk). Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. We do not include 'may contain' information. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. Our menu descriptions do not list all ingredients. Please advise the team of any dietary requirements before ordering. **V** Suitable for Vegetarians **V** Suitable for Vegans **N** Dish contains Nuts **F** Fish, poultry and shellfish dishes may contain bones and/or shell. **O** Onion rings are made from chopped and reformed onions. **A** All stated weights are approximate before cooking. **A** Dishes may contain alcohol. Calorie counts are correct at the time of print. Dishes on the No Gluten Containing Ingredients Menu are made with ingredients that do not intentionally contain gluten. However, due to the risk of cross contamination from a range of ingredients within our kitchens, traces of gluten may be present. Please ensure a member of the team is aware that you are ordering from our No Gluten Containing Ingredients Menu. This information has been provided to allow you to make an informed choice when dining with us. Children between 5-10 years old need around 1,800 calories a day, but this will vary by age and level of activity and some children will need less, and some will need more. If your advertised choice is unavailable a suitable alternative of an equivalent price may be offered at the manager's discretion. Photography is for illustrative purposes only. Please be aware the allergen information for our dishes may change between the date of booking and the date of your visit. We would advise all of our guests contact a member of the team on the date of their visit to confirm the allergen information of their selected meals. Please refer to the website for full details on deposits, pre-orders, refunds and cancellations - [www.hungryhorse.co.uk/terms-and-conditions](http://www.hungryhorse.co.uk/terms-and-conditions). You can review our allergen information if you download our app, or visit our website at [hungryhorse.co.uk](http://hungryhorse.co.uk).



**HUNGRY  
HORSE**

GK11102/74355