

# No-Gluten Containing Menu

Dishes on this menu are made with ingredients that do not intentionally contain gluten. However, due to the risk of cross-contamination from a range of ingredients within our kitchens, traces of gluten may be present.

Please ensure a member of the team is aware you are ordering from our No-Gluten Containing Menu

## Starters

### Burrata & Heritage Tomato Salad (V) 7.75

Topped with basil pesto (327kcal)

### Mushroom Bruschetta (V) 6.25

Seeded roll topped with basil pesto, pan-fried mushrooms and Italian hard cheese (306kcal)

### Mussels† 7.75

In a creamy white wine & garlic sauce, served with a seeded roll (270kcal)

## Classics

### Sirloin Steak 18.75

Served with heritage tomato salad garnish (454kcal), and your choice of: crispy smashed potatoes (209kcal), a buttered jacket potato (295kcal) or side salad (72kcal)

**Add a sauce for 1.75:** Peppercorn (42kcal), Béarnaise (184kcal), Merlot beef dripping gravy (66kcal) or Whiskey sauce (50kcal)

### Cheese & Bacon Burger 12.45

6oz\* beef burger topped with West Country mature cheddar, smoked streaky bacon a skewered gherkin, served in a seeded roll with lettuce and red onion (1026kcal) with your choice of crispy smashed potatoes (209kcal), a buttered jacket potato (295kcal) or side salad (72kcal)

### Seabream, Mussels & Chorizo† 16.45

In a creamy white wine & garlic sauce, served with a seeded roll (573kcal)

### Sausage & Mash 9.95

Cumberland sausages served with creamy chive mash, caramelised red onion chutney and Merlot beef dripping gravy (1095kcal)

### Mediterranean-style Salad (VE) 10.45

Lentils, grains, roasted vegetables, heritage tomatoes, cucumber, rocket and corn salsa, served with a creamy lemon parsley dressing (416kcal)

### Add a Topper for 3.00:

Feta (V) (275kcal) or Chicken (206kcal)

## Sides

### Seasonal Veg (V) (113kcal) 2.45

### Seeded Roll & Butter (V) (320kcal) 1.95

### Side Salad (VE) (72kcal) 2.50

### Crispy Smashed Potatoes (VE) (278kcal) 2.50

## Desserts

### Baked Vanilla Cheesecake (V) (N) 6.25

Topped with pistachio sauce and chocolate flavour sauce (611kcal)

### Clotted Cream Ice Cream (V) 4.95

Three scoops of Jersey clotted cream ice cream (378kcal)

Vegan option available (VE) (446kcal)



Scan to see our allergen information

### Adults need around 2,000 kcal a day

You can view our allergen information if you download our app, scan the Allergens QR code or visit our website at [www.belhaven.co.uk/allergens](http://www.belhaven.co.uk/allergens)

(V) Suitable for Vegetarians. (VE) Suitable for Vegans. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. (N) Dish contains Nuts. † Fish, poultry and shellfish dishes may contain bones and/or shell. \* All stated weights are approximate before cooking. Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. We do not include 'may contain' information. Our menu descriptions do not list all ingredients. Please advise the team of any dietary requirements before ordering. Dishes may contain alcohol. Calorie counts are correct at time of print. Please be aware the allergen information for our dishes may change between the date of booking and the date of your visit. We would advise all of our guests contact a member of the team on the date of their visit to confirm the allergen information of their selected meals. GK12105/80016

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SINCE 1719

**BELHAVEN**



Order at the bar or download our app  
for all menus, allergens and payment.