

# NO-GLUTEN CONTAINING MENU

Dishes on this menu are made with ingredients that do not intentionally contain gluten. Due to the risk of cross-contamination we cannot guarantee our dishes are 100% free from gluten. Please ensure a member of the team is aware you are ordering from our No-Gluten Containing Menu.

## STARTERS

### Harissa Houmous and Bread (V) 6.45

Smoked houmous with harissa, topped with seeds, served with toasted ciabatta and roasted red peppers (499kcal)

### Nachos (V) 10.95

Spiced tortilla chips topped with nacho cheese sauce and Barber's 1833 Vintage Cheddar, smashed avocado, sour cream, salsa and jalapeños (1190kcal, serves 2)

### Crispy Smashed Potatoes 6.50

Roasted and smashed new potatoes, served with garlic aioli

Topped with rosemary sea salt (VE) (511kcal) or crispy Italian hard cheese (V) (589kcal)

### Honey & Mustard Sausages 5.95

Outdoor-bred Nidderdale pork chipolatas with a honey & English mustard glaze (593kcal)

## MAINS

### Cheese & Bacon Burger 13.95

6oz\* aged beef patty with beechwood-smoked streaky bacon, Barber's 1833 Vintage Cheddar, coleslaw and lettuce, served in a ciabatta with a jacket potato & butter and house relish (1295kcal)

### Flat Iron Steak 16.95

14-day aged flat iron steak served with a jacket potato & butter and blistered vine tomatoes (628kcal)

Add a steak sauce for £1.50: choose from merlot beef dripping gravy (66kcal),

Béarnaise (184kcal) or peppercorn (42kcal)

### Pulled Mushroom Chilli (VE) 14.50

Pulled smoky mushroom chilli served with parsley basmati rice, smashed avocado and spicy herb garnish (797kcal)

### Fresh Garden Salad (VE) 13.50

Dressed rocket with roasted new potatoes, spring onions, cucumber, pickled watermelon and fresh mint (298kcal)

Add grilled chilli-glazed chicken breast (230kcal) or grilled halloumi (V) (358kcal) for £2.50

## Why not add a side?

Fresh Garden Side Salad (VE) (25kcal) 2.25

Ciabatta & Butter (V) (357kcal) 1.00

Coleslaw (VE) (183kcal) 2.25

## DESSERTS

### Chocolate Brownie (V) 6.25

Served warm with clotted cream ice cream and flaked chocolate (633kcal)

### Ice Cream (V) 5.25

3 scoops of your choice. Choose from: clotted cream (126kcal, per scoop), chocolate (146kcal, per scoop) or strawberry (138kcal, per scoop)

### Vegan Ice Cream (VE) 5.25

3 scoops of vegan vanilla ice cream (338kcal)

## SANDWICHES *Available until 7pm*

All of our sandwiches are served with garden salad.

### Chicken BLT 8.95

Sliced chicken breast, beechwood-smoked streaky bacon, sliced vine tomatoes and baby gem lettuce with mayo in a ciabatta (774kcal)

### Halloumi & Chilli Jam Ciabatta (V) 8.95

Grilled halloumi, chilli jam, roasted red peppers, rocket and mayo in a ciabatta (1008kcal)

### Grilled Cheese Toastie (V) 8.75

Barber's 1833 Vintage Cheddar in a ciabatta (477kcal)

Adults need around 2,000kcal a day

You can view our allergen information if you download our app, or visit our website at [www.greeneking.co.uk](http://www.greeneking.co.uk).

Please advise the team of any dietary requirements before ordering. (V) Suitable for Vegetarians. (Ve) Suitable for Vegans. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. (N) Dish contains Nuts. †Fish, poultry and shellfish dishes may contain bones and/or shell. Scampi may contain one or more tail per piece.

\*All stated weights are approximate before cooking. Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. We do not include 'may contain' information.

Our menu descriptions do not list all ingredients. Dishes may contain alcohol. Calorie counts are correct at time of print. GK8645\_608015