

LIGHTER BITES

MONDAY TO SATURDAY
FROM 12PM UNTIL 5PM

PLEASE ASK A MEMBER OF THE TEAM FOR FURTHER DIETARY MENUS

You can review our allergen information if you download the [greene king app](#) or visit our website at [greeneking-pubs.co.uk/allergens](#)



Please be aware that all our dishes are prepared in a kitchen where nuts and gluten are present as well as other allergens. We cannot guarantee that any food item is completely free from allergens, due to the risk of cross-contamination. **V** Suitable for vegetarians. **VG** Suitable for vegans. **N** Contains nuts. †Fish and poultry dishes may contain bones or shell.



Terms & Conditions: Our menu descriptors do not include all ingredients. Full allergen information on the ingredients in the food we serve is available on request, please speak to a team member. Please advise the team of any dietary requirements before ordering. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. *All stated weights are approximate before cooking. Metric equivalent 16oz = 1lb = 454g. °Our onion rings are made from chopped and reformed onions. †Fish, poultry and shellfish dishes may contain bones and/ or shell. Scampi may contain one or more tail per piece. Some dishes may contain alcohol which is not listed on the menu. Alcohol is for over 18s only - proof of ID may be requested. Calorie counts are correct at time of print. We serve food 12noon-10pm (as a minimum) Monday to Sunday, selected sites will have extended hours. All cash and credit/debit card tips are paid in full to our team members. Products & offers are subject to availability at the price point advertised. All prices are in GBP and are inclusive of VAT. Should the VAT rate change, menu pricing will be adjusted accordingly. **For every Eton Mess Sundae sold 20p plus VAT will be paid to Macmillan Cancer Support** a registered charity in England and Wales (261017), in Scotland (SC039907) and in the Isle of Man (604) also operating in Northern Ireland. **Paid to Macmillan Cancer Support Trading Limited, a wholly owned subsidiary of Macmillan Cancer Support, to which it gives all of its taxable profits. All rights reserved. All brand names are trademarks of their respective owners. If you have any comments, suggestions or queries please do not hesitate to contact us at: Greene King Brewing and Retailing Ltd, Sunrise House, Ninth Avenue, Burton upon Trent, Staffordshire, DE14 3JZ.

Adults need around 2000 kcal a day

LIGHTER BITES

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CHOOSE FROM A SELECTION OF SMALLER PORTION MAIN COURSES

THREE COURSES FOR 11.99
TWO COURSES FOR 9.99

A main course must be ordered. Sandwiches not included.

STARTERS

SOUP OF THE DAY

Served with toasted ciabatta (353 kcal)
Vegan option available  (195 kcal)

CHICKEN STRIPS

Served with Texan BBQ sauce and
a dressed salad garnish (261 kcal)

MAINS

HUNTER'S CHICKEN

Half a chicken breast topped with smoked streaky bacon,
melted Cheddar & mozzarella and Texan BBQ sauce.
Served with chips and a dressed salad garnish (511 kcal)

SAUSAGE & MASH

Two pork sausages with buttered mash, garden peas,
roasted red onions and rich gravy (539 kcal)

MAC & CHEESE

Macaroni in a rich Cheddar cheese sauce
with toasted garlic ciabatta and
a dressed mixed salad (477 kcal)

FISH & CHIPS[†]

Half a freshly hand-battered fish fillet
with chips and tartare sauce.
Served with mushy peas (603 kcal)
or garden peas (608 kcal)

SCAMPI & CHIPS[†]

Whitby scampi with chips and tartare sauce.
Served with mushy peas (677 kcal)
or garden peas (682 kcal)

DESSERTS

BELGIAN CHOCOLATE BROWNIE

Served warm with Jersey clotted cream
ice cream (376 kcal)

BRAMLEY APPLE & BLACKBERRY CRUMBLE PIE

Served with raspberries and your choice
of custard (657 kcal) or Jersey clotted
cream ice cream (627 kcal)

ICE CREAM

Your choice of two ice cream scoops:
(calories shown per scoop)

Jersey clotted cream (126 kcal) | *Chocolate flavoured* (113 kcal)

Lemon sorbet (85 kcal) | *Vanilla & coconut*  (113 kcal)

Frozen strawberry flavour yoghurt (88 kcal)

Your choice of sauce:

Chocolate (28 kcal) | *Raspberry coulis*  (16 kcal)

Strawberry flavour  (32 kcal) | *Salted caramel* (40kcal)

SANDWICHES

Indulge in one of our signature toasted ciabattas, served with dressed rocket. Also available in a wrap.

RUMP STEAK 10.99

Thinly sliced rump steak, crispy onions,
rocket and mayo, served with English mustard
mayo on the side (639 kcal)
Wrap option (591 kcal)

FISH GOUJONS[†] 9.49

Freshly hand-battered fish goujons, with shredded
lettuce and mayo, served with
tartare sauce (773 kcal)
Wrap option (724 kcal)

SALAMI, ROCKET & PESTO 8.99

Milano salami, rocket and basil pesto (748 kcal)
Wrap option (699 kcal)

PLANT-BASED MEATBALLS 8.99

In a tomato and basil sauce with a
Violife™ vegan slice and mayo (811 kcal)
Wrap option (763 kcal)


GRILLED HALLOUMI & ROASTED VEGETABLES 8.49

Grilled halloumi, roasted peppers and red onions,
with red pepper houmous and chilli jam (892 kcal)
Wrap option (843 kcal)

BBQ CHICKEN 9.99

Buttermilk chicken, topped with Texan BBQ sauce
and melted Cheddar & mozzarella (705 kcal)
Wrap option (657 kcal)

SIDES


CHIPS  (428 kcal)

3.29


ROSEMARY SEA SALTED

SKIN-ON FRIES  (381 kcal)

3.29

BUTTERED MASH POTATO  (323 kcal)

1.99

BUTTERED BABY POTATOES  (323 kcal)

1.99


DRESSED MIXED SALAD  (55 kcal)

2.99

SEASONAL VEGETABLES  (130 kcal)

2.99

TOASTED CHEESY GARLIC

CIABATTA  (500 kcal)

3.49

TOASTED

GARLIC CIABATTA  (435 kcal)

2.99

HOT DRINKS

TEA (0 kcal)

AMERICANO (2 kcal)

CAPPUCCINO (100 kcal)

LATTE (98 kcal)

ESPRESSO (2 kcal)

HOT CHOCOLATE (355 kcal)

LUXURY HOT CHOCOLATE

Served with cream, mini marshmallows
and a Cadbury Flake (480 kcal)

See our Drinks Menu for prices.