

SENIORS MENU

**ORDER
ON THE APP**



2 COURSES FOR 6.49 All day Monday to Friday



BREADED GARLIC MUSHROOMS



ALL DAY BREAKFAST

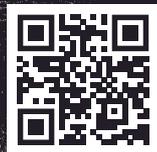


CHOCOLATE FUDGE BROWNIE

UPGRADE TO 3 COURSES FOR 1.50 EXTRA*

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STARTERS

BREADED GARLIC MUSHROOMS v

Served with mayo on the side (373 kcal)

CRISPY CHICKEN STRIPS

Chicken strips in a Louisiana-style coating served with BBQ sauce on the side (280 kcal)

NACHOS v

Tortilla chips topped with melted cheese, nacho cheese sauce, tomato salsa, guacamole, sour cream and jalapeños (447 kcal)

MAINS

GAMMON, EGG & CHIPS

Flame-grilled gammon served with a free range fried egg and chips (442 kcal)

HAND-BATTERED FISH*

Served with chips (481 kcal) and your choice of peas (57 kcal) or mushy peas (73 kcal)

SAUSAGE & MASH

2 pork sausages served with mash, peas and gravy (419 kcal)

QUORN™ SAUSAGE & MASH v

2 Quorn™ sausages served with mash, peas and gravy (419 kcal)

ALL DAY BREAKFAST

2 rashers of bacon, a pork sausage, a free range fried egg, chips, grilled tomato and baked beans (747 kcal)

DESSERTS

CHOCOLATE FUDGE BROWNIE v

Served warm and topped with chocolate flavour sauce (557 kcal). With your choice of vanilla flavour (97 kcal) or chocolate flavour ice cream (113 kcal)

ICE CREAM v

Your choice of 3 scoops of vanilla flavour (292 kcal) or chocolate flavour (338 kcal) ice cream with a crispy wafer (8 kcal)

You can view our allergen information if you download our app, or visit our website at greeneking-pubs.co.uk/flaming-grill/allergens

**Adults need around 2000 kcal a day
All tips are paid in full to our team members**

Terms & Conditions: Please advise the team of any dietary requirements before ordering. Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. We do not include 'may contain' information. v Suitable for vegetarians. Please note that we do not operate a dedicated vegetarian kitchen area. Our menu descriptors do not include all ingredients. Some dishes may contain alcohol which is not listed on the menu. *Fish, poultry and shellfish dishes may contain bones and/or shell. Full nutrition information is available on our website. Calorie counts are correct at time of print. Seniors' 2 courses for £6.49 offer is only valid with the purchase of a main meal, then either a starter or dessert. *A third course (starter or dessert only) can be added for £1.50 when a main meal is purchased. The third course must be ordered at the same time as the main meal. Offer available all day Monday to Friday. Our Seniors' dishes are smaller portion sizes than our standard dishes. Products & offers are subject to availability at the price point advertised. All prices are in GBP and are inclusive of VAT. Should the VAT rate change, menu pricing will be adjusted accordingly. Photography is for guidance only. We reserve the right to remove any of our food deals on all UK Bank Holidays, Christmas Eve & New Year's Eve. Please ask a member of the team before placing your order on these days if you have any queries. Manager's decision is final. Promoter: Greene King Brewing and Retailing, Sunrise House, Ninth Avenue, Burton upon Trent, Staffordshire, DE14 3JZ.