

# FEAST YOUR EYES ON OUR MENU

## ALL-DAY BREAKFAST

FEEL-GOOD FOOD FOR **EARLY RISERS, LATE SLEEPERS AND EVERYONE IN BETWEEN.**

<b>EASY-BREEZY BUTTIES</b> 4.99		
Start the day the right way with our soft roll, stuffed with breakfast yumminess.		
CHOOSE YOUR FILLING		
Sausage (503 kcal)	Quorn™ Sausage (504 kcal)	Bacon (617 kcal)
<b>The Extra Full English</b> 9.99		
Back bacon, 2 sausages, beans, mushrooms, hash browns, 2 fried eggs and 2 slices of toast and butter. (1838 kcal)		
<b>The Full English</b> 7.99		
Back bacon, sausage, hash browns, mushrooms, beans, free-range fried egg and toast and butter. (1269 kcal)		
<b>The Extra Full Veggie</b> 9.99		
2 Quorn™ sausages, halloumi, hash browns, mushrooms, baked beans, 2 fried eggs and 2 slices of toast and butter. (1963 kcal)		
<b>The Full Veggie</b> 7.99		
Quorn™ sausage, halloumi, hash browns, mushrooms, beans, free-range fried egg, toast and butter. (1306 kcal)		
<b>Avo on Toast</b> 4.99		
Served on crunchy tiger bread with fresh tomato. (720 kcal)		
<b>Pancake Stack</b> 5.99		
Fluffy buttermilk pancakes topped with fresh fruit, natural yoghurt and maple-flavoured syrup. (601 kcal)		

## MIX & MATCH PLATES

FEAST ON YOUR **OWN**, SHARE WITH YOUR **FRIENDS** – IT'S UP TO YOU.

<b>MAKE A DEAL OF IT</b> 3 FOR £12		
CHOOSE <b>THREE</b> OF YOUR FAVOURITE <b>SMALL PLATES</b> . DARE TO SHARE?		
<b>Saucy Italian Meatballs</b> 4.99	Juicy Italian-style meatballs smothered in Napoletana sauce. (318 kcal)	
<b>Sweet Potato and Black Bean Quesadilla</b> 4.99	Crispy tortilla with fluffy sweet potato, black turtle beans, lime and coriander. Served with guac. (387 kcal)	
<b>Crispy Chicken</b> 4.99	Choose from either <b>crispy coated chicken wings</b> (851 kcal) or <b>crispy fried chicken strips</b> (515 kcal). Tossed in a sauce of your choice.	
<b>Hot Peri-Peri</b> (16 kcal)	<b>Texan BBQ</b> (54 kcal)	<b>Sweet Chilli</b> (49 kcal)
<b>Korean BBQ</b> (67 kcal)	<b>Signature HighTales Chipotle Sauce</b> (128 kcal)	
<b>Tomato and Mozzarella Bruschetta</b> 4.99	Fresh tomatoes, mozzarella, onion and chives, loaded onto crunchy toasted ciabatta. (517 kcal)	
<b>Halloumi Fries</b> 4.99	Hand-battered halloumi, tossed in sweet chilli, sprinkled with spring onion, coriander and red chilli. (545 kcal)	
<b>Harissa Hummus and Flatbread</b> 4.99	Topped with toasted seeds. Served with cucumber sticks. (581 kcal)	
<b>Crispy Corn with a Kick</b> 4.99	Tossed in our HighTales seasoning with sour cream and coriander. (336 kcal)	
<b>1FT Garlic Focaccia Bread</b> 4.99	(821 kcal, serves 2)	

## TOAST-TASTIC

**THICK-CUT TIGER BREAD**, LOADED WITH OUR HIGHTALES **TOASTIE CHEESE BLEND** SERVED WITH A SIDE OF PICKLED VEG.

<b>Tuna Melt+</b> 5.49	Can't beat a classic. (977 kcal)
<b>The Hunter's Chicken</b> 5.99	Chicken breast, bacon and a Texan BBQ sauce. (1042 kcal)
<b>The Meatballer</b> 5.99	Juicy meatballs and a Napoletana sauce. (1129 kcal)
<b>The Ham &amp; Cheese</b> 5.49	A lunchtime legend. (961 kcal)
<b>Big Cheesy</b> 4.99	Taking the grilled cheese to another level with extra cheesiness. (974 kcal)

## LATERS TATERS

GET A LOAD OF THESE **JACKET POTATOES**. SERVED WITH A SIDE OF PICKLED VEG. (342 kcal)

CHOOSE YOUR FILLING	
<b>BBQ Beans</b> (152 kcal)	<b>Chef's Special Slaw</b> (163 kcal)
<b>Grated Cheese</b> (372 kcal)	<b>Tuna Mayo+</b> (191 kcal)
<b>Smoky Bean Chilli</b> (264 kcal)	<b>Pulled Chipotle Chilli</b> (188 kcal)

## NACHO GRAB BAG

**WARNING: THESE MIGHT BE A LITTLE TOO GOOD TO SHARE...**

<b>SPICY</b>	Nacho cheese sauce, guac, sour cream, pico de gallo and jalapeños. (1164 kcal, serves 2)
<b>OR</b>	
<b>SMOKY</b>	Nacho cheese sauce, smoky bacon bits, Texan BBQ sauce and pico de gallo. (1283 kcal, serves 2)

## CCCCCRISPY CHICKEN

HAND-COATED AND DEEP-FRIED.

<b>CHICKEN ON THE BONE</b> PIECES SERVED WITH <b>SKIN-ON-FRIES</b> AND OUR SIGNATURE <b>HIGHTALES CHIPOTLE SAUCE</b> .	
HOW HUNGRY ARE YOU?	
<b>£11.99</b>	<b>FOR KEEPING TO YOURSELF</b> 3 pieces (1703 kcal) with your choice of a side and a dip.
<b>£31.99</b>	<b>FOR SHARING</b> 9 pieces (4984 kcal, serves 3) with your choice of 3 sides and 3 dips.
CHOOSE YOUR SIDES	
<b>Chef's Special Slaw</b> (108 kcal)	<b>Korean BBQ</b> (67 kcal)
<b>Corn on the Cobs</b> (182 kcal)	<b>Hot Peri-Peri</b> (16 kcal)
<b>Our House Salad</b> (62 kcal)	<b>Sweet Chilli</b> (49 kcal)
<b>Smoky Bean Chilli</b> (264 kcal)	<b>Texan BBQ</b> (54 kcal)

## CROWD PLEASERS

WORLD-FAMOUS PLATES THE **WHOLE FAMILY** WILL LOVE.

<b>Sirloin Steak</b> 14.99	Tender 8oz sirloin. Served with chips, mushrooms, garden peas and peppercorn sauce. (948 kcal)
<b>Chicken Katsu Curry</b> 12.49	Katsu covered crispy chicken and sticky jasmine rice. Served with house pickles and herb garnish. (922 kcal)
<b>Spicy Jerk Salmon+</b> 13.49	Caribbean-inspired, pan-fried with a spicy glaze. Served with a baked potato, green beans and pineapple salsa. (754 kcal)
<b>Pie and Chips</b> 10.49	British beef and Ruffles ale pie with garden peas and extra gravy (981 kcal). Served with your choice of <b>chips</b> (408 kcal) or <b>mash</b> . (293 kcal)
<b>Fish and Chips+</b> 10.49	Crispy hand-battered fish and chips. (1017 kcal) Served with <b>garden peas</b> . (66 kcal) or <b>mushy peas</b> . (107 kcal)
<b>Fresh Chopped Salad</b> 8.99	Crisp leaves drizzled with French dressing. Tossed with cucumber, tomato, red onion, red pepper, corn and feta. (406 kcal)
<b>Vg</b>	Vegan option available. (131 kcal)
CHOOSE AN ADD-ON FOR <b>£3</b>	
<b>Grilled Salmon+</b> (370 kcal)	<b>Grilled Halloumi</b> (435 kcal)   <b>Chicken Breast</b> (168 kcal)
<b>BBQ Beef Rib</b> 16.99	Braised rib in a Texan BBQ sauce with a baked potato and sour cream, crispy fried corn and chef's special slaw. (1808 kcal)
<b>Cheesy BBQ Chicken</b> 9.49	Chicken breast with streaky bacon and Monterey Jack, smothered in Texan BBQ. Served with baked potato wedges and our chef's special slaw. (996 kcal)
<b>Lasagne</b> 9.49	Comforting beef, pasta and rich sauce. Served with fresh chopped salad and garlic bread. (830 kcal)
<b>Veggie Lasagne</b> 9.49	Layers of roast vegetables, pasta and rich sauce. Served with fresh chopped salad and garlic bread. (680 kcal)

## STACKED BURGERS

BIG IN **SIZE**, BIG ON **FLAVOUR**.

ALL BURGERS ARE STACKED IN A <b>SEEDED BUN</b> WITH <b>MAYO, LETTUCE AND RED ONION</b> . SERVED WITH <b>SKIN-ON-FRIES</b> .	
<b>Chipotle Chilli Cheese</b> 13.49	Two beef patties, topped with Monterey Jack, pulled chipotle beef chilli and chipotle mayo. Served with boozy cheese and chilli dip. (1834 kcal)
<b>The Korean BBQ</b> 12.49	Crispy chicken thigh, coated in Korean BBQ sauce and pickled veg. Served with our signature HighTales chipotle sauce. (1208 kcal)
<b>HighTales Chipotle Chicken</b> 10.49	Crispy chicken thigh, drenched in our signature HighTales chipotle sauce, with extra on the side. (1269 kcal)
<b>The Melty Cheese &amp; Bacon</b> 10.49	Two juicy patties, gooey Monterey Jack and bacon, served with our signature HighTales chipotle sauce. (1296 kcal)
<b>The Vegan Stack</b> 10.49	Two <b>BEYOND MEAT</b> patties, piled high on ketchup, lettuce and red onion. Served with skin-on-fries. (984 kcal)

## PIZZA BY THE FOOT

MAKE IT AS **SMALL** OR **BIG** AS YOU LIKE.

<b>FOCACCIA ROMANA</b> BASE TOPPED WITH OUR SIGNATURE PIZZA SAUCE, MOZZARELLA AND CHEDDAR CHEESE.	
<b>Margherita</b> 10.49	(872 kcal) 1FT
<b>Pepperoni</b> 11.49	(1083 kcal)
<b>Veggie</b> 10.99	(894 kcal)
<b>Spicy Meat Feast</b> 11.49	Streaky bacon bits, pepperoni, Italian meatballs, red chillis and jalapeños. (1223 kcal)
<b>BBQ Chicken</b> 11.49	Mozzarella, Cheddar cheese, chicken and sliced red onion. Served on a Texan BBQ sauce base. (1057 kcal)
FEEDING THE FAMILY? MAKE IT BIGGER, CHOOSE YOUR SIZE AND FLAVOURS.	
<b>4 X 1FT</b> £41.99	<b>3 X 1FT</b> £31.99
	<b>2 X 1FT</b> £20.99

## SOMETHING ON THE SIDE

FOR WHEN YOU'RE REALLY HUNGRY.

<b>Chef's Special Slaw</b> 1.99	(108 kcal)
<b>Fresh Chopped Salad</b> 3.99	(62 kcal)
<b>Corn on the Cobs</b> 3.49	(240 kcal)
<b>Skin-on-Fries</b> 2.49	(381 kcal)
<b>Onion Rings</b> 3.49	(371 kcal)

## DREAMY DESSERTS

SATISFY YOUR **SWEET TOOTH** WITH OUR INDULGENT LINE-UP.

<b>Sticky Toffee and Date Pudding</b> 4.99	(802 kcal). Served with oodles of custard (104 kcal) or <b>soft-serve ice cream</b> . (144 kcal)
<b>Apple &amp; Blackberry Crumble Pie</b> 4.99	(491 kcal). Served with oodles of custard (104 kcal) or <b>soft-serve ice cream</b> . (144 kcal)
<b>Vg</b>	Vegan option available. (604 kcal)
<b>Irish Cream Espresso Bar</b> 5.99	Chocolate and toffee torte topped with Irish cream frosting and chocolate honeycomb chunks. (486 kcal)
<b>Millionaire's Brownie Bars</b> 4.99	Chocolate coated brownie with a layer of caramel. Served with soft-serve ice cream. (534 kcal)
<b>Raspberry Trifle Cheesecake</b> 5.99	Two classics rolled into one. (378 kcal)
<b>Soft-Serve Ice Cream</b> 4.99	Served with your choice of toppings and sauce.
<b>£3.49</b>	<b>CONE</b> (318 kcal)
<b>£4.99</b>	<b>DONUT</b> (529 kcal)
<b>£3.49</b>	<b>BOWL</b> (270 kcal)

**ORDER ON THE APP**  
**LEAVE THE REST TO US**



**SCAN TO ORDER FROM OUR GLUTEN FREE MENU**

**GARDEN KITCHEN**

Curious about today's garden kitchen options? Swing by our garden and see what's cooking!



# THIRSTY? LEAVE IT TO US



SCAN TO DOWNLOAD OUR APP SO YOU CAN VIEW OUR SELECTION OF DRINKS, ORDER AND LET US DO THE REST. TABLE SERVICE IN A FEW TAPS.

## CHECK OUT OUR FULL RANGE INCLUDING SPIRITS, BEERS, CIDERS AND SOFTIES ON OUR APP

### REFILLABLE FREESTYLE SOFTIES

UNLIMITED REFILLS



MAKE YOUR OWN DRINK WITH THE WORLD OF COCA-COLA AT YOUR FINGERTIPS. CHOOSE FROM COCA-COLA, SPRITE, FANTA AND MORE!

3.89

FANCY A CUSTOM DRINK? HERE'S HOW YOU CAN POUR YOUR PERFECT MIX!

**1 ORDER YOUR CUP**  
Simply order and pay for your cup on the app. Your Freestyle cup will be brought right to your table.

**2 FREESTYLE YOUR DRINK**  
Take your cup to the Coca-Cola Freestyle machine and explore all the amazing flavours. Mix and match to create your own unique concoction!

**3 SIP & SMILE**  
Sip and enjoy your creation!

GET CREATIVE WITH ENDLESS FLAVOUR COMBINATIONS

### ICE ICE BABY

REFRESHING FLAVOURS, CHILLED.



Frozen Fanta Strawberry (75 kcal) 3.49  
Frozen Fanta Blue Raspberry (75 kcal) 3.49

CHOOSE A SHOT AND MAKE IT BOOZY!

### LET'S SHAKE IT UP

#### SPRITZ

**Hugo Spritz** 7.99  
Fashionable and French. St-Germain Elderflower Liqueur topped with sparkling Prosecco and a dash of soda. Served with lime & mint.

**Aperol Spritz** 7.49  
Italy's unstoppable aperitif. Aperol, Prosecco, and a splash of soda water. Lovely bubbly. Served with an orange slice.

**Jammy Spritz** 6.99  
Pink to make the gin-lovers wink. Beekeeper Pink Strawberry gin, a dash of Chambord and a lemonade top. Served with strawberry and a jammy dodger.

FEELING SPRITZ-Y?

#### CLASSICS

**Sex on the Beach** 7.49  
When only a fruity classic will do. JJ Whitley Artisanal Vodka and Archers Peach Schnapps mixed with passion fruit and delicious cranberry juice. Served with a fruity ice lolly.

**Piña Colada** 7.49  
Holiday vibes served. Malibu, Bacardí Spiced Rum, coconut and pineapple juice. Served with candy floss.

**Mojito** 6.99  
A classic Cuban cool-down. Bacardí Carta Blanca served with Mexican lime, Moroccan mint and soda. Served with a watermelon wedge, mint and lime.

**Passion Fruit Mojito** 7.99  
Sensationally refreshing. Bacardí Carta Blanca with Mexican lime, Moroccan mint, soda and passion fruit. Served with a watermelon wedge, mint and lime.

**Strawberry Mojito** 7.99  
Approach with passion. Bacardí Carta Blanca with Mexican lime, Moroccan mint, soda and strawberry. Served with a watermelon wedge, mint and lime.

### 0% BOOZE, 100% FUN

Heineken 0% (ABV 0%) (69 kcal)	3.49	Athletic Brewing Run Wild IPA 0.5% (ABV 0.5%) (214 kcal)	4.49
Old Speckled Hen Low Alcohol (ABV 0.5%) (110 kcal)	3.99	Kopparberg Mixed Fruit 0% (ABV 0%) (190 kcal)	3.99
Peroni Nastro Azzurro 0% (ABV 0%) (76 kcal)	3.69	Kopparberg Strawberry & Lime 0.0% (ABV 0%) (205 kcal)	3.99

WE HAVE A GREAT RANGE OF ALCOHOL-FREE & LOW-ALCOHOL DRINKS INCLUDING ALCOHOL-FREE COCKTAILS TO CHECK OUT ON OUR APP

### FEELIN' WINE

Bottle 250ml 175ml

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#### WHITE

#### RED

**Chenin Blanc, Kumi, South Africa** (ABV 11%)  
Ripe melon and citrus. 16.99 5.99 4.09

**Shiraz, Australia** (ABV 11%)  
Bold and velvety with spicy dark berry flavours. 16.99 5.99 4.09

**Chardonnay, Wild Zebra, South Africa** (ABV 12.5%)  
Bursting with fresh citrus, lime and tropical flavours. 19.99 6.99 4.79

**Cabernet Sauvignon, El Pico, Chile** (ABV 12.5%)  
Rich blackcurrant and forest fruit flavours. 17.99 6.29 4.39

**Organic Pinot Grigio, Bellino, Italy** (ABV 11%)  
Fresh pear and zesty citrus. 21.99 7.69 5.29

**Merlot, This Merlot Needs You, South Africa** (ABV 13.5%)  
Smooth cherry, plum and dark chocolate. 19.99 6.99 4.79

**Marlborough, Sauvignon Blanc, New Zealand** (ABV 14%)  
Juicy citrus and tropical guava. 24.99 8.79 5.99

**Malbec, Argentina** (ABV 13%)  
Red and black fruits with plum and raspberry jam. 21.99 7.69 5.29

**Macabeo, Hawk Ridge, Spain** (ABV 10.5%)  
Crisp apple and peach. 15.99 5.59 3.89

**Garnacha, Hawk Ridge, Spain** (ABV 11.5%)  
Soft berry flavours and a hint of spice. 15.99 5.59 3.89

#### ROSÉ

#### PROSECCO

**White Zinfandel, Three Pebbles Bay, USA** (ABV 8.5%)  
Juicy sweet strawberry. 15.99 5.59 3.89

**Prosecco DOC, Italy** (ABV 10.5%)  
Refreshingly crisp with notes of juicy pears, fresh apples and hints of citrus. Bottle 125ml 19.99 3.39

**Organic Pinot Grigio Rosé, Bellino, Italy** (ABV 11.5%)  
Summer strawberry and floral hints. 19.99 6.99 4.79

**Prosecco Rose DOC, Italy** (ABV 10.5%)  
Light and refreshing with a summer fruits finish. 21.99 3.69

**Côtes de Provence Rosé, Creation, France** (ABV 13%)  
Fresh and fruity dry Rosé with spicy peppery notes. 24.99 8.79 5.99

### ALCOHOL-FREE & LOW ALCOHOL

0.0% Sparkling Wine, Freixenet, Spain (ABV 0%) (50 kcal) Tropical and fruity. Bubbles without the buzz. 3.49

### COFFEE DATE

SWITCH TO PLANT-BASED MILK FOR NO EXTRA CHARGE.

WITH EVERY HOT DRINK, GET COSY AND ENJOY A SCRUMPTIOUS CHOCOLATE - IT'S JUST A LITTLE SOMETHING FROM US TO YOU! (43 kcal)

#### COFFEE

**Latte** (111 kcal) 3.19  
**Cappuccino** (98 kcal) 3.19  
**Flat White** (44 kcal) 3.19  
**Mocha** (225 kcal) 3.39  
**Americano** (0 kcal) 3.19  
**Espresso** (0 kcal) 2.19

#### HOT CHOCOLATE

**Hot Chocolate** (323 kcal) 3.29  
**Indulgent Hot Chocolate** (446 kcal)  
Served with whipped cream, marshmallows and a wafer straw. Sprinkled with cocoa powder. (501 kcal) 3.79

#### ICED CHOCOLATE

**Iced Luxury Chocolate** (358 kcal) 3.99  
Served with whipped cream, marshmallows and a wafer straw. Sprinkled with cocoa powder. (154 kcal)

#### TEA

**ICED COFFEE**  
**Iced Latte** (111 kcal) 3.19  
**Iced Salted Caramel Latte** (111 kcal) 3.79  
**Iced Baileys Latte** (192 kcal) 4.19  
**Breakfast Tea** (0 kcal) 2.19  
**Earl Grey** (0 kcal) 2.19  
**Green Tea** (0 kcal) 2.19  
**Peppermint Tea** (0 kcal) 2.19

You can view our allergen information if you download the app, or visit our website at [www.HighTales.co.uk](http://www.HighTales.co.uk)

Adults need around 2000 kcal a day. Suitable for Vegetarians. Suitable for Vegans.

Please note that we do not operate a dedicated vegetarian/vegan kitchen area. (N) Dish contains Nuts. †Fish, poultry and shellfish dishes may contain bones and/or shell. \*All stated weights are approximate before cooking. Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross-contamination. We do not include 'may contain' information. Our menu descriptions do not list all ingredients. Please advise the team of any dietary requirements before ordering. Dishes may contain alcohol. Calorie counts are correct at time of print. Please note that the alcoholic strength of our wines may vary slightly, typically 0.5% more or less, due to different vintages



ADULTS NEED AROUND 2000 KCAL A DAY