FEAST YOUR EYES ON OUR MENU

ALL-DAY BREAKFAST

	breakfast yumn OOSE YOUR FIL		μπεα	
orre	Sausage (503 kcal)	Quorn™ Sausage 🕜 (504 kcal)	Bacon (617 kcal)	
Back brow		lish ges, beans, mushrooms, ha and 2 slices of toast and b		
Back bear	Full English bacon, sausage ns, free-range fri t and butter. (126		7.99	
2 Qu musl	iorn™ sausages, h	gie 🕐 Quorna alloumi, hash browns, eans, 2 fried eggs and 2 slic 263 kcal)	9.99	ſ
Quor		Quorn oumi, hash browns, mushro ed egg, toast and butter. (130		
Serv	on Toast vo ed on crunchy ti _{kcal)}	ger bread with fresh tomat	4.99 o.	
	cake Stack V fy buttermilk par	ncakes topped with fresh fr maple-flavoured syrup. (601		

MAKE A DEAL OF CHOOSE THREE OF SMALL PLATES. DAR	 YOUR FAVOURIT	з £12	9
Saucy Italian Meatb Juicy Italian-style mea Napoletana sauce. (318	tballs smothered i	'n	4.99
Sweet Potato and B Crispy tortilla with fluf beans, lime and corian	fy sweet potato, b	lack turtle	4.99
Crispy Chicken Choose from either crispy coated chicken wings (851 kcal) or crispy fried chicken strips (515 kcal). Tossed in a sauce of your choice.			
Hot Peri-Peri (16 kcal)	Texan BBQ (54 kcal)	Sweet Chilli (49 kcal)	
Korean BBQ (67 kcal)	Signature High Chipotle Sauce	Fales (128 kcal)	
Tomato and Mozzarella Bruschetta V Fresh tomatoes, mozzarella, onion and chives, loaded onto crunchy toasted ciabatta. (517 kcal)			
Halloumi Fries V Hand-battered halloumi, tossed in sweet chilli, sprinkled with spring onion, coriander and red chilli. (545 kcal)			
Harissa Hummus and Flatbread V Topped with toasted seeds. Served with cucumber sticks. (581 kcal)			
Crispy Corn with a Kick V Tossed in our HighTales seasoning with sour cream and coriander. (336 kcal)			
1FT Garlic Focaccia (821 kcal, serves 2)	Bread 🕐		4.99

TOAST-TASTIC

THICK-CUT TIGER BREAD, LOADED WITH OUR HIGHTALES TOASTIE CHEESE BLEND SERVED WITH A SIDE OF PICKLED VEG.					
Tuna Melt † Can't beat a classic. (977 kcal)	5.49				
The Hunter's Chicken Chicken breast, bacon and a Te (1042 kcal)	5.99 xan BBQ sauce.				
The Meatballer Juicy meatballs and a Napoleta	5.99 na sauce. (1129 kcal)				
The Ham & Cheese A lunchtime legend. (961 kcal)	5.49				
Big Cheesy Taking the grilled cheese to anot cheesiness. (974 kcal)	4.99 her level with extra				
LATERS TATE	RS E4* 1 TOPPING				
GET A LOAD OF THESE JACKET POTATOES. SERVED WITH A SIDE OF PIC (342 kcal)	E5.99 2 TOPPINGS				
CHOOSE YOUR FILLING					
BBQ Beans vg (152 kcal)	Chef's Special Slaw V (163 kcal)				
Grated Cheese () (372 kcal)	Tuna Mayo [†] (191 kcal)				
Smoky Bean Chilli v 9 (264 kcal)	Pulled Chipotle Chilli (188 kcal)				



CCCCCCRISPY CHICKEN

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HAND-COATED AND DEEP-FRIED.

CHICKEN ON THE BONE PIECES SERVED WITH SKIN-ON-FRIES AND OUR SIGNATURE HIGHTALES CHIPOTLE SAUCE.					
HOW HUNGRY ARE YOU?					
FOR KEEPING TO YOURSELF 3 pieces (1703 kcal) with your choice of a side and a dip.					
FOR SHARING 9 pieces (4984 kcal, serves 3) with your choice of 3 sides and 3 dips.					
CHOOSE YOUR SIDES Chef's Special Slaw (108 kcal) Corn on the Cobs (182 kcal) Our House Salad (62 kcal) Smoky Bean Chilli (264 kcal)	CHOOSE YOUR DIPS Korean BBQ (67 kcal) Hot Peri-Peri (16 kcal) Sweet Chilli (49 kcal) Texan BBQ (54 kcal)				

CROWD PLEASERS

WORLD-FAMOUS PLATES THE WHOLE FAMILY WI		Tossed with cucumber red pepper, corn and
Sirloin Steak Tender 8oz* sirloin. Served with chips, mushrooms,	14.99	CHOOSE
garden peas and peppercorn sauce. (948 kcal)		Grilled Salmon [†] G
Chicken Katsu Curry Katsu covered crispy chicken and sticky jasmine rice.	12.49	
Served with house pickles and herb garnish. (922 kcal)		BBQ Beef Rib Braised rib in a Texan B
Spicy Jerk Salmon [†] Caribbean-inspired, pan-fried with a spicy glaze. Served with a baked potato, green beans and	13.49	and sour cream, crispy slaw. (1808 kcal)
pineapple salsa. (754 kcal)		Cheesy BBQ Chicker Chicken breast with st
Pie and Chips British beef and Ruddles ale pie with garden peas and extra gravy (981 kcal). Served with your choice	10.49	Jack, smothered in Tex potato wedges and our
of chips (408 kcal) or mash. (293 kcal)		Lasagne Comforting beef, pasta
Fish and Chips [†]	10.49	fresh chopped salad ar
Crispy hand-battered fish and chips. (1017 kcal) Served with garden peas. (66 kcal) or mushy peas. (107 kcal)		Veggie Lasagne V Layers of roast vegetabl sauce. Served with fres





garlic bread. (680 kcal)

ADULTS NEED AROUND 2000 KCAL A DAY

SCAN TO ORDER FROM OUR

GLUTEN FREE MENU

STACKED BURGERS BIG IN SIZE, BIG ON FLAVOUR.

ALL BURGERS ARE STACKED IN A SEEDED BUN WITH MAYO, LETTUCE AND RED ONION. SERVED WITH SKIN-ON-FRIES.

potle Chilli Cheese vo beef patties, topped with Monterey Jack, pulled nipotle beef chilli and chipotle mayo. Served with

ozy cheese and chilli dip. (1834 kcal) he Korean BBQ rispy chicken thigh, coated in Korean BBQ sauce nd pickled veg. Served with our signature HighTales

le sauce. (1208 kcal) ighTales Chipotle Chicken ispy chicken thigh, drenched in our signature

ighTales chipotle sauce, with extra on the side.

The Meltv Cheese & Bacon wo juicy patties, gooey Monterey Jack and bacon, erved with our signature HighTales chipotle sauce 96 kcal)

The Vegan Stack 😈 Two 😴 BEYOND MEAT pattie lettuce and red onion. Served with skin-on-fries. (984 kcal)

Fresh Chopped S

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PIZZA BY THE FOOT

MAKE IT AS **SMALL** OR **BIG** AS YOU LIKE.

FOCACCIA ROMANA BASE TOPPED WITH OUR SIGNATURE PIZZA SAUCE, MOZZARELLA AND CHEDDAR CHEESE.

Mar	gherita	
(070	Is a a l	

4 x 1FT

£41.99

FEEDING THE FAMILY? MAKE IT BIGGER, CHOOSE YOUR SIZE AND FLAVOU	RS.
BBQ Chicken Mozzarella, Cheddar cheese, chicken and sliced red onion. Served on a Texan BBQ sauce base. (1057 kcal)	11.4
Spicy Meat Feast Streaky bacon bits, pepperoni, Italian meatballs, red chillis and jalapeños. (1223 kcal)	11.4
Veggie V Red onion, red pepper, fresh tomato and mushrooms. (894 kcal)	10.9
Pepperoni (1083 kcal)	11.4
(872 kcal)	

3 x 1FT

£31.49

1FT 10.49

2 x 1FT

£20.99

es, piled high on ketchup,	10.49	

13.49

12.49

10.49

10.49

ped Salad v drizzled with French dressing. sucumber, tomato, red onion, orn and feta. (406 kcal) tion available. (131 kcal)	8.99 7.99
HOOSE AN ADD-ON FOR 🔢	
on [†] Grilled Halloumi V Chicken (435 kcal) (168 kcal)	Breast
Texan BBQ sauce with a baked potato n, crispy fried corn and chef's special	16.99
Chicken with streaky bacon and Monterey ed in Texan BBQ. Served with baked and our chef's special slaw. (996 kcal)	9.49
f, pasta and rich sauce. Served with salad and garlic bread. (830 kcal)	9.49
ne 💙 vegetables, pasta and rich with fresh chopped salad and 80 kcal)	9.49



Curious about today's garden kitchen options? Swing by our garden and see what's cooking!

SOM	ETH	NG	ON 1	1.13	SID	ł

FOR WHEN YOU'RE REALLY HUNGRY.	
Chef's Special Slaw 🔽 (108 kcal)	1.99
Fresh Chopped Salad 😈 (62 kcal)	3.99
Corn on the Cobs 💟 (240 kcal)	3.49
Skin-on-Fries V9 (381 kcal)	2.49
Onion Rings 🔽	3.49

DREAMY DESSERTS

SATISFY YOUR SWEET TOOTH WITH OUR INDULGENT LINE-UP.	
Sticky Toffee and Date Pudding (802 kcal). Served with oodles of custard (104 kcal) or soft-serve ice cream. (144 kcal)	4.99
Apple & Blackberry Crumble Pie V (491 kcal). Served with oodles of custard (104 kcal) or soft-serve ice cream. (144 kcal)	4.99
Vg Vegan option available. (604 kcal)	4.99
Irish Cream Espresso Bar 🕐 Chocolate and toffee torte topped with Irish cream frosting and chocolate honeycomb chunks. (486 kcal)	5.99
Millionaire's Brownie Bars Chocolate coated brownie with a layer of caramel. Served with soft-serve ice cream. (534 kcal)	4.99
Raspberry Trifle Cheesecake V Two classics rolled into one. (378 kcal)	5.99
Soft-Serve Ice Cream V Served with your choice of toppings and sauce.	
E3-49 CONE (318 kcal)	
E4.99 DONUT (529 kcal)	
E3-49 BOWL (270 kcal)	



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You can view our allergen information if you download the app, or visit our website at www.HighTales.co.uk

Adults need around 2000 kcal a day. 😲 Suitable for Vegetarians. 👦 Suitable for Vegans

Please note that we do not operate a dedicated vegetarian/vegan kitchen area. (N) Dish contains Nuts. +Fish, poultry and shellfish dishes may contain bones and/or shell. *All stated weights are approximate before cooking. Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross-contamination. We do not include 'may contain' information. Our menu descriptions do not list all ingredients. Please advise the team of any dietary requirements before ordering. Dishes may contain alcohol. Calorie counts are correct at time of print. Please note that the alcoholic strength of our wines may vary slightly, typically 0.5% more or less, due to different vintages

ADULTS NEED AROUND 2000 KCAL A DAY

SCAN TO DOWNLOAD OUR APP SO YOU CAN VIEW OUR SELECTION OF DRINKS, ORDER AND LET US DO THE REST. TABLE SERVICE IN A FEW TAPS.

INCLUDING SPIRITS, BEERS, CIDERS AND SOFTIES ON OUR APP

		Athletic Brewing Run Wild IPA 0.5	%	
	3.49	(ABV 0.5%) (214 kcal)	4.49	
v Alcohol		Kopparberg Mixed Fruit 0%		
	3.99	(ABV 0%) (190 kcal)	3.99	
o 0%		Kopparberg Strawberry & Lime 0.0%		
	3.69	(ABV 0%) (205 kcal)	3.99	

WE HAVE A GREAT **RANGE OF ALCOHOL-FREE & LOW-ALCOHOL DRINKS INCLUDING ALCOHOL-FREE COCKTAILS TO CHECK OUT ON OUR APP**

INE								
	Bottle	250ml	175ml		Bottle	250ml	175ml	
— WHI				RE	D			
	16.99	5.99	4.09	Shiraz, Australia (ABV 11%) Bold and velvety with spicy dark berry flavours.	16.99	5.99	4.09	
ebra, 5%) srus, ours.	19.99	6.99	4.79	Cabernet Sauvignon, El Pico, Chile (ABV 12.5%) Rich blackcurrant and forest fruit flavours.	17.99	6.29	4.39	
) ; ;itrus.	21.99	7.69	5.29	Merlot, This Merlot Needs You, South Africa (ABV 13.5%) Smooth cherry, plum and dark chocolate.	19.99	6.99	4.79	
gnon I (ABV 14%) al guava.	24.99	8.79	5.99	Malbec, Argentina (ABV 13%) Red and black fruits with plum and raspberry jam.	21.99	7.69	5.29	
ge,	15.99	5.59	3.89	Garnacha, Hawk Ridge, Spain (ABV 11.5%) Soft berry flavours and a hint of spice.	15.99	5.59	3.89	
— ROSÉ ————				PROSECCO				
	- 15.99	5.59	3.89			Bottle	125ml	
I ree BV 8.5%) y.	15.55	5.55	3.03	Prosecco DOC, Italy (ABV 10.5%) Refreshingly crisp with notes of juicy pears, fresh		19.99	3.39	
Rosé, %)	19.99	6.99	4.79	apples and hints of citrus.				
				Prosecco Rose DOC, Italy (ABV 10.5%) Light and refreshing with		21.99	3.69	
tosé, (13%) osé tes.	24.99	8.79	5.99	a summer fruits finish.				

ALCOHOL-FREE & LOW ALCOHOL

0.0% Sparkling Wine, Freixenet, Spain (ABV 0%) (50 kcal) Tropical and fruity, Bubbles without the buzz.



3.49

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