

# KIDS MENU



# PICK 'N' MIX £3.49

## STEP ONE CHOOSE A MAIN DISH

### 5 CHICKEN NUGGETS\*

(267 kcal / 0.0g Sugar / 1.34g Salt)

### 2 PORK SAUSAGES

With gravy.  
(306 kcal / 0.2g Sugar / 2.31g Salt)

### 2 QUORN™ SAUSAGES

With gravy.  
(247 kcal / 2.0g Sugar / 2.73g Salt)

### TOMATO PASTA

Pasta tubes in a tomato sauce.  
(229 kcal / 3.3g Sugar / 0.53g Salt)

### BEEF BURGER

A 2oz\* beef burger with lettuce in a bun.  
(325 kcal / 2.7g Sugar / 0.83g Salt)

ADD CHEESE FOR 29p EXTRA  
(26 kcal / 0.3g Sugar / 0.26g Salt)

### SMOTHERED CHICKEN

Chicken fillet topped with melted cheese in tomato sauce.  
(185 kcal / 3.4g Sugar / 1.20g Salt)

## STEP TWO CHOOSE 2 VEG OR 1 VEG & 1 SIDE

### VEG

### CORN ON THE COB

(91 kcal / 2.8g Sugar / 0.01g Salt)

### CARROTS

(25 kcal / 4.2g Sugar / 0.06g Salt)

### BAKED BEANS

(52 kcal / 3.6g Sugar / 0.48g Salt)

### PEAS

(50 kcal / 4.2g Sugar / 0.00g Salt)

### SIDES

### SUNSHINE VEGETABLE RICE

(128 kcal / 1.4g Sugar / 0.34g Salt)

### MASH

(160 kcal / 1.5g Sugar / 0.60g Salt)

### GARLIC BREAD

(225 kcal / 1.2g Sugar / 0.59g Salt)

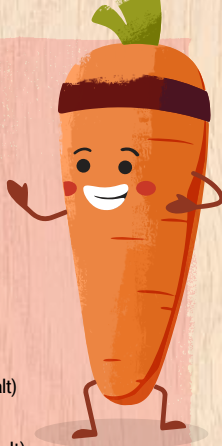
### MINI JACKET POTATO

(93 kcal / 3.3g Sugar / 0.15g Salt)

### CHIPS

(245 kcal / 0.0g Sugar / 0.12g Salt)

MAKE  
A MEAL  
OF IT



# DESSERTS A TASTY TREAT TO FINISH

### GOOEY CHOCOLATE BROWNIE

Served warm with a scoop of vanilla flavour ice cream and chocolate sauce.  
(382 kcal / 42.7g Sugar / 0.25g Salt).

### MINI MANIA

A scoop of chocolate and vanilla flavour ice creams with your choice of mania topping:

### FRUITY MANIA

Strawberry flavour sauce, peach, pear and strawberry pieces.  
(319 kcal / 51.2g Sugar / 0.23g Salt)

### CHOCOLATE MANIA

Squirry cream and chocolate sauce with all of your favourite chocolate treats!  
(525 kcal / 57.6g Sugar / 0.58g Salt)

### FRUIT SALAD

Peach, pear and strawberry pieces.  
(78 kcal / 17.2g Sugar / 0.00g Salt)

### 1.19 ICE CREAM 1 SCOOP 79P 2 SCOOPS 1.29

Choose your ice cream:

### VANILLA FLAVOUR

(97 kcal / 12.2g Sugar / 0.15g Salt)

### CHOCOLATE FLAVOUR

(113 kcal / 14.3g Sugar / 0.08g Salt)

### LEMON SORBET

(85 kcal / 16.8g Sugar / 0.00g Salt)

### VEGAN VANILLA FLAVOUR

(113 kcal / 9.1g Sugar / 0.02g Salt)

### FROZEN STRAWBERRY FLAVOUR YOGHURT

(88 kcal / 15.2g Sugar / 0.05g Salt)

Ice cream calories are shown per scoop.

### CHOOSE YOUR SAUCE:

### STRAWBERRY FLAVOUR

(32 kcal / 7.5g Sugar / 0.00g Salt)

### CHOCOLATE

(28 kcal / 4.7g Sugar / 0.00g Salt)

# DRINKS

## ASK A MEMBER OF THE TEAM FOR OUR FULL SELECTION

### FRUIT SHOOT NO ADDED SUGAR

Try either the fruity combination of Apple & Blackcurrant (11 kcal), or shower your taste buds in sunshine with Orange (17 kcal)



### CAPRI-SUN




Orange (14 kcal)  
Blackcurrant & Apple (16 kcal)



### GLASS OF MILK (137 kcal)



You can view our allergen information if you download the Greene King app, or visit our website at [greeneking-pubs.co.uk/allergens](http://greeneking-pubs.co.uk/allergens)

**Terms & Conditions:** Please advise the team of any dietary requirements before ordering. Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. We do not include 'may contain' information.  Suitable for vegetarians.  Suitable for vegans. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. Our menu descriptors do not include all ingredients. †Fish, poultry and shellfish dishes may contain bones and/or shell. \*All weights are approximate prior to cooking. Metric equivalent 16oz = 1lb = 454g.  1 of your 5 a day! Look out for the symbol. A portion of fruit or veg for our children's meals is based on a minimum 40-60g serving size or 150ml pure juice. Full nutrition information is available on our website. Calorie counts are correct at time of print. Children between 5-10 years old need around 1800 calories a day, this will vary by age and level of activity, some children will need less, and some will need more. This information has been provided to allow you to make an informed choice when dining with us. Products are subject to availability at the price point advertised. All prices are in GBP and are inclusive of VAT. Should the VAT rate change, menu pricing will be adjusted accordingly. Manager's decision is final. Promoter: Greene King Brewing and Retailing Ltd, Sunrise House, Ninth Avenue, Burton upon Trent, Staffordshire, DE14 3JZ. All tips are paid in full to our team members.