

Full Breakfast

#### **FULL BREAKFAST**

Two rashers of bacon, an Old Epping sausage, grilled half tomato, pan fried mushrooms, beans, hand sliced black pudding, potato rosti (983 kcal) and your choice of egg, fried (136 kcal), poached (78 kcal), or scrambled (82 kcal). Served with your choice of malted bloomer (130 kcal) or sourdough (210 kcal) toast & butter.

#### VEGGIE BREAKFAST 🕐

Two Quorn® sausages, grilled half tomato, pan fried mushrooms with wilted spinach, beans, potato rosti, grilled halloumi (881 kcal) and your choice of egg, fried (136 kcal), poached (78 kcal), or scrambled (82 kcal). Served with your choice of malted bloomer (130 kcal) or sourdough (210 kcal) toast & butter.

#### VEGAN BREAKFAST

8.45

12.45

7.45

9.45

9.45

Jump into ??

Two Quorn® sausages, grilled half tomato, pan fried mushrooms with wilted spinach, beans, guacamole topped with lime, mixed seeds and a spicy herb garnish (653 kcal). Served with your choice of malted bloomer (130 kcal) or sourdough (210 kcal) toast & sunflower spread.

#### **STEAK & EGGS**

8oz\* 28-day matured rump steak, potato rostis, grilled half tomato, topped with char-grilled asparagus, two fried eggs, spring onion and mixed seeds, served with a tomato and roasted red pepper sauce. (1120 kcal)

#### **PASTRAMI EGGS BENEDICT**

Toasted bagel topped with Monterey Jack cheese, pastrami, thinly sliced gherkin, two poached eggs, hollandaise sauce, finely sliced spring onion and mixed seeds (808 kcal)

### HOT DRINKS

Enjoy the smooth, full-bodied taste of our coffee blend. Our beans are sourced from Brazil, Central America and India, and are Rainforest Alliance certified.

ESPRESSO	SINGLE	DOUBLE	HOT CHOCOLATE (355 kcal)	3.10
AMERICANO	(2 kcal) REGULAR 2.45 (2 kcal)	(2 kcal) LARGE 2.60 (2 kcal)	ULTIMATE HOT CHOCOLATE Whipped cream, Cadbury™ 99 Flake and mini marshmallows (480 kcal)	3.55
CAPPUCCINO	<b>2.95</b> (54 kcal)	<b>3.10</b> (100 kcal)	TWININGS EVERYDAY TEA 2.3 (0 kcal)	2.35
LATTE	<b>2.95</b> (66 kcal)	<b>3.10</b> (112 kcal)		2.35
MOCHA	<b>2.95</b> (180 kcal)	<b>3.10</b> (226 kcal)		
FLAT WHITE	<b>2.95</b> (55 kcal)			

Add an extra shot of coffee for 50p (1 kcal)

We also have decaffeinated and skinny coffee available

### COLD DRINKS

#### **HOUSE LEMONADES**

Passion Fruit Lemonade (86 kcal) Rhubarb Lemonade (81 kcal)

Strawberry Lemonade (84 kcal)

#### **STILL JUICE**

Orange (186 kcal), Apple (204 kcal) or Cranberry (91 kcal)

#### ASPARAGUS, POACHED EGGS & HOLLANDAISE 🔍

Toasted bagel topped with Monterey Jack cheese, char-grilled asparagus, two poached eggs, hollandaise sauce, finely sliced spring onion and mixed seeds (752 kcal)

#### VEGGIE BREAKFAST HASH 🔍

Roast butternut squash, sweet potato, baby potato, spinach and char-grilled pepper hash tossed together in a tomato and roasted red pepper sauce and light fajita spice. Topped with a poached egg, a spicy herb garnish, mixed seeds & served with toasted sourdough (653 kcal) Vegan option also available (585 kcal)

#### **BACON & EGG CIABATTA**

Lightly toasted ciabatta roll with six rashers of bacon and a fried egg, sprinkled with cracked black pepper (884 kcal)

#### VEGGIE BREAKFAST CIABATTA 🔍

Lightly toasted ciabatta roll with grilled halloumi, a fried egg, guacamole, char-grilled peppers and red onion, vine tomatoes, topped with finely sliced spring onion, mixed seeds and cracked black pepper (652 kcal)

#### **MAPLE & BACON PANCAKE STACK**

Three warm buttermilk pancakes topped with smoked streaky bacon & maple flavour syrup (856 kcal)

LARGE MAPLE & BACON PANCAKE STAC	<b>K</b> (1550 kcal)	9.45
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#### BERRY & YOGHURT PANCAKE STACK 🔍

Three warm buttermilk pancakes topped with Greek style yoghurt, strawberries, raspberries, blueberries & maple flavour syrup (841 kcal)

#### LARGE BERRY & YOGHURT PANCAKE STACK (1349 kcal) 9.45

### Add EXTRAS FOR £1.95

Hollandaise V (116 kcal) Grilled Halloumi V (400 kcal) Potato Rosti V (185 kcal) Grilled Half Tomato ve (10 kcal) Pan-Fried Mushrooms 00 (107 kcal)

## **KIDS' BREAKFAST**

#### **KIDS' FULL BREAKFAST**

4.50 Rasher of bacon, sausage, grilled half tomato, beans (314 kcal) and your choice of egg, fried (136 kcal), poached (78 kcal), or scrambled (82 kcal). Served with your choice of malted bloomer (130 kcal) or sourdough (104 kcal) toast & butter.

### KIDS' VEGETARIAN BREAKFAST 🕐

Quorn® sausage, pan fried mushrooms, grilled half tomato, beans (247 kcal) and your choice of egg, fried (136 kcal), poached (78 kcal), or scrambled (82 kcal). Served with your choice of malted bloomer (130 kcal) or sourdough (104 kcal) toast & butter.

KIDS' BACON PANCAKE One warm buttermilk pancake, smoked streaky bacon, blueberries & maple flavour syrup (284 kcal)	3.50
KIDS' FRUITY PANCAKE 👽	3.50
One warm buttermilk pancake, raspberries, blueberries, strawberry	
pieces, Greek style yoghurt & maple flavour syrup (295 kcal)	

# KIDS' DRINKS

FRUIT SH00T 275ml1.25No added sugar. Orange (17 kcal)	GLASS OF MILK 1.0 Semi-skimmed (133 kcal)
or Blackcurrant & Apple (11 kcal)	BABYCCINO (58 kcal) 99
CAPRI-SUN 200ml1.30No added sugar, nothing artificial.Blackcurrant (16 kcal) or Orange(14 kcal)	SMALL FRUIT JUICE DRINKS Orange (116 kcal), Apple (128 kcal) or Cranberry (57 kcal)

TAP WATER

2.99

#### 7.45

7.45

6.45

6.45

7.45

7.45

4.50

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You can view our allergen information if you download the Greene King app, or visit our website at www.greeneking.co.uk

Please advise the team of any dietary requirements before ordering. Suitable for Vegetarians. Suitable for Vegetarians. Please note that we do not operate a dedicated vegetarian/vegan kitchen area. †Fish, poultry and shellfish dishes may contain bones and/or shell. \* All stated weights are approximate before cooking. Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. We do not include 'may contain' information. Our menu descriptions do not list all ingredients. Dishes may contain alcohol. Calorie counts are correct at time of print.