



THE BLUE POSTS

FIRST ESTABLISHED IN THE 1720s, THE BLUE POSTS TAKES ITS NAME FROM THE SEDAN CHAIR PORTER STOPS THAT ONCE MARKED SOHO'S STREETS, WHERE LONDON'S WELL-TO-DO WOULD BE PICKED UP AND CARRIED THROUGH THE BUSTLING CITY. THESE DISTINCTIVE BLUE POSTS SIGNALLLED A PLACE WHERE HARDY CHAIRMEN WAITED TO TRANSPORT PASSENGERS, SHIELDING FINE CLOTHING AND COIFFURES FROM THE WEATHER AND CITY GRIME AS THEY TRAVELLED SOHO'S NARROW LANES, DRAWN HERE BY ITS RICH MIX OF TAILORS, MILLINERS AND ARTISANS.

TODAY THERE ARE FIVE BLUE POSTS PUBS IN AND AROUND SOHO, BUT WE BELIEVE NONE COMPARES TO OURS ON THE FASHIONABLE CORNER OF KINGLY STREET. AS FASHIONS, HAIRCUTS AND HEMLINES HAVE CHANGED THROUGH THE CENTURIES, THE BLUE POSTS HAS REMAINED PART OF SOHO'S FABRIC.



STARTERS

Spiced Minestrone Soup (V) 7.45
Served with a toasted ciabatta
and butter 385kcal
Vegan **(Ve)** option available 284kcal

Mushroom Bruschetta (V) 8.75
Toasted ciabatta with basil pesto,
pan-fried mushrooms and
Italian hard cheese 334kcal
Vegan **(Ve)** option available 295kcal

**Japanese-style
Karaage Chicken** 9.75
608kcal Served with your choice of sauce:
Korean BBQ 100kcal, garlic aioli 84kcal
or chipotle mayo 174kcal

Smoked Salmon[†] 9.45
Served on a toasted ciabatta
with creamy horseradish and
cucumber garnish 493kcal

Maple Glazed Pigs in Blankets 8.45
Tossed in a maple orange glaze 731kcal

Crispy Squid[†] 8.75
Served with garlic aioli 383kcal

**Burrata & Heritage
Tomato Salad (V)** 10.25
Topped with basil pesto 327kcal

SHARERS

The Blue Posts Sharer 21.75
Scotch egg, Japanese-style Karaage
chicken, honey-glazed chorizo,
gherkins, grilled peppers and warm
ciabatta, served with basil pesto and
balsamic oil 2147kcal, serves 2

Crispy Duck Nachos 16.75
Home-fried nachos topped with crispy
Korean-style Duck, West Country
mature cheddar cheese, guacamole,
cheese sauce, sour cream, corn salsa
and red chilli 1676kcal, serves 2
Vegetarian **(V)** option available 14.25
1147 kcal, serves 2

Baked Camembert (V) 19.75
Camembert, baked with a garlic
glaze, served with warm ciabatta,
roasted peppers and caramelised
red onion chutney 1074kcal, serves 2

PUB CLASSICS

Traditional Turkey Dinner 19.95
Hand-carved turkey with a pig in blanket, a Yorkshire
pudding, duck fat roast potatoes, festive stuffing,
seasonal vegetables and rich gravy 1383kcal

Fish & Chips[†] 20.45
Hand-battered cod served with proper chips,
crushed peas and char-grilled lemon 1187kcal

Sausage & Mash 17.25
Cumberland sausages served with creamy
chive mash, caramelised red onion chutney
and Merlot beef dripping gravy 1095kcal

Camembert & Mushroom Galette (V) 17.45
Served with crushed new potatoes, heritage tomato
salad garnish and a creamy herb dressing 1208kcal
Vegan **(Ve)** option available 1048kcal

Sirloin Steak 23.95
Served with proper chips, heritage tomato
salad garnish and hand-battered onion rings 1045kcal
Switch your sides to a large salad 537kcal

Add a sauce for 1.95
Peppercorn 42kcal, Béarnaise 184kcal
or Merlot beef dripping gravy 66kcal

Half Roast Duck 20.45
Served on a bed of creamy chive mash,
maple bacon sprouts, braised red cabbage,
charred orange and Merlot beef dripping gravy 1678kcal

Beef & Raclette Cheese Shortcrust Pie 18.75
Served with seasonal veg, creamy chive mash
and Merlot beef dripping gravy 1217kcal

Panko Chicken Escalope 16.95
Crispy garlic chicken escalope served with
seasoned fries and brassica slaw 1477kcal

Ham, Eggs & Chips 18.95
Hand-carved brown sugar glazed ham served with proper
chips, crushed peas and fried Burford Brown eggs 1287kcal

Sea Bream, Mussels & Chorizo[†] 21.25
In a creamy white wine & garlic sauce,
served with warm ciabatta 601kcal

Mediterranean-style Salad (Ve) 13.95
Lentils, grains, roasted vegetables, heritage
tomatoes, cucumber, rocket and corn salsa,
served with a creamy lemon parsley dressing 416kcal

Add a salad topper for 3.00
Falafel **(Ve)** 193kcal, Feta **(V)** 275kcal or Chicken 206kcal

Adults need around 2000kcal a day



BURGERS

*All our burgers are served in a seeded bun with lettuce
and red onion, with seasoned fries and a skewered gherkin*

Festive Burger 19.45
6oz* beef burger topped with Merlot beef
dripping gravy, maple glazed pigs in blankets,
and melted camembert, served with
hand-battered onion rings 1579kcal

Chicken & Bacon Burger 17.95
Breaded chicken breast topped with melted West Country
mature cheddar, smoked streaky bacon and chipotle
mayo, served with hand-battered onion rings 1377kcal

Cheese & Bacon Burger 18.45
6oz* beef burger topped with West Country mature
cheddar, smoked streaky bacon and mayo, served with
hand-battered onion rings 1517kcal

Falafel & Spinach Burger (Ve) 17.75
Topped with grilled mixed peppers
and chipotle mayo 964kcal

CIABATTAS

*All our ciabattas are served with heritage tomato salad garnish.
Available Monday to Friday til 4pm*

Sirloin Steak 13.45
Sirloin steak, sautéed red onions,
basil pesto, mayo and rocket 763kcal

Chicken BLT 12.45
Chicken breast, heritage tomato,
smoked streaky bacon, mayo and
baby gem lettuce 735kcal

Cod Goujons[†] 11.95
Hand-battered cod goujons,
chunky tartare sauce and rocket 805kcal

Hand-carved Ham 11.45
Brown sugar glazed ham, sliced heritage
tomatoes, mustard mayo and rocket 685kcal

Toasted Cheddar & Camembert (V) 10.95
Camembert, West Country mature cheddar
and caramelised red onion chutney 878kcal

SIDES

Proper Chips (V) 403kcal 5.00
House-seasoned Fries (V) 566kcal 5.00
Crispy Smashed Potatoes (Ve) 278kcal 5.00

Garlic Ciabatta (V) 576kcal 4.95
Cheesy Garlic Ciabatta (V) 747kcal 5.45
Side Salad (Ve) 72kcal 5.00

Seasonal Veg (V) 113kcal 3.75
Onion Rings (V) 469kcal 5.00
Ciabatta & Butter (V) 239kcal 1.95

PUDDINGS

Christmas Pudding (V) 7.75
501kcal Served with your choice of custard 87kcal
or Jersey clotted cream ice cream 147kcal

Bramley Apple & Blackberry Crumble Tart (V) 7.45
500kcal Served with your choice of Jersey clotted cream
ice cream 126kcal or custard 87kcal
Vegan **(Ve)** option available 649kcal

Triple Chocolate Brownie (V) 7.45
Served with Jersey clotted cream ice cream
and chocolate flavour sauce 711kcal

Sticky Toffee Pudding (V) 7.75
480kcal Served with your choice of Jersey clotted
cream ice cream 126kcal or custard 87kcal

Baked Vanilla Cheesecake (V) (N) 7.75
Topped with pistachio sauce and chocolate flavour sauce 611kcal



Order to your table, pay and earn
rewards with the Greene King app



Scan here to view our
allergen information

Adults need around 2000kcal a day



ROASTS EVERY SUNDAY

Our Sunday roasts are served with roast potatoes, seasonal veg, stuffing, a Yorkshire pudding and rich gravy.

Choose from...

Beef Rump 1133kcal 22.95

Lamb Rump 1568kcal 23.45

Turkey 994kcal 21.95

Mushroom Galette (V) 1319kcal 20.95

AVAILABLE ON SUNDAYS ONLY



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You can view our allergen information if you download the Greene King app, scan the Allergens QR code or visit our website at www.greeneking.co.uk/allergens

Please advise the team of any dietary requirements before ordering. (V) Suitable for Vegetarians. (VE) Suitable for Vegans.

Please note that we do not operate a dedicated vegetarian/vegan Kitchen area. (N) Dish contains Nuts. †Fish, poultry and shellfish dishes may contain bones and/or shell. Scampi may contain one or more tail per piece. *All stated weights are approximate before cooking.

Our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. We do not include 'may contain' information.

Our menu descriptions do not list all ingredients. Dishes may contain alcohol. Calorie counts are correct at time of print. Please be aware the allergen information for our dishes may change between the date of booking and the date of your visit. We would advise all of our guests contact a member of the team on the date of their visit to confirm the allergen information of their selected meals. Products & offers are subject to availability at the price point advertised. Deals and offers are only available on the days and times advertised on the menu and cannot be used in conjunction with any other offer. Discounts will be applied to the cheapest qualifying items in your order.